

2008 UW-La Crosse Women's Cross Country Results (FINAL)

Date	Event	Place	Score	Location
9-13-08	at All-American Invitational	1st/6 teams	33.0 pts.	Decorah, Iowa (Luther College - Campus Course)
9-20-08	at St. Olaf Invitational	1st/13 teams	53.0 pts.	Northfield, Minn. (St. Olaf College - Campus Course)
9-27-08	at Roy Griak Invitational	3rd/36 teams	160.0 pts	Minneapolis, Minn. (Univ. of Minnesota - Les Bolstad G.C.)
10-11-08	at Dan Huston Invitational	2nd/13 teams	80.0 pts.	Waverly, Iowa (Wartburg College - Campus Course)
10-18-08	Tori Neubauer Invitational	6th/24 teams	185.0 pts	West Salem, Wis. (Maple Grove G.C.)
10-24-08	at Lake Wissota JV Meet	2nd/5 teams	41.0 pts.	Chippewa Falls, Wis. (Lake Wissota State Park)
11-1-08	at WIAC Championships	3rd/9 teams	65.0 pts.	Stevens Point, Wis. (Wisconsin River G.C.)
11-15-08	at NCAA III Midwest Regional	2nd/43 teams	115.0 pts.	Rock Island, Ill. (Saukie G.C.)
11-22-08	at NCAA III Championships	8th/31 teams	342.0 pts.	Madison, Ind. (L.S. Ayres Athletic Complex)

Home meet in **bold**

Sept. 13 - All-American Invitational

Team Results

1. UW-La Crosse	33
2. Luther College (Iowa)	36
3. UW-River Falls	83
4. St. Catherine's (Minn.)	133
St. Mary's (Minn.)	133
6. Viterbo University (Wis.)	176

Eagles Individual Results (5K)

4. Megan Johnson	19:27
5. Katelynn Williams	19:31
7. Lauren Moss	19:32
8. Kayla La Porte	19:36
9. Alison Kolinski	19:37
10. Kristina Bennwitz	19:39
11. Michelle Horn	19:42
13. Stephanie Perleberg	19:50
14. Rachel Boldt	19:52
19. Ellen Kumm	20:03
20. Zoe Browne	20:04
29. Whitney Nefstead	20:18
30. Meghan Dugan	20:19
33. Kriston Siemianowski	20:30
35. Mary Olson	20:38
38. Courtney Rucker	20:46
39. Kelsey Bauer	20:47
41. Jenna Buss	20:52
44. Corrina Jones	20:56
53. Kelsie Birschbach	21:21
56. Brooke Kallstrom	21:25
57. Johanna Sumnicht	21:29
60. Katie Vargo	21:31
63. Amanda Dietzen	21:32
72. Kasey Kallien	21:49
73. Karlee Simkowski	21:49
74. Kelsey Heintz	21:50
82. Emily Keepman	22:14
87. Leigh-Ann DesRoches	22:30
89. Amanda Grasl	22:35
90. Nichelle Roessler	22:36
102. Amanda Larson	23:06
115. Sara Avery	24:08
124. Chelsie Kaderavak	25:56
126. Mary Strous	26:59

Sept. 20 - St. Olaf Invitational

Team Results - 13 teams

1. UW-La Crosse	53
2. St. Olaf College (Minn.)	67
3. Minnesota-Duluth	73
4. Minnesota State, Mankato	101

5. Winona State Univ. (Minn.)	112
6. Bethel University (Minn.)	164
7. Macalester College (Minn.)	166
8. College of St. Catherine (Minn.)	243
9. Carleton College (Minn.)	267
10. Augsburg College (Minn.)	292

Eagles Individual Results (6K)

7. Megan Johnson	23:24
9. Lauren Moss	23:35
11. Katelynn Williams	23:44
12. Kristina Bennwitz	23:48
14. Alison Kolinski	23:57
16. Michelle Horn	24:03
18. Stephanie Perleberg	24:05
19. Zoe Brown	24:06
22. Ellen Kumm	24:17
28. Kriston Siemianowski	24:40
31. Rachel Boldt	24:43
34. Courtney Rucker	24:46
40. Mary Olson	25:02
45. Jenna Buss	25:11
46. Whitney Nefstead	25:14
50. Kelsey Bauer	25:26
53. Corrina Jones	25:34
72. Meghan Dugan	26:09
74. Katie Vargo	26:10
79. Brooke Kallstrom	26:19
83. Kelsey Heinz	26:25
85. Amanda Dietzen	26:29
122. Amanda Larson	28:02
125. Emily Keepman	28:09
126. Nichelle Roessler	28:10
129. Amanda Grasl	28:13
131. Kasey Kallien	28:15
168. Chelsie Kaderavak	30:16
174. Sara Avery	30:26
177. Elizabeth Wenzil	30:42

