

To: WIAC/NCGA West Regional Gymnastics Championships Meet Participants and Coaches

From: Cordial Gillette

Re: Sports Medicine Coverage

The Athletic Training Staff at UW-La Crosse would like to welcome you to the WIAC/NCGA West Regional Gymnastics Championships. The Athletic Training Staff would be happy to assist you in any way possible.

If you have special needs, please notify us prior to your visit. If modalities are needed, a note detailing parameters is needed from your physician or certified athletic trainer. Please send appropriate supplies with any taping needs. All modality treatments will be done in the Athletic Training Room located in 10 Mitchell Hall. The Athletic Training Room is equipped with ice cups, ice bags, ice buckets, whirlpools, ultrasound, electrical stimulation, hydrocollators, compression, and diathermy.

The Athletic Training Room will be open three hours before the event. Team physicians will be on call. The two closest emergency facilities are Gundersen Lutheran Hospital and Franciscan Skemp Hospital.

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