

2006 UW-La Crosse Women's Indoor Track & Field Results (FINAL)

Date	Event	Place	Score	Location
Jan. 28	at UW-Stout Invitational	No Team Scores	---	Menomonie, Wis.
Feb. 4	at Minnesota State Open	No Team Scores	---	Mankato, Minn.
	at St. Mary's Invitational	No Team Scores	---	Winona, Minn.
Feb. 10	at Eastbay/Pointer Invitational	7th/12 teams	28.0 pts.	Stevens Point, Wis.
Feb. 11	at Warhawk Invitational	2nd/6 teams	156.0 pts.	Whitewater, Wis.
Feb. 17	Winona State University	1st/2 teams	89.0 pts.	La Crosse, Wis.
Feb. 24	at St. Olaf Invitational	No Team Scores	---	Northfield, Minn.
Mar. 3-4	at WIAC Championships	2nd/9 teams	166.50 pts.	Stevens Point, Wis.
Mar.10-11	at NCAA III Championships	7th/55 teams	22.0 pts.	Northfield, Minn.

Italics=School Record

Bold=Team Season-High

	UW-Stout Open	Minn. State Open	St. Mary's Invite	Warhawk Invite	Winona St. Dual	St.Olaf Invite	WIAC Champ.	NCAA III Champ.
Long Jump								
Danielle Anton	---	---	---	---	---	16-0 1/4	---	---
Jena Durmin	---	17-6	---	18-8	---	17-6 3/4	18-3	18-3
Katie Fondow	17-0	18-3 1/4	---	---	---	17-7 1/2	18-3 3/4	18-7 1/4
AnnMarie Glejf	---	---	16-5 1/4	---	---	---	---	---
Krista Kopesky	16-3	---	17-0	16-3 1/4	17-7 1/2	16-9 1/4	16-2 1/2	---
Emily Lemke	---	---	---	16-0 1/4	---	---	---	---
Katie Nachreiner	---	---	---	---	16-1 3/4	---	---	---
Mandy Rue	14-10 1/2	---	---	16-7	---	---	---	---
Kelly Runkle	---	---	---	16-9 3/4	17-9 1/2	---	---	---
Caitlin Schetter	17-6 1/4	18-6	---	---	---	ND	---	17-6 1/4
Jessie Schultz	---	---	---	---	15-5 1/2	---	---	---
Kelly Shannon	---	---	---	---	14-3 1/4	---	---	---
Beth Skaer	16-1	---	16-7 1/4	---	15-9 1/2	---	---	---
Stephanie Souvenir	---	---	13-6 3/4	---	---	---	---	---
Sarah Thayer	16-8 3/4	---	---	18-0 1/2	---	18-3 1/4	18-0 1/2	17-9 3/4
Katie Wagner	---	---	---	---	---	15-10 1/4	---	---
Triple Jump								
Katie Fondow	ND	37-7 1/4	---	36-7 3/4	---	35-0 1/2	37-1 3/4	36-9
Mara Gericke	---	---	---	---	30-7 1/2	---	---	---
AnnMarie Gleif	34-7	---	---	---	35-4 1/2	---	35-1 1/4	---
Lindsay Leech	---	---	---	---	31-2	---	---	---
Emily Lemke	---	---	---	---	32-11 1/4	32-6 1/4	33-8 3/4	---
Keely McCollow	---	---	---	---	29-8 1/4	---	---	---
Caitlin Schetter	34-2 1/4	36-11 1/2	---	37-1 3/4	---	35-10 1/2	36-8 1/4	---
Kelly Shannon	32-2 1/4	---	31-4 3/4	---	31-1 3/4	31-10	---	---
Jessie Schultz	29-7 1/2	---	30-9	---	32-3 1/2	32-8 1/2	33-4	---
Sarah Thayer	35-4	36-4 3/4	---	36-5 1/2	---	ND	ND	---
High Jump								
Danielle Anton	4-8 3/4	---	---	---	---	---	---	---
Kristin Erber	4-10 1/2	---	---	4-7 3/4	4-11 3/4	4-9	---	---
Mara Gericke	4-10 1/2	---	NH	4-9 3/4	4-9 3/4	4-9	---	---
Chelsey Krueger	4-8-3/4	---	---	4-9 3/4	4-9 3/4	---	4-9 3/4	---
Alyssa Leonard	5-0 1/2	5-2 1/4	---	---	5-3 3/4	5-5 3/4	5- 3 3/4	5-5 1/4
Ann McLaughin	---	---	4-6 3/4	4-6	4-7 3/4	---	---	---
Noel Meyers	---	---	4-10 1/2	4-11 3/4	4-11 3/4	4-9 3/4	4-11 3/4	---
Carrie Simonson	5-0 1/2	4-10 1/2	---	---	4-9 3/4	4-11	5-13/4	---
Beth Skaer	5-2 1/2	---	5-2 1/2	---	4-11 3/4	5-1	5-1 3/74	---
Stephanie Souvenir	4-8 3/4	---	4-8 3/4	---	---	---	---	---
Jenna Stark	5-0 1/2	5-2 1/4	---	---	4-11 3/4	---	5-1 3/4	---
Katie Wagner	4-8 3/4	---	---	---	---	---	---	---
Shot Put								
Christy Birkholz	34-4 1/4	---	35-11 1/4	35-6	38-4 1/4	35-5 3/4	37-10	---
Amanda Kingsberry	34-3 1/2	---	33-7 1/4	33-4	34-8 1/4	33-7 1/4	32-7 1/2	---
Tina Schmidt	34-8 1/2	---	36-0 1/4	36-8 1/4	37-4 1/2	35-5 1/4	38-3 1/2	---
Julianne Klumb	---	---	---	---	35-03 1/4	---	---	---

