What Do You Value As Important?

- 5 Very High Importance
- 4 High Importance
- 3 Some Importance
- 2 Very Low Importance
- 1 No Importance

Using the scale above, rank the following statements:

Values that relate to your work environment

- ____ Risk/Adventure Your responsibilities at work include taking chances often
- ____ Creativity You have the chance to create or come up with new ideas
- Challenges You will be faced with challenges, situations to resolve, and/or problems to solve
- _____High Paced Your environment is highly active
- ____ Autonomy You have much independence in your position
- Change Being in an environment where change occurs often, or where you have to adapt to new circumstances
- _____Variety Your responsibilities are varied allowing for many different experiences
- _____ Authority Your job gives you the opportunity to be the person who makes decisions
- Competitive You compete with others in your work environment
- Physical Your responsibilities include tasks that require physical action
- Money-Making You have the opportunity to make increasingly large amounts of money
- Leadership Your responsibilities include supervising others in your environment
- Secure There is a low likelihood of you losing your position
- Pressure Your work environment includes many situations in which you are under pressure to perform job responsibilities well or on time
- ____ Predictable Your responsibilities are predictable, and are not likely to change often
- Flexible Your environment allows you to have a flexible schedule

Values that relate to your personal interests

- ____ Specialized In your environment, you are considered an expert in your area
- ____ Recognition/Value You are appreciated, recognized and valued for your work
- Knowledge Seeking Your job promotes or encourages the pursuit of knowledge and understanding
- Location Your job is located in an environment that is comfortable
- Morality Your work involves tasks that encourage moral standards important to you
- Community Your job is located where you feel you can get connected and/or involved in the community
- Professional Growth Your position has good opportunities to move up the career ladder

continued...

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Values that relate to the people in your environment

- ____ Friendships/Relationships In your environment, having strong friendships with your co-workers is important
- _____ Helping Your responsibilities include helping others
- Connection You feel connected to the organization for which you work
- ____ Control/Power Your job gives you the chance to control others or their activities
- Contact Your environment encourages lots of interaction with others
- _____ Isolation Your environment allows you to spend most of your time working alone

Societal Importance – Your job impacts society in positive ways

Next, take a moment to review your ratings, and list below those that are of most importance to you.

Are there other values that were not included on this list? Write those down and rate them as well.

It is important to consider that which is of great importance to you when choosing a major or a career, so, please describe in the space below, why these values are of most importance to you.