Sept. 27 - Roy Griak Invitational

Team Results - 36 teams

1. UW-Eau Claire	110
2. Wartburg College (Iowa)	151
3. UW-La Crosse	160
4. Carleton College (Minn.)	170
5. Univ. of St. Thomas (Minn.)	183
6. Luther College (Iowa)	202
7. Bethel University (Minn.)	217
8. St. Olaf College (Minn.)	232
9. Washington & Lee Univ. (Va.)	239
10. UW-Stevens Point	277

Eagles Individual Results (6K)

21. Megan Johnson	23:32.58
28. Michelle Horn	23:46.53
31. Stephanie Perleberg	23:48.93
38. Kristina Bennwitz	23:53.83
42. Kayla La Porte	23:57.48
47. Lauren Moss	24:02.63
50. Katelynn Williams	24:04.28
52. Zoe Brown	24:05.63
57. Alison Kolinski	24:08.83
61. Kriston Siemianowski	24:11.93
74. Meghan Dugan	24:24.98
80. Kelsie Bauer	24:30.03
92. Ellen Kumm	24:40.28
124. Mary Olson	24:59.03
128. Jenna Buss	25:00.53
129. Whitney Nefstead	25:01.01
132. Courtney Rucker	25:04.43
148. Corrina Jones	25:18.63
166. Rachel Boldt	25:29.83
215. Brooke Kallstrom	26:00.43
228. Johanna Sumnicht	26:08.48
245. Emily Keepman	26:19.68
278. Kelsey Heinz	26:38.98
286. Katie Vargo	26:46.03
294. Kelsie Birschbach	26:51.38
362. Leigh-Ann DesRoches	27:52.63
368. Amanda Grasl	27:57.88
373. Nichelle Roessler	28:05.33
437. Kasey Kallien	29:54.63
439. Chelsie Kaderavak	29:54.93
452. Amanda Dietzen	30:20.53
474. Elizabeth Wenzil	33:08.33
497. Amanda Larson	DNF

Oct. 11 - Dan Huston Invitational

Team Results - 13 teams

1. Wartburg College (Iowa)	43
2. UW-La Crosse	80
3. St. Olaf College (Minn.)	95
4. Central College (Iowa)	135
5. UW-Platteville	149
6. Iowa Central C.C.	170
7. Gustavus Adolphus (Minn.)	175
8. Simpson (Iowa)	202
9. Cornell College (Iowa)	221
10. Martin Luther (Minn.)	315

Eagles Individual Results (6K)

12. Megan Johnson	23:06
14. Katelynn Williams	23:20
16. Lauren Moss	23:22
21. Kayla La Porte	23:30
22. Kristina Bennwitz	23:31
24. Michelle Horn	23:33
27. Alison Kolinski	23:40
30. Zoe Brown	23:43
33. Stephanie Perleberg	23:55
35. Ellen Kumm	23:58
38. Rachel Bodlt	24:07
43. Kelsie Bauer	24:23
47. Courtney Rucker	24:26
49. Mary Olson	24:31
50. Kriston Siemianowski	24:33
66. Corrina Jones	25:06
70. Kelsie Heinz	25:13
76. Whitney Nefstead	25:27
77. Meghan Dugan	25:28
81. Amanda Dietzen	25:41
83. Johanna Sumnicht	25:45
84. Maggie Leyendecker	25:51
85. Beth Richmond	25:51
86. Katie Vargo	25:54
89. Karlee Simkowski	25:58
107. Leigh-Ann DesRoches	26:47
114. Nichelle Roessler	27:00
117. Brooke Kallstrom	27:05
124. Kasey Kallien	27:19
125. Amanda Gresl	27:21
155. Chelsie Kaderavak	29:58
156. Sara Avery	30:07
165. Mary Strous	34:08

Oct. 18 - Tori Neubauer Invitational**Team Results - 24 teams**

1. South Dakota State Univ.	81
2. Univ. of Minnesota	82
3. Wartburg College (Iowa)	146
4. UW-Eau Claire	154
4. North Dakota State Univ.	154
6. UW-La Crosse	185
7. Iowa Central C.C.	190
8. Nebraska Wesleyan Univ.	228
9. Univ. of North Dakota	250
10. St. Olaf College (Minn.)	270

Eagles Individual Results (6K)

