Let's Talk About Interests

This activity is real simple, and should assist you with putting some thoughts down on paper that will be very helpful, as you get closer to deciding upon a major.

Simply, place a "✓" next to each of the items below that you feel best describe your preferences and interests.

___ I prefer to be doing physical activities
___ I like to build things
___ I like to work on/with mechanical things
___ I like to work with my hands
___ I like to do clerical/office tasks
___ I like to work with detailed things
___ I like to see how things work
___ I like to create and make things
___ I like to come up with ideas
___ I would like to use my creativity
___ I would like to work with animals
___ I prefer to work with children
___ I like to investigate
___ I like to do research
___ I like being able to help others
___ I would prefer to travel
___ I prefer to be outdoors
___ I prefer to be in an office
___ I prefer to have a neat and orderly workplace
___ I prefer to have a set, planned out schedule
___ I prefer to do things my own way
___ I want to have defined, structured tasks
___ I like to be a follower, rather than a leader
___ I like to take risks
___ I like change
___ I prefer to be doing many different things

___ I want to be in a competitive working environment
___ I prefer to work closely with people
___ I want freedom and few rules
___ I prefer to be independent
___ I want to work in a very cooperative environment
___ I prefer leadership positions
___ I want to be in charge, or in control
___ I like working in groups
___ I prefer working with just a small group of people
___ I would rather work by myself than with a group
___ I prefer to work closely with others
___ I prefer to start projects by myself
___ I enjoy explaining things to others
___ I am genuinely concerned for others
___ I like to come up with solutions to problems
___ I like the challenge of making money
___ I like to procrastinate
___ I like it when things get finished
___ I like to prepare things ahead of time
___ I am a perfectionist
___ I like communicating
___ I like writing
___ I enjoy debating issues
___ I like the medical sciences
___ I like math
___ I like science

Take a look at the items you have marked. This is simply a list of your preferences. It is important to refer back to this list later. If there are other preferences that you have that are not on the list above, add them in the following space: _____

_____
_____
_____
_____
_____