

2004 UW-La Crosse Men's Outdoor Track & Field Results (FINAL)

Date	Event	Place	Score	Location
April 2-3	@ Missouri Relays	No Team Scores	---	Columbia, Mo.
April 3	@ Norse Relays	1st/10 teams	128.00 pts.	Decorah, Iowa
April 9	Phil Esten Challenge	1st/3 teams	214.00 pts.	La Crosse, Wis.
April 16-18	@ Mt. Sac Relays	No Team Scores	---	Walnut, Calif.
April 16	@ Pomona-Pitzer Invite	No Team Scores	---	Claremont, Calif.
April 17	@ Blugold Invitational	No Team Scores	---	Eau Claire, Wis.
April 23-24	@ Drake Relays	No Team Scores	---	Des Moines, Iowa
April 23	@ Simpson Twilight Open	No Team Scores	---	Indianola, Iowa
April 30	WIAC Qualifier	No Team Scores	---	La Crosse, Wis.
May 1	@ Musco Invitational	2nd/8 teams	111.00 pts.	Iowa City, Iowa
May 7-8	@ WIAC Championships	1st/9 teams	262.50 pts.	Eau Claire, Wis.
May 21	NCAA III Qualifier	No Team Scores	---	La Crosse, Wis.
May 27-29	@ NCAA III Championships	1st/77 teams	101.00 pts.	Decatur, Ill.

Italics=School Record

Bold=Team Season-High

%=National Champion

	Missouri Relays	Norse Relays	Esten Challenge	Mt. Sac Relays	Pomona Invite	Blugold Invite	Drake Relays	Simpson Open	WIAC Qualifier	Musco Invite	WIAC Champ.	NCAA Qualifier	NCAA III Champ.
Long Jump													
Herc Hyland	---	---	22-11	---	22-6 1/4	---	---	22-10 1/2	---	22-8	22-10	23-0 3/4	---
Triple Jump													
Matt Ebenhoe	---	43-3 1/4	41-9 3/4	---	---	---	---	---	---	---	---	---	---
Chris Walters	---	---	42-6 3/4	---	44-11	---	---	43-7 1/4	---	---	43-11 3/4	45-10 1/2	---
Mike Brace	---	---	---	---	45-7	---	---	44-6 1/4	---	---	45-10 3/4	46-6	---
High Jump													
Shot Put													
Luke Kimlinger	---	46-11 1/2	46-7 1/4	---	---	47-0 3/4	---	46-6 3/4	46-5 1/4	---	---	---	---
Mike Raether	---	45-10	47-11 1/4	---	---	48-1 1/4	---	49-3	49-5 1/2	---	50-6 1/4	---	---
Matt Pagel	---	---	49-3	---	---	---	---	---	---	---	---	---	---
Hammer Throw													
Kevin Becker	202-10	---	193-3	---	---	192-4	193-8	---	179-5	186-2	203-2	187-6	202-8
Phil Whitesitt	181-2	---	193-5	---	195-6	---	195-2	---	---	191-7	198-2	180-7	193-10
Mike Turgeon	---	---	157-1	---	151-10	---	---	---	177-3	---	176-8	170-3	---
Pole Vault													
Nick Pergande	---	14-8 1/4	15-6 1/2	---	15-3	---	---	---	15-11	---	14-7 1/4	15-7	NH
Jon Heinz	---	14-2 1/2	14-10 3/4	---	---	14-8 1/4	---	14-6	14-7 1/4	---	14-7 1/4	15-7	---
Andy Soderstrom	---	13-9	---	---	---	14-2 1/2	---	14-6	15-1	---	15-5	15-1	---
Alex Tapplin	---	13-8 1/2	13-11	---	---	14-8 1/4	---	14-6	14-7 1/4	---	14-7 1/4	15-1	---
Hans Schmidt	---	---	15-10 1/2	17-11	---	---	17-8 1/2	---	---	---	16-4 3/4	16-6	17-1 %
Nate Susnik	---	---	---	---	---	13-8 1/2	---	14-0	14-7 1/4	---	---	14-2 1/2	---
Javelin													
John McNeil	---	141-8	135-2	---	---	137-0	---	129-11	128-5	---	---	---	---
Chris Walters	---	---	181-7	---	190-2	---	---	174-4	---	177-8	182-0	183-2	---
Herc Hyland	---	---	---	---	---	---	---	---	135-10	---	---	---	---
Discus													
Mike Turgeon	149-7	---	167-4	176-5	167-10	---	171-2	165-9	---	171-6	177-2	173-8	179-4 %
Mike Raether	---	140-9	139-6	---	---	137-4	---	140-10	147-2	---	147-11	151-8	---
Luke Kimlinger	---	138-8	131-4	---	---	119-1	---	122-5	130-3	---	---	---	---
Phil Whitesitt	---	---	135-11	---	---	---	---	---	---	---	145-10	---	---
Kevin Becker	---	---	131-6	---	---	---	---	---	---	---	135-7	---	---
100 Dash													
Matt Pagel	10.86	---	10.84	---	10.79	---	---	---	---	10.69	10.76	10.90	10.80
Ben Dorsey	10.92	---	11.07	---	11.04	---	---	---	10.81	---	10.82	10.74	10.86
Darrick Smith	10.96	---	---	---	---	10.91	---	11.09	10.84	---	10.92	10.84	---
Josh Lee	---	---	11.18	---	---	22.87	---	---	---	---	---	---	---
Matt Schultz	---	---	11.22	---	---	11.04	---	---	11.06	---	10.94	10.83	---
Jason Beran	---	---	11.37	---	---	11.26	---	11.36	11.43	---	---	---	---
Andrew Buchberger	---	---	---	---	---	---	---	---	---	---	---	11.19	---
Eric Schmidt	---	---	---	---	---	---	---	---	---	---	---	11.24	---

