

## ESG Meeting Minutes- 2/27/2011

### Preceptorship Site

#### **UW-Medical Foundation**

Worksite wellness for Health Insurance Company

Work with coaching, disease management, and biometric assessments

[www.unityhealth.com](http://www.unityhealth.com)

### Volunteer Opportunities

#### **Monday Meals** @ St. Lukes on Caledonia St.

Any Monday from 4:30-6:30

Serve free dinner meals

#### **Peace & Coffee**

Any day you want

Check out the website:

[http://www.renacen.org/index.php?option=com\\_content&view=article&id=38&Itemid=61](http://www.renacen.org/index.php?option=com_content&view=article&id=38&Itemid=61)

#### **Healthy Cooking Classes** with Harvest of the Month

Still openings available please sign up

#### **Good Neighbor Day**

4/16 (Sat) 8:00am- 12:00pm

Enjoy a light breakfast, then do yard maintenance and clean up until noon when lunch will be served

#### **Bulletin Boards**

ESG still needs people to help decorate and update the bulletin boards around campus in Mitchell and Cartwright

Contact Andrea if interested

[Weiler.andr@uwlax.edu](mailto:Weiler.andr@uwlax.edu)

#### **Safe Spring Break**

Needs volunteers on 3/ 4 around 11:00am to set up table tents in Whitney and Cartwright

Contact Jessica Ramel if you can help

[Ramel.jess@uwlax.edu](mailto:Ramel.jess@uwlax.edu)

Please look at end of Minutes to see Volunteer Opportunities offered through Gundersen Lutheran and contact Kim Lombard if interested.

## Updates and Reminders

### **Relay for Life Recap**

**Raised \$1100**

Some ESG participants walked 20 miles! ~ Congratulations

### **Rotary Lights**

We will receive **\$200** from the La Crosse Rotary

### **Exec Positions**

There will be a lot of positions opening up in the exec committee for next fall. If you are interested in becoming more involved start thinking about what type of role you would like to take on. Exec Committee is a fun and great way to take on more leadership in ESG. Feel free to ask any of the current execs about their role and what they do, we would love to talk with you about it.

### **The UN Film Festival**

This weekend **Friday and Saturday (3/4/11 & 3/5/11)**

In the Cleary Alumni Center

### **Advocacy Summit**

This weekend in Washington DC

### **APHERD**

**3/29 through 4/2**

### **Mass Advising**

For CHE 3/26 from 9:00- Noon

### **Undergrad Research Panel – 3/27**

### **Grad School Panel- 4/17**

**6:00** before the ESG meeting

Talk with grad students about schools, applying, and the CHES!

## **Forwarded conversation**

Subject: **student volunteer opportunities**

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Hello everyone, hope all is well with you. Listed below are some student volunteer opportunities with Gundersen Lutheran and the La Crosse Coulee Region Safe Kids Coalition for the spring semester. Please share with your students as you see fit. Students can contact me directly if they are interested...Thanks!!!

**Gundersen Lutheran Baby Expo** - Saturday, April 9; 9am-1pm.

Responsibilities include: Staffing a Home Safety Booth or assisting with car seat checks outside

**Onalaska Safely Day** - Saturday, April 16; 9am-noon

Responsibilities include: Staffing a "Helmet Safety booth" and providing education to children using fun and interactive games. Topics include: the importance of helmets, fitting helmets correctly, and which type of helmet to use with different activities.

**Bike Fest**-May 11<sup>th</sup> from 4:30pm-6:30pm at Copeland Park in La Crosse.

Responsibilities Include: Fitting bike helmets on children...training is available

**Slide into Safety with the Loggers** - Wednesday, May 18; 7am-4:30pm. Day long program that brings in a 500 3rd graders from La Crosse and surrounding school districts. Students rotate through different summer safety stations, learning about topics like ATV Safety, Boat Safety, Motor vehicle safety and more. Volunteers are needed to staff stations, assist with planning and evaluation of the program.

**Safe Kids La Crosse Coulee Region Meetings:** Students are welcome and encouraged to attend coalition meetings. (3 student max per meeting). Next meeting date and time are: April 15, 8:30am-9:30am. Please contact me if you are interested. Safe Kids La Crosse is part of Safe Kids USA, a worldwide organization that seeks to reduce unintentional injury to children ages 14 and under.

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