

	First Chance Invite	UW-EC Invite	Phil Esten Challenge	Wartburg Twilight	Drake Relays	WIAC Champ.	Dr. Keeler Invite	UW-Oshkosh Open	NCAA Qualifier	NCAA Champ.
800 Meter Run										
Kaitlin Grabanski	---	2:30.41	---	---	---	---	---	---	---	---
Amy Kempen	---	---	2:27.97	2:26.24	---	---	---	---	---	---
Megan Johnson	---	---	---	2:22.73	---	---	---	---	---	---
Michelle Horn	---	---	---	2:23.20	---	---	---	---	---	---
Meghan Dugan	---	---	---	2:29.21	---	---	---	---	---	---

1,500 Meters										
Nikki Cahen	4:46.91	---	---	---	---	4:48.41	---	---	---	---
Kaitlin Grabanski	5:17.7	---	5:11.16	5:10.89	---	---	---	---	---	---
Michelle Horn	4:57.53	---	4:56.00	---	---	5:03.08	---	---	---	---
Megan Johnson	4:59.70	4:55.00	---	---	---	4:59.03	---	---	---	---
Lauren Moss	5:05.32	---	5:01.49	---	---	5:08.17	---	---	---	---
Kristen Painter	4:37.21	---	---	---	---	4:44.92	---	---	4:37.42	---
Beth Richmond	4:55.77	---	---	---	---	---	---	---	---	---
Meghan Dugan	---	5:05.01	4:56.02	---	---	5:12.13	---	---	---	---
Meagan Herlache	---	---	---	4:51.24	---	4:48.12	---	---	---	---
Stephanie Carney	---	---	---	5:07.09	---	---	---	---	---	---
Brenna Anderson	---	---	---	5:12.83	---	---	---	---	---	---

5,000 Meters										
Kristen Howe	---	18:06.93	18:07.80	---	---	18:09.29	---	---	---	---
Katelyn Williams	---	18:56.43	18:54.30	---	---	19:05.38	---	---	---	---
Allison Kolinski	---	19:18.68	---	20:02.04	---	19:56.48	---	---	---	---
Whitney Nefstead	---	19:36.35	19:47.90	---	---	19:52.92	---	---	---	---
Samantha Aspenson	---	20:43.39	---	---	---	---	---	---	---	---
Amanda Kiel	---	20:56.26	20:37.10	---	---	---	---	---	---	---
Brenna Anderson	20:00.3	---	19:27.60	---	---	---	---	---	---	---
Kristen Painter	---	---	17:21.90	---	---	17:28.68	17:10.30	---	---	17:30.17
Emily Burns	---	---	18:16.80	---	---	19:08.67	---	---	18:34.78	---

10,000 Meters										
Emily Burns	40:05.37	---	---	---	---	---	---	---	---	---
Jenna Gerten	38:56.18	---	---	---	---	40:51.63	---	---	---	---
Kristen Howe	39:31.26	---	---	---	---	---	---	---	---	---
Kayla La Porte	---	---	---	---	---	41:50.76	---	---	---	---
Jackie Arendt	---	---	---	---	---	DNF	---	---	---	---

3,000 Meter Steeplechase										
Beth Medinger	11:46.82	---	---	---	---	---	---	---	---	---
Stephanie Perleberg	12:05.00	---	12:01.59	11:53.00	---	11:47.91	---	---	---	---
Brenna Anderson	---	12:29.11	---	---	---	12:22.15	---	---	---	---
Emily Lewandowski	---	12:36.98	---	12:30.00	---	12:15.27	---	---	---	---
Megan Johnson	---	---	12:01.78	---	---	11:38.48	---	---	---	---

100 Hurdles										
AnnMarie Glejf	16.6	---	---	---	---	---	---	---	---	---
Chris Clausen	---	15.79	14.96	15.15	---	15.03	---	---	---	---
Lauren Terry	---	19.48	---	---	---	---	---	---	---	---
Tiffany Ness	---	---	---	17.46	---	17.28	---	---	16.90	---

400 Hurdles										
Jamie Scott	1:10.16	1:09.14	1:08.56	1:08.62	---	1:07.11	---	---	---	---
Abby Lien	---	1:06.60	1:06.43	1:06.74	---	1:05.01	---	1:05.60	---	---
Sara Mowchan	---	1:08.92	1:08.83	---	---	1:08.27	---	---	---	---
Tiffany Ness	---	---	---	---	---	---	---	---	1:10.09	---

Relays										
4x100	49.94	49.45	48.27	51.16	47.06	48.13	---	---	47.94	47.21
4x400	4:04.69	---	3:53.94	---	3:54.49	4:03.31	---	3:56.41	3:54.55	3:57.96
4x800	---	---	---	---	9:14.02	9:40.87	---	---	---	---
Distance Medley	---	---	---	---	11:54.39	---	---	---	---	---

Pentathlon										
WIAC Championships										
AnnMarie Glejf	4:120.46 #	1:09.45	2:210.46	Meghan Nicks	2:091.46	---	---	---	---	---