	Missouri Relays	Norse Relays	Esten Challenge	Mt. Sac Relays	Pomona Invite	Blugold Invite	Drake Relays	Simpson Open	WIAC Qualifier	Musco Invite	WIAC Champ.	NCAA Qualifier	NCAA III Champ.
200 Dash													
Andrew Rock	20.85	---	---	---	---	---	---	---	---	21.04	20.93	---	---
Marcus Walgrawe	22.36	---	---	---	---	21.85	---	---	---	---	21.91	---	---
Nate Olson	---	---	21.80	---	---	---	---	---	---	---	21.79	---	---
Darrick Smith	---	---	22.71	---	---	22.68	---	22.48	22.67	---	---	---	---
Andrew Buchberger	---	---	22.87	---	---	22.55	---	22.94	22.63	---	---	22.59	---
Kevin Means	---	---	23.16	---	---	---	---	---	22.69	---	---	---	---
Ryan Antczak	---	---	23.90	---	---	---	---	23.67	---	---	---	---	---
Eric Svestka	---	---	---	---	---	22.32	---	---	---	---	---	22.34	---
Eric Schmidt	---	---	---	---	---	22.51	---	22.74	22.70	---	22.51	22.59	---
Matt Schultz	---	---	---	---	---	22.61	---	---	---	---	---	22.75	---
Jason Beran	---	---	---	---	---	22.67	---	23.08	23.07	---	---	---	---
Lee Wienkes	---	---	---	---	---	22.86	---	22.64	22.75	---	---	22.68	---
Tony Marcinek	---	---	---	---	---	23.01	---	---	---	---	---	---	---
Jeremy Deterville	---	---	---	---	---	---	---	---	---	---	---	22.38	---
400 Dash													
Nate Olson	48.18	---	---	---	---	48.04	---	---	---	47.22	47.49	47.30	47.29
Eric Svestka	---	---	49.45	---	---	48.54	---	---	49.40	---	48.64	---	---
Tony Marcinek	---	---	49.97	---	---	49.45	---	---	48.94	---	49.08	48.56	---
Jeremy Deterville	---	---	50.41	---	---	49.19	---	---	49.31	---	48.52	---	---
Lee Wienkes	---	---	50.90	---	---	49.98	---	---	49.84	---	49.08	---	---
Dan Haumschild	---	---	51.03	---	---	---	---	---	---	---	---	---	---
Eric Schmidt	---	---	51.04	---	---	49.92	---	---	50.14	---	49.29	---	---
Kevin Means	---	---	---	---	---	50.36	---	50.63	49.71	---	49.67	---	---
Andrew Buchberger	---	---	---	---	---	50.49	---	---	50.26	---	---	---	---
Ryan Antczak	---	---	---	---	---	51.93	---	51.83	---	---	---	---	---
Andrew Rock	---	---	---	45.23	---	---	45.79	---	---	---	46.18	---	45.58 %
Matt Stuber	---	---	---	---	---	---	---	51.84	---	---	---	---	---
800 Run													
Dan Haumschild	1:57.18	---	---	---	1:54.38	---	---	---	---	---	---	---	---
Jonathan Otto	---	---	1:59.81	---	---	---	---	1:56.61	1:55.31	---	1:54.09	---	---
Mark Creger	---	---	2:02.32	---	---	2:06.35	---	2:03.45	---	---	---	---	---
Evan Bosetti	---	---	2:03.51	---	---	2:00.72	---	---	---	---	---	---	---
Matt Stuber	---	---	2:05.03	---	---	1:56.73	---	---	2:07.77	---	---	---	---
Gabe Siehr	---	---	---	---	---	1:52.69	---	---	---	---	1:54.21	1:51.45	1:51.64
Andy Grupa	---	---	---	---	---	1:52.84	---	---	---	1:51.04	1:53.14	1:50.35	1:50.11
Justin Metsa	---	---	---	---	---	2:01.00	---	---	---	---	---	---	---
Tony Sella	---	---	---	---	---	2:02.77	---	2:00.78	1:58.36	---	---	---	---
Nate Koster	---	---	---	---	---	2:05.57	---	---	---	---	---	---	---
Jake Sheldon	---	---	---	---	---	2:07.03	---	---	---	---	---	---	---
1500 Run													
Gabe Siehr	3:56.84	---	3:55.75	---	---	---	---	---	---	3:55.49	3:54.38	---	---
Dan Sutton	---	---	3:56.00	---	---	---	---	---	---	---	3:53.77	---	---
Andy Grupa	---	---	3:57.60	---	---	---	---	---	---	---	3:54.00	---	---
Tony Sella	---	---	4:08.90	---	---	4:03.60	---	3:57.42	---	---	4:00.44	4:05.91	---
Jake Sheldon	---	---	4:12.45	---	---	4:10.53	---	---	---	---	---	---	---
Nate Koster	---	---	4:14.73	---	---	4:10.17	---	4:16.85	---	---	---	---	---
Phil Skiba	---	---	---	---	---	4:00.89	---	3:57.02	---	---	3:56.58	---	---
Evan Bosetti	---	---	---	---	---	4:02.39	---	---	4:07.42	---	---	---	---
Jim Parejko	---	---	---	---	---	4:03.85	---	---	4:04.43	---	---	---	---
Jonathan Otto	---	---	---	---	---	4:07.52	---	---	---	---	---	---	---
John Heitzman	---	---	---	---	---	4:08.91	---	---	4:04.03	---	---	---	---
Mark Creger	---	---	---	---	---	4:13.99	---	4:08.10	4:03.75	---	---	---	---
Josh Treichel	---	---	---	---	---	---	---	---	4:01.85	---	---	---	---
Bill Walkowicz	---	---	---	---	---	---	---	---	4:07.82	---	---	---	---
5,000 Run													
Dan Sutton	---	---	---	14:36.98	---	---	---	---	---	14:26.23	---	---	15:07.31
Josh Treichel	---	---	---	---	---	---	---	15:03.87	---	---	15:28.50	---	---
John Heitzman	---	---	---	---	---	---	---	15:08.01	---	---	15:20.32	---	---
Jim Parejko	---	---	---	---	---	---	---	15:14.59	---	---	15:28.44	---	---
Jake Sheldon	---	---	---	---	---	---	---	15:21.83	15:18.92	---	---	---	---
Bill Walkowicz	---	---	---	---	---	---	---	15:24.08	---	---	15:24.45	---	---

