



## Digital Mental Health Training Events for Faculty and Staff

Faculty and staff at the Universities of Wisconsin play an important role in supporting student's overall wellness. We're thrilled to partner with [Mantra Health](#) to provide faculty and staff free webinar sessions on important on the services available to students and how to promote suicide prevention.

### Here's a look at the sessions:

#### Program Awareness for Faculty & Staff

This webinar provides an overview of the supplemental mental health program available to students across the Universities of Wisconsin. This webinar is geared towards faculty and staff on-campus who would like to learn more! Representatives from Mantra Health and [YOU at College](#) will be present to explain the program in-depth, and to answer any questions you may have.

Sign up for one of the sessions:

[February 12, 2024, 12 pm CT](#)

[March 20, 2024, 12 pm CT](#)

[April 15, 2024, 3 pm CT](#)

#### Suicide Prevention Training for Faculty & Staff

[Didi Hirsch](#) provides an overview of suicide prevention that will help you take proactive steps to connect at-risk students with appropriate resources and create a more supportive classroom environment. Participants learn about the nature of suicide, suicide-related statistics, and suicide risk factors.

Sign up:

[April 11, 2024, 3 pm CT](#)

