



# LEARNING *in Retirement*

# DECEMBER 2011 NEWSLETTER



## 2011 Cabin Fever Series



Once again, the Curriculum Committee has organized a series of one time lectures/discussions which should be of interest to LIR members and non-members. Remember members, these "Cabin Fever" lectures are a part of your membership! You may attend one

or all of them; however, you will need to register in advance, as these lectures fill quickly.

### Steamboating on the Upper Mississippi

Ed Hill, retired Special Collections Librarian and Director of the Area Research Center at UW-L's Murphy Library, will give a talk on the history of steamboats on the Upper Mississippi River, focusing on their impact on the commerce and culture of the La Crosse area.

Jan. 13, 10 a.m.-noon | 332 Cartwright Center, UW-L

### Behind the Scenes at the Post Office

Supervisor Tom Merfeld will show us what goes on in the areas we never see at the La Crosse Post Office. Sorry, no cameras are allowed in the work areas. After our Post Office tour, we'll stop by the Cha Guan Tea Shop in the old Doerflinger Building. Beverage purchases are on your own.

Jan. 20, 10 a.m. - noon | La Crosse Post Office

### Public Health Team Experience to Nicaragua

The Nicaraguan experience is a part of the Global Partners initiative created by the Gundersen Lutheran Health System in 2008. The overall purpose of this initiative is to "develop long-term, sustainable relationships and community-to-community partnerships that expand beyond our typical borders. In doing so, the Global Partners model will improve the overall health of the region, education of the citizens and quality of life for people in our partner communities," (Gundersen Lutheran Health System, 2010). It is important that the leaders and citizens of Santa Celia, Nicaragua feel involved and engaged in the process, as well as supportive of the overall effort.

Speaker: Gary Gilmore, Community Health and CEE

Feb. 3, 10 a.m.-noon | 332 Cartwright Center, UW-L

## SPRING TOPICS

Watch for details and registration information in the February Newsletter:

- America's National Parks-Part 2
- Digital Photography
- Hmong Cultural Stereotypes
- Menus for the Future
- Music Appreciation
- Potosi Brewery/Dickeyville Grotto Trip
- Women in Politics

Starting with the spring newsletter, current members with email addresses on file can register/pay online!

### Healers at Wounded Knee

It's hard to imagine, but just 650 miles from La Crosse in South Dakota people are living in third world conditions. The unemployment rate on the Pine Ridge Reservation is well above 80 percent. Close to half of all the people living on Pine Ridge live below the poverty level. Life expectancy on the Reservation is the lower than anywhere in the western hemisphere except for Haiti. Women live on average 52 years; men just 48. Access to quality health care is extremely limited. Indian Health services, which is run by the Federal government, is under-funded and understaffed. In May 2010, News 19's Amy DuPont traveled with a team of health care professionals from Gunderson Lutheran to Pine Ridge. These doctors and nurses use their vacation time and pay their own way to provide free health care on the Reservation for one week, each month.

Amy's special report "Healers at Wounded Knee," won an Emmy award, describes the health care crisis on Pine Ridge and how volunteers from the La Crosse area are making a life-saving difference for the Lakota people.

Speaker: Amy Dupont, WXOW News Anchor

Feb. 10, 10 a.m. - noon | 332 Cartwright Center, UW-L

### Justice Sanctions

La Crosse County has spent 15 years trying to develop a more integrated, data driven criminal justice system. Jane Klekamp, Justice Sanctions Manager, will describe the Criminal Justice Management Council, the principles of evidence based practice for correctional clients, and the implementation of evidence based practice in La Crosse County. Find out how La Crosse County has reduced the jail population without decreasing public safety.

Feb. 24; 10 a.m.-noon | 332 Cartwright Center, UW-L



**Come join us for some holiday fun!**

Enjoy conversation, hors d'oeuvres, cookies, coffee or punch plus entertainment by the LIR Singers.

