

2009 UW-La Crosse Men's Indoor Track & Field Results (FINAL)

Date	Event	Place	Score	Location
Jan. 24	at UW-Stout Open	No Team Scores	-----	Menomonie, Wis.
Jan. 31	at UW-Stout Bowlus Open	No Team Scores	-----	Menomonie, Wis.
	at Minnesota State, Mankato Open	No Team Scores	-----	Mankato, Minn.
Feb. 7	at Wartburg Indoor Select	1st/5 teams	211.5 pts.	Waverly, Iowa
Feb. 13	at St. Mary's Cardinal Classic	No Team Scores	-----	Winona, Minn.
Feb. 14	at Monmouth Invite	1st/9 teams	137.0 pts.	Monmouth, Ill.
	at ISU Classic	No Team Scores	-----	Ames, Iowa
Feb. 21	at Eastbay/UW-Stevens Point Invite	3rd/10 teams	84.0 pts.	Stevens Point, Wis.
	at Badger Open	No Team Scores	-----	Madison, Wis.
Feb. 28-Mar. 1	at WIAC Championships	1st/9 teams	141.5 pts.	Menomonie, Wis.
Mar. 6	at Karl Schlender Open	No Team Scores	-----	Whitewater, Wis.
Mar. 7	at Pointer Qualifier	No Team Scores	-----	Stevens Point, Wis.
Mar. 13-14	at NCAA III Championships	Tied 1st/73 teams	32.0 pts.	Terre Haute, Ind.

Italics=School Record

Bold=Team Season-High

%=NCAA III Champion

	UW-Stout Open	UW-Stout Open	Minn. State Open	Wartburg Select	Cardinal Classic	Monmouth Invite	ISU Classic	UW-SP Invite	Badger Open	WIAC Champ.	Schlender Open	Pointer Qualifier	NCAA III Champ.
Long Jump													
Jessie Dengsavang	---	---	---	ND	---	---	---	---	---	21-1 1/4	---	---	---
Cole Lambert	---	---	20-11 1/4	---	---	---	---	---	---	---	---	---	---
Clark Lundquist	20-11 3/4	---	---	---	---	---	---	---	---	19-11 3/4	---	---	---
Nick Stone	18-9 1/4	---	21-6 3/4	20-1 3/4	---	20-8	---	---	---	20-0 1/2	---	---	---
Jordan Young	20-6 1/2	---	21-6	20-8	---	19-7 1/2	---	---	---	20-5 3/4	---	---	---
Triple Jump													
Jessie Dengsavang	45-10 1/2	---	45-4 1/2	46-5 1/4	---	46-2	---	46-10 1/4	---	46-11	---	---	---
Chad Heemstra	42-6 1/4	---	44-0 3/4	43-2 1/4	---	---	---	---	---	---	---	---	---
High Jump													
Clark Lundquist	6-5 1/2	---	6-5 1/2	6-3 1/2	---	6-5 1/2	---	6-4	---	6-2 1/4	---	---	---
David Stauder	6-7 1/2	---	6-5 1/2	6-8 1/4	---	---	---	6-8	---	6-8 1/4	---	---	6-6 3/4
Nick Stone	5-11 1/2	---	---	6-3 1/2	6-0	---	---	6-2	---	6-2 3/4	---	6-4 1/4	---
Shot Put													
Luke Crowley	47-5	46-6 1/4	---	42-11 3/4	45-5 1/4	---	---	---	47-7 3/4	46-1 1/4	---	---	---
Aaron Johnson	46-3 1/4	42-1 1/4	---	45-7 1/4	44-9 3/4	---	---	---	---	46-7 1/4	---	---	---
Nick Murray	---	---	---	---	38-6 3/4	---	---	---	---	---	---	---	---
Andy Novak	48-5 1/2	---	---	46-1 1/2	---	---	---	---	46-0	50-4 3/4	51-5 1/2	---	---
Erik Rasmussen	---	47-3 1/2	---	43-2 1/4	35-9 1/4	---	---	---	44-9 3/4	46-2 1/2	---	---	---
Bobby Riley	---	51-11	---	ND	52-11	---	---	---	52-10	57-0 1/4	---	54-10 3/4	57-5 1/2 %
Nick Stone	---	---	---	---	---	---	---	---	---	28-4 1/4	---	---	---
Ross Von Glahn	---	---	---	---	41-9 1/4	---	---	---	---	---	---	---	---
Bill Warren	50-4	---	---	49-11 1/4	---	49-5 1/2	---	---	51-8 1/2	51-4 3/4	---	51-9	52-7 1/4
35-lb. Weight													
Luke Crowley	52-7 1/4	52-1 1/4	---	54-9 1/4	55-0 3/4	53-3 1/2	---	---	56-5 3/4	56-2 1/2	51-9 1/4	53-9	54-10
Aaron Johnson	51-9	52-6	---	53-8 1/4	54-4 3/4	55-1	---	---	52-9 1/2	52-5 1/4	51-2 1/4	51-1	---
Nick Murray	ND	43-3 1/4	---	44-9 1/2	47-2 1/2	---	---	---	43-7 3/4	---	---	44-4 1/4	---
Bobby Riley	---	---	---	---	---	---	---	---	---	48-11	---	---	---
Ross Von Glahn	43-5	39-6 1/2	---	41-9 3/4	44-6 1/4	---	---	---	43-5 3/4	---	---	---	---
Bill Warren	44-1 1/2	44-3 1/4	---	47-2 1/4	---	45-5 1/4	---	---	47-4 1/2	50-0	---	---	---
Pole Vault													
Jeremiah Burish	14-10 1/4	14-10 1/4	---	14-5 1/4	---	14-11	---	---	15-0	15-3 3/4	15-3 3/4	14-11	---
Eric Moser	13-10 1/2	14-4 1/2	---	14-5 1/4	---	13-11 1/4	---	---	14-0	13-10	14-10	13-11 1/4	---
Dave Pergande	13-10 1/2	13-10 1/2	---	---	---	13-11 1/4	---	---	15-0	14-10	---	---	---
Jason Prochnow	14-10 1/4	14-10 1/4	---	14-5 1/4	---	14-5 1/4	---	---	15-0	14-10	14-10	14-5 1/4	---
55 Meter Dash													
Luke Ackerson	---	---	---	6.99	---	---	---	---	---	---	---	---	---
Matt Gordy	6.47	---	---	6.47	---	6.43	---	6.38	---	6.42	---	---	6.45
Jamar Jackson	---	---	---	6.73	---	6.69	---	---	---	6.77	---	---	---
Zach Lee	6.52	---	---	6.54	---	6.56	---	6.53	---	6.51	---	6.58	---
Sam Nolden	6.76	---	---	---	---	---	---	---	---	---	---	---	---
Alex Rooker	---	---	---	FS	---	6.62	---	---	---	---	---	---	---
David Sikorski	6.65	---	---	6.57	---	---	---	---	---	6.52	---	6.44	---
Jared Sitte	---	---	---	6.71	---	6.71	---	---	---	6.61	---	---	---

