

2000 Women's Cross Country Results (Final)

Date	Event	Place	Score	Location
9-9-00	at Luther All-American Invitational	3rd	110 pts.	Decorah, Iowa
9-16-00	at Nebraska Wesleyan Invitational	4th	159 pts.	Lincoln, Neb.
9-23-00	at University of Minnesota Roy Griak Invitational	8th	272 pts.	Minneapolis, Minn.
10-6-00	at Pre-Regional Meet	3rd	121 pts.	Colfax, Wis.
10-14-00	Tori Neubauer Invitational	3rd	167 pts.	West Salem, Wis.
10-20-00	at UW-Stout Invitational	1st	15 pts.	Menomonie, Wis.
10-28-00	at WIAC Championships	3rd	74 pts.	Whitewater, Wis.
11-11-00	at NCAA III Regional	6th	171 pts.	Colfax, Wis.

Home meet in **bold**

Sept. 9 - All-American Invite

Team Scores

1. Luther	37
2. Loras	91
3. UW-La Crosse	110
4. UW-Eau Claire	116
5. Minnesota-Mankato	134
6. Grinnell	148
7. Carleton	154
8. Macalester	180
9. UW-Platteville	276
10. Hamline	412

Individual Results (3.1 k)

9. Jessica Dober	19:38
20. Julianna Morris	20:24
22. Lindsay Schroepfer	20:26
28. Dawn Schmick	20:30
31. Addy Adamson	20:35
39. Stephanie Oudenhoven	20:51
40. Janelle Curtis	20:54
46. Jill Renlund	21:13

Sept. 16 - Nebraska Wesleyan Invite

Team Scores (top 15)

1. Central Mo. State	78
2. Nebraska-Omaha	129
3. Hastings (Neb.)	134
4. UW-La Crosse	159
5. Doane (Neb.)	181
6. Augustana (Ill.)	195
7. Nebraska Wesleyan	200
8. Concordia (Neb.)	218
9. Augustana (S.D.)	222
10. Barton County (Kan.)	310
11. NW Missouri State	351
12. Nebraska-Kearney	352
13. Univ. of Sioux Falls	355
14. Baker (Kan.)	363
15. Dakota State (S.D.)	432

Individual Results (5K)

36. Jessica Dober	19:23.70
64. Kristin Henkemeyer	19:57.60
65. Anne Kowieski	19:58.80
75. Amanda Bartelt	20:10.00
79. Kristin Krueger	20:11.90
82. Dawn Schmick	20:13.50
87. Emily Schmitz	20:19.00
90. Julianna Morris	20:23.10
93. Jenny Bangle	20:24.00
99. Janelle Curtis	20:28.00
103. Stephanie Oudenhoven	20:30.40

105. Cassie Scallon	20:32.20
107. Lindsey Schroepfer	20:34.10
108. Kendra Maitbey	20:34.90
110. Megan Durney	20:41.30
114. Tina Basten	20:44.20
118. Kristy Schultz	20:49.00
127. Laura Storkamp	20:53.90
136. Liz Kanack	21:02.40
139. Tara Schmitz	21:03.70
144. Melissa Lemke	21:05.70
175. Amy Nolen	21:35.20
177. Jessica Lukken	21:35.80
195. Karla Becherer	21:46.40
207. Cara Heneberry	22:05.40
210. Julie Ravet	22:07.90

Sept. 23 - Univ. of Minnesota Roy Griak Invite

Team Scores (top 15 teams)

1. Univ. of North Dakota	110
2. Northern Michigan	182
3. St. Olaf	183
4. Pittsburg State (Kan.)	252
5. Luther	259
6. UW-Stevens Point	264
7. Hastings (Neb.)	267
8. UW-La Crosse	272
9. Wartburg (Iowa)	292
10. Univ. of Manitoba	296
11. South Dakota State	297
12. UW-Parkside	303
13. UW-Eau Claire	357
14. Carleton	390
15. Concordia-Moorhead	413

Individual Results (5K)

42. Kristin Henkemeyer	19:23
49. Jessica Dober	19:27
56. Addy Adamson	19:35
61. Ann Kowieski	19:38
64. Julianna Morris	19:43
87. Kristin Krueger	19:58
93. Dawn Schmick	20:01

Oct. 6 - Pre-Regional Meet

Team Scores (top 15)

1. UW-Oshkosh	69
2. St. Olaf	71
3. UW-La Crosse	121
4. Elmhurst	149
5. UW-Eau Claire	153
6. UW-Stevens Point	158
7. Carleton	172
8. UW-Whitewater	181

9. UM-Duluth	237
10. Bethel	339
11. St. Thomas	342
12. Winona State	398
13. Northwestern	408
14. UW-River Falls	409
15. UW-Superior	425

Individual Results (5K)

