

## ESG minutes 3/28/10

- We were lucky to have a visit/presentation from Steph Navarre (UW-L, CHE alum) & Amy Melichar from the Center for Health Ed. & Promotion at Marquette University (\*\*This is a great possible preceptorship site if you're interested in college health!)
  - "Building & Sustaining Strong Peer Education Programs"
  - Contact info:
    - Amy Melichar [amy.melichar@marquette.edu](mailto:amy.melichar@marquette.edu) (414).288.5217
    - Steph Navarre [stephnavarre@gmail.com](mailto:stephnavarre@gmail.com)

### **Upcoming Events:**

\*\*\* Please email [etasigmaqamma@uwlax.edu](mailto:etasigmaqamma@uwlax.edu) if you didn't sign-up at tonight's meeting for any of the following events and would like to:

- Thursday April 8<sup>th</sup> S.O.S.
  - (4) people are needed from 8pm-10pm & 10pm-midnight
- Thursday April 8<sup>th</sup> Group work on: Community Project Grant
  - In addition to volunteering at the La Crosse Community Garden, we will be helping out w/ other community gardens in the community (UW-L child care center, Franklin Elementary) by writing a grant for needed gardening supplies and educational materials
  - Email **Sara Mitchell** if you are interested in helping write this grant
- Sunday, April 11<sup>th</sup> Next meeting! Mitchell Hall **ROOM 22** (room change!)
  - Angie Lee will talk about interviewing
- Saturday, April 17<sup>th</sup> La Crosse Community Garden volunteer opportunity (Kane st. garden)
- Friday April 23<sup>rd</sup> Chicken-Q (HUGE FUNDRAISER FOR \$\$ FOR NEXT YEAR!)
  - **EVERYONE** is required to sell 10 tickets/person!
    - *If you didn't pick up your tickets from Cortney Draxler at tonight's ESG meeting, stop by Kathy Olson's (203 Mitchell) office to pick up your tickets*
  - How The Chicken-Q works:
    - **Selling tickets:**
      - Give person Chicken-Q ticket(s), collect \$\$ from person
      - Turn your money in to Kathy Olson's office (203 Mitchell) \*\*pre-determined turn-in dates/times are included in your ticket envelope!

- (Optional): Deliveries are available, but **you** (ESG member) are responsible for your own deliveries!!!
- To do this, write **WHERE** you're delivering, **TIME** of delivery and **# OF MEALS** on a sheet of paper and turn this in with your money
- **Day of Chicken-Q:**
  - Person can pick up their meal(s) by handing in their ticket at *The Hair Station* (across from LaX Menards) **OR** you deliver meals you sold...
- **12.30-6.30 We still need volunteers to serve/hand out meals (1.5hr slots)...at The Hair Station (across from Menards)**
- **Please email [etasigmagamma@uwlax.edu](mailto:etasigmagamma@uwlax.edu) with times you can work/** if you have any questions!

**Advisor Update:**

- Please attend meetings! ESG is a group effort.
- Organized speakers/presentations/opportunities are for **YOUR** benefit
- GET MOTIVATED AND GET EXCITED...we know it's mid-semester, but ESG is as much or as little as what YOU put into it...and great pre-professional experience (resume-builders!!!!)
- The next meeting will be HUGE!

**Other info:**

- Alyssa and Cortney are still looking for people to teach Yoga to 2<sup>nd</sup> graders next year/semester!
- Again, our next meeting is: **April 11<sup>th</sup> at 7pm (room 22 Mitchell)!**