	UW-Stout Open	UW-Stout Open	Minn. State Open	Wartburg Select	Cardinal Classic	Monmouth Invite	ISU Classic	UW-SP Invite	Badger Open	WIAC Champ.	Schlender Open	Pointer Qualifier	NCAA III Champ.
3,000 Meters													
Broc Vike	9:13.81	---	---	9:11.22	---	---	---	---	---	---	---	---	---
Dallas Vincent	8:31.39	---	---	---	---	---	---	---	---	8:44.32	---	---	---
Zach Wilhelmly	---	---	---	8:36.26	---	---	---	---	---	8:40.10	---	---	---

5,000 Meters													
Dan Buvid	16:38.40	---	---	16:42.79	---	---	---	---	---	---	---	---	---
Sean Harrington	---	---	---	---	---	---	---	15:51.24	---	---	---	---	---
Phill Hernandez	15:49.80	---	---	15:27.24	---	---	---	---	---	---	---	---	---
Josh Kaul	15:51.57	---	---	15:40.01	---	---	---	---	---	---	---	---	---
Connor Lonning	---	15:11.17	---	---	---	---	---	---	---	15:16.72	---	---	---
Paul Moran	---	15:26.34	---	---	---	---	---	15:37.01	---	DNF	---	---	---
Logan O'Grady	---	---	---	---	---	---	---	---	---	15:44.18	---	---	---
Broc Vike	---	---	---	---	---	15:48.29	---	15:46.41	---	---	---	---	---
Dallas Vincent	---	---	---	---	---	---	14:26.76	---	---	---	---	---	14:33.76

55 Hurdles													
Luke Ackerson	8.58	---	---	8.17	8.66	8.27	---	---	---	8.14	---	---	---
Pat Bryan	8.31	---	---	8.21	8.40	8.17	---	---	---	8.17	---	---	---
Jamar Jackson	7.77	---	---	7.68	---	7.69	---	---	---	7.83	8.35	DQ	---
Scott Spexarth	---	---	---	8.08	8.09	8.05	---	---	---	8.03	---	---	---
Nick Stone	---	---	---	---	---	---	---	---	---	8.28	---	---	---

60 Meter Hurdles													
Pat Bryan	---	---	8.83	---	---	---	---	---	---	---	---	---	---
Jamar Jackson	---	---	8.40	---	---	---	---	---	8.24	---	---	---	---

Relays													
4x100	---	---	---	---	---	---	---	---	---	---	---	---	---
4x200	---	---	---	---	---	---	---	---	---	1:29.99	---	---	---
4x400	3:28.29	---	3:20.74	3:24.75	---	---	---	3:20.01	---	3:30.54	---	3:18.93	3:19.44
Distance Medley	---	---	---	---	---	---	---	10:00.73	---	9:59.90	---	---	9:59.30

Pentathlon

WIAC Championships

Nick Stone **3,033 pts.**