	Missouri Relays	Norse Relays	Esten Challenge	Mt. Sac Relays	Pomona Invite	Blugold Invite	Drake Relays	Simpson Open	WIAC Qualifier	Musco Invite	WIAC Champ.	NCAA Qualifier	NCAA III Champ.
10,000 Run													
Josh Treichel	---	---	31:50.65	---	---	---	---	---	---	---	31:33.24	---	---
Jim Parejko	---	---	32:09.29	---	---	---	---	---	---	---	32:07.23	---	---
John Heitzman	---	---	32:27.50	---	---	---	---	---	---	---	31:39.17	---	---
Bill Walkowicz	---	---	32:45.70	---	---	---	---	---	---	---	32:03.98	---	---
110 Hurdles													
Derek Toshner	---	---	14.58	---	---	---	---	---	14.55	---	14.56	14.47	14.49
Herc Hyland	---	---	15.00	---	---	---	---	14.79	---	15.04	14.72	14.97	---
Marcus Walgrave	---	---	15.26	---	---	14.73	---	---	14.73	14.63	14.82	14.61	14.91
400 Hurdles													
Nolan Heirpas	---	56.62	57.27	---	---	54.61	---	53.61	54.38	54.04	53.82	57.44	---
Chris Sellers	---	56.67	56.78	---	---	---	---	53.92	---	56.71	54.46	54.10	---
Cory Westpfahl	---	58.49	57.81	---	---	56.88	---	54.99	57.61	---	56.15	58.11	---
Derek Toshner	52.36	---	52.26	51.10	50.92	---	51.63	---	---	51.86	51.83	50.79	50.09 %
3000 Steeplechase													
Phil Skiba	---	---	9:24.10	---	---	---	---	---	---	9:20.73	9:32.09	9:29.84	---
Nate Koster	---	---	---	---	---	---	---	---	9:46.18	---	9:54.91	---	---
Relays													
4 x 100 Relay	41.81	---	41.74	---	---	---	40.59	---	---	40.94	41.63	---	40.60 %
4 x 200 Relay	---	1:31.58	---	---	---	---	---	---	---	---	---	---	---
4 x 400 Relay	3:17.70	3:22.59	3:23.81	---	---	3:24.44	3:09.95	3:20.96	---	3:07.78	3:15.82	3:08.04	3:08.21 %
4 x 800 Relay	---	8:11.59	---	---	---	---	---	---	---	---	---	---	---
4 x 1600 Relay	---	18:13.41	---	---	---	---	---	---	---	---	---	---	---
Distance Medley Relay	---	10:48.09	---	---	---	---	9:57.60	---	---	---	---	---	---