20. Megan Johnson	22:34.1
37. Lauren Moss	22:53.8
40. Michelle Horn	22:57.2
41. Katelynn Williams	22:58.0
47. Alison Kolinski	23:04.1
48. Kristina Bennwitz	23:06.8
54. Zoe Browne	23:09.7
55. Kayla La Porte	23:10.3
80. Rachel Boldt	23:35.5
83. Meghan Dugan	23:38.6
85. Kriston Siemianowski	23:39.3
91. Ellen Kumm	23:44.4
100. Kelsie Bauer	23:48.7
105. Courtney Rucker	23:53.1
133. Jenna Buss	24:12.5
147. Mary Olson	24:20.3
185. Corrina Jones	24:41.4
195. Amanda Dietzen	24:47.6
210. Kelsie Birschbach	24:58.4

220. Whitney Nefstead	25:03.5
230. Katie Vargo	25:11.2
241. Johanna Sumnicht	25:19.5
257. Kelsey Heinz	25:34.9
268. Leigh-Ann DesRoches	25:44.7
283. Stephanie Perleberg	25:53.2
301. Nichelle Roessler	26:02.3
329. Kasey Kallien	26:20.7
350. Brooke Kallstrom	26:39.7
351. Amanda Gresl	26:40.2
416. Sara Avery	28:30.1
423. Chelsie Kaderavak	29:16.3
442. Mary Strous	33:04.7

Oct. 24 - Lake Wissota JV Meet**Team Results**

1. Univ. of St. Thomas (Minn.)	16
2. UW-La Crosse	41
3. UW-Eau Claire	76
4. UW-Stout	107
5. UW-River Falls	155

Eagles Individual Results (5K)

5. Meghan Dugan	18:56
7. Courtney Rucker	19:09
8. Kriston Siemianowski	19:10
9. Kelsie Bauer	19:12
12. Corrina Jones	19:24
13. Mary Olson	19:27
14. Jenna Buss	19:31
19. Amanda Dietzen	19:45
22. Kelsey Heinz	19:58
23. Whitney Nefstead	19:59
32. Leigh-Ann DesRoches	20:21
35. Stephanie Carney	20:26
40. Katie Vargo	20:40
44. Nichelle Roessler	20:54
47. Amanda Gresl	21:04
48. Brooke Kallstrom	21:12
64. Sara Avery	22:56
65. Chelsie Kaderavak	24:16
66. Mary Strous	25:48

Nov. 1 - WIAC Championships**Team Results**

1. UW-Eau Claire	42
2. UW-Oshkosh	62
3. UW-La Crosse	65
4. UW-Stevens Point	112
5. UW-Platteville	159
6. UW-River Falls	173
7. UW-Whitewater	178
8. UW-Stout	220
9. UW-Superior	249

Eagles Individual Results (6K)

7. Katelynn Williams	22:19.15
9. Megan Johnson	22:28.61
13. Lauren Moss	22:34.46
16. Michelle Horn	22:42.83
20. Kristina Bennwitz	22:48.07
24. Alison Kolinski	22:59.29
29. Meghan Dugan	23:09.53
31. Rachel Boldt	23:15.30
35. Ellen Kumm	23:27.33
36. Stephanie Perleberg	23:29.48
68. Kayla La Porte	24:38.63

Nov. 15 - NCAA III Midwest Regional**Team Results - 43 teams**

1. UW-Eau Claire	108
2. UW-La Crosse	115
3. Washington Univ. (Mo.)	117
4. Wheaton College (Ill.)	130
5. UW-Oshkosh	146
6. Univ. of Chicago (Ill.)	158
7. UW-Stevens Point	219
8. North Central College (Ill.)	233
9. Illinois Wesleyan Univ.	304
10. UW-Platteville	305

Eagles Individual Results (6K)

10. Katelynn Williams	22:10.7
15. Megan Johnson	22:30.7
24. Lauren Moss	22:49.1
31. Michelle Horn	22:58.1
35. Kristina Bennwitz	23:02.6
37. Alison Kolinski	23:02.9
52. Zoe Browne	23:20.1

Nov. 22 - NCAA III Championships**Team Results - 31 teams**

1. Middlebury College (Vt.)	179
2. Calvin College (Mich.)	237
3. Williams College (Mass.)	240
4. Wartburg College (Iowa)	284
5. UW-Eau Claire	310
6. Trinity University (Texas)	317
7. Luther College (Iowa)	330
8. UW-La Crosse	342
9. Cortland State (N.Y.)	351
10. MIT	354

Eagles Individual Results (6K)

44. Katelynn Williams	21:57.48
71. Megan Johnson	22:11.81
118. Lauren Moss	22:37.64
144. Michelle Horn	22:51.58
146. Alison Kolinski	22:52.62
171. Kristina Bennwitz	23:03.06
207. Zoe Browne	23:23.03