10. Jessica Dober	18:37
18. Kristin Krueger	18:52
22. Kristin Henkemeyer	19:03
35. Addy Adamson	19:26
36. Ann Kowieski	19:27
40. Emily Schmitz	19:30
44. Dawn Schmick	19:34
49. Megan Durney	19:37
53. Jenny Bangle	19:42
57. Julianna Morris	19:45
60. S. Oudenhoven	19:47
74. Janelle Curtis	20:01
78. Cassie Scallon	20:03
81. Tara Schmitz	20:04
85. Laura Storkamp	20:05
86. Lindsey Schroepfer	20:07
90. Kristy Schultz	20:08
94. Bridget Raisbeck	20:12
98. Kendra Maltbey	20:13
102. Karla Becherer	20:15
107. Melissa Lemke	20:19
134. Deb Hanson	20:35
146. Liz Kanack	20:41
155. Ruthanne Hovland	20:45
183. Cara Heneberry	21:08
191. Julie Ravet	21:11
194. Katie Walkowicz	21:12
198. Amy Nolen	21:14
237. Erin Zastrow	21:41
292. Amber Dahlman	22:48
301. Kristin Swanson	23:05

Oct. 14 - Tori Neubauer Invite - Maroon**Team Scores (top 15)**

1. Luther	90
2. Wartburg	127
3. UW-La Crosse	167
4. UW-Stevens Point	187
5. Loras	202
6. Nebraska Wesleyan	213
7. Elmhurst	213
8. Augustana (Ill.)	242
9. Rhodes	261
10. Concordia-Moorhead	267
11. Concordia (Nebraska)	273
12. North Central	320
13. UW-Eau Claire	360
14. Minnesota-Duluth	392
15. Gustavus Adolphus	417

Individual Results (5K)

14. Jessica Dober	18:54.5
19. Anne Kowieski	19:10.1
32. Addy Adamson	19:27.7
47. Kristin Henkemeyer	19:37.0
55. Dawn Schmick	19:45.0
67. S. Oudenhoven	19:52.3
71. Amanda Barttelt	19:54.1

Gray Race

1. Lindsey Schroepfer	20:11.4
2. Kristy Schultz	20:12.0
5. Tara Schmitz	20:26.6
7. Bridget Raisbeck	20:30.2
9. Kendra Maltbey	20:32.5
10. Laura Storkamp	20:33.0
11. Marne Albu	20:35.5

Oct. 20 - UW-Stout Invite**Team Scores**

1. UW-La Crosse	15
2. UW-Eau Claire	60
3. UW-Stout (JV)	71

Individual Results (5K)

1. Janelle Curtis	20:07.4
2. Megan Durney	20:13.3
3. Laura Storkamp	20:19.9
4. Kristy Schultz	20:23.1
5. Tara Schmitz	20:33.1
6. Cassie Scallon	20:36.0
7. Kendra Maltbey	20:43.3
8. Melissa Lemke	20:48.1
9. Liz Kanack	21:03.5
11. Karla Becherer	21:14.4
12. Katie Walkowicz	21:22.2
13. Cara Heneberry	21:32.0
14. Amy Nolen	21:38.4
15. Julie Ravet	22:21.6
16. Erin Zastrow	22:23.8
17. Jessica Lukken	22:44.7
29. Amber Dallman	23:31.6

Oct. 28 - WIAC Championships**Team Scores**

1. UW-Oshkosh	43
2. UW-Stevens Point	53
3. UW-La Crosse	74
4. UW-Whitewater	104
5. UW-Eau Claire	109
6. UW-Stout	190
7. UW-River Falls	202
8. UW-Superior	224
9. UW-Platteville	240

Individual Results (5K)

7. Jessica Dober	18:31.5
12. Ann Kowieski	18:56.8
16. Addy Adamson	19:07.2
19. Emily Schmitz	19:10.2
20. Kristin Henkemeyer	19:12.6
23. Janelle Curtis	19:21.4
29. Julianna Morris	19:29.9
30. Lindsey Schroepfer	19:30.5
33. Stephanie Oudenhoven	19:35.6
42. Jenny Bangle	19:47.8
48. Amanda Barttelt	19:58.1
50. Dawn Schmick	20:00.5

Nov. 11 - NCAA III Regional**Team Scores (top 15)**

1. UW-Oshkosh	87
2. UW-Stevens Point	101
3. Elmhurst	132
4. Washington (Mo.)	137
5. Chicago	143
6. UW-La Crosse	171
7. Carroll	188
8. Augustana	202
9. UW-Eau Claire	209
10. UW-Whitewater	244
11. North Central	282
12. Lawrence	336
13. Greenville	375
14. Wheaton	425
15. Carthage	468

Individual Results (5K)

8. Jessica Dober	18:34.2
23. Ann Kowieski	19:07.7
30. Emily Schmitz	19:17.2
54. Kristin Hankemeyer	19:39.3
59. Addy Adamson	19:43.0
72. Julianna Morris	19:51.1
73. Janelle Curtis	19:51.9

Nov. 18 - NCAA III Championships**Individual Results (5K)**

28. Jessica Dober	18:35.7
(All-American)	