**Dec. 20, 2-4 p.m.**

**Gathering Place | Cleary Alumni & Friends Center**

**Registration deadline: Dec. 14 | Cost: \$6**  
(includes light hors d'oeuvres, cookies, coffee, punch)

# Registration Form December 2011

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Phone (\_\_\_\_\_) \_\_\_\_\_

E-mail Address \_\_\_\_\_

Form of Payment (circle one): Visa Mastercard American Express  
 Check (made payable to UW-L)

Credit Card # \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Exp. Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Cardholder's Signature \_\_\_\_\_

Print Name of Cardholder \_\_\_\_\_

- \$35 Membership fee (41-00) (July 1, 2011-June 30, 2012)
- \$0 (member fee);  \$5 (non-member fee) Steamboating on the Upper Mississippi (83-50)
- \$0 (member fee);  \$5 (non-member fee) Behind the Scenes at the Post Office (83-51)
- \$0 (member fee);  \$5 (non-member fee) Public Health Team Experience (83-52)
- \$0 (member fee);  \$5 (non-member fee) Healers at Wounded Knee (83-53)
- \$0 (member fee);  \$5 (non-member fee) Justice Sanctions (83-54)
- \$6 (member & non-member fee), Holiday Social (83-55)
- \$25/\$20 Aging and Film-register with friend and pay \$20 each (73-03)

Dietary and/or disability needs \_\_\_\_\_

**In an effort to cut down on waste and keep our world a bit greener — how would you like to receive the LIR Newsletters:**

U.S. Mail  
 Electronically via email (can download to view or print)

Return this form and method of payment:  
 By Mail: UW-La Crosse, Continuing Education  
 1725 State Street, 205 Morris Hall  
 La Crosse, WI 54601  
 By Fax: 608.785.6547  
 By Phone: 608.785.6504; toll-free 1.866.895.9233

## ATTENTION: LIR Singers

LIR Holiday Social: December 20, 2011! We will practice for the Social on Dec. 13 at 3:30 p.m. at the Blessed Sacrament Parish Center, 130 Losey Blvd. S. First practice for the new year is on Jan. 24, same time and place. As in past years, we will be singing for La Crosse nursing homes and assisted living facilities and any group that invites us whom we can accommodate. We sing in unison; you don't have to know how to read parts. Come join us for a semester of song! All LIR members are welcome. ATTENTION GENTLEMEN...we need your voices! Questions? Contact Pauline at 788.7181 or [musiconlosey@yahoo.com](mailto:musiconlosey@yahoo.com).

**Mark Your Calendar**  
**LIR Annual Breakfast Meeting**  
**Tuesday, May 1, 2012 | 9:30-11:45 a.m.**  
**Cartwright Center, UW-L**

## Aging and Film

This is an optional public event (open to all LIR members and non-members) hosted through UW-L Continuing Education and Extension.

January is a great month for this annual program — a fireplace, hot soup, cozy chairs and our aging journeys illuminated through film. Join us for an evening of insights, reflections, and good energy.

**Friday, Jan. 27, 4-9 p.m.**  
**Port O'Call, UW-La Crosse**  
**\$25 (register with a friend and pay only \$20 each!)**  
 Light meal and snacks included.

*For your convenience, you may register on the LIR registration form included in this newsletter.*



*This publication was not produced at taxpayer expense.*

*Requests will be kept confidential.*

*registration if you desire special accommodations.*

*Title IX and Section 504. Advise us at time of opportunity employer and its in compliance with*

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www.uwlax.edu/conted  
 La Crosse, WI 54601  
 1725 State St.  
 University of Wisconsin-La Crosse  
**LIR Newsletter**  
**December 2011**



**LIR Lunch Bunch**

Mark your calendars! If you are interested in meeting friends old and new, good food and casual conversation, check out the times and locations below. Lunch will be on your own and pre-registration is not required. Be sure to bring a friend! Reminders will not be sent.

Noon, Jan. 19, Famous Daves  
 Noon, Feb. 16, Boot Hill Pub  
 Noon, March 15, Carlos O'Kelly's  
 Noon, April 19, Red Lobster