	UW-Stout Open	Minn. State Open	St. Mary's Invite	Warhawk Invite	Winona St. Dual	St.Olaf Invite	WIAC Champ.	NCAA III Champ.
20-lb. Weight								
Christy Birkholz	46-0	---	47-8	48-4 1/2	46-4 3/4	46-8- 1/4	50-4 3/4	---
Amanda Kingsberry	39-0 1/2	---	38-2 1/4	37-6	39-3 1/4	37-3 1/4	40-6	---
Julianne Klumb	44-6	---	43-11 3/4	44-8	44-9 1/2	---	46-3 1/4	---
Cori Safe	33-4 3/4	---	29-5 1/4	---	34-2	30-1	32-10 1/2	---
Tina Schmidt	43-7 1/4	---	42-9 3/4	44-5 1/2	43-1 3/4	46-6 1/4	46-2 1/2	---

Pole Vault								
Christy Claussen	---	---	---	---	---	9-9 1/4	NH	---
Lindsey Doedens	10-1 1/4	---	10-6	11-6 1/4	10-7 1/2	10-3 1/4	NH	10-9 3/4
Ann Gummow	---	---	9-6 1/4	10-0 1/2	10-7 1/2	10-3 1/4	10-8 1/4	---
Sarah Melton	9-7 1/4	---	9-0 1/4	9-6 1/2	10-1 1/2	9-3 1/4	NH	---
Tiffany Ness	---	---	9-6 1/4	10-0 1/2	10-1 1/2	10-3 1/4	10-8 1/4	---
Chris Claussen	---	---	---	---	8-8	---	---	---

55 Dash								
Amanda Ciano	---	---	7.94	---	---	---	---	---
Jena Durmin	7.31	7.26	---	---	7.14	7.28	7.19	7.24
Collette Francis	7.64	7.59	---	7.68	---	---	7.61	---
Whitney Franklin	---	---	---	7.93	---	---	---	---
Kristin Hodge	---	---	---	---	8.50	---	---	---
Krista Kopesky	7.79	---	---	---	7.54	---	7.60	---
Stephanie Lasko	7.83	---	7.82	7.82	7.71	7.76	7.76	---
Jenny Manderfeld	8.06	---	8.02	---	7.95	7.99	---	---
Keely McCollow	---	---	8.04	---	---	---	---	---
Katie Nachreiner	---	7.74	---	7.68	---	---	---	---
Sarah Thayer	---	7.54	---	7.48	---	---	7.40	---
Brooke Whitcher	---	---	---	---	---	7.74	---	---

200 Meter Dash								
Amanda Ciano	28.73	---	28.14	---	---	---	---	---
Chris Clausen	---	---	---	27.91	---	---	---	---
Jena Durmin	---	---	---	---	26.37	---	26.23	---
Katie DeGraff	29.43	---	---	---	29.42	---	---	---
Collette Francis	---	26.86	---	26.94	27.11	---	26.80	---
Whitney Franklin	---	---	28.27	28.37	---	---	---	---
Kristen Hodge	---	---	---	---	---	30.14	---	---
Stephanie Lasko	28.26	---	28.01	27.69	---	27.59	---	---
Shandra LaValle	---	---	---	27.91	---	27.97	---	---
Emily Lemke	29.83	---	---	---	---	---	---	---
Nicole Logan	---	---	---	28.82	29.24	---	---	---
Jenny Manderfeld	28.89	---	---	28.42	28.30	28.33	---	---
Keely McCollow	28.58	---	28.30	---	28.73	28.35	---	---
Katie Nachreiner	27.30	27.07	---	26.96	26.36	---	26.17	---
Kelly Runkle	---	26.44	---	---	26.33	---	---	---
Danica Schaefer	---	---	---	27.21	---	---	---	---
Caitlin Schetter	---	---	---	---	27.58	---	---	---
Stephanie Souvenir	---	---	---	---	---	28.21	---	---
Katie Steingreber	27.28	---	---	---	---	---	---	---
Lauren Terry	---	---	---	28.71	---	---	---	---
Brooke Whitcher	---	---	---	---	---	27.14	26.85	---
Kathleen Webb	---	---	---	29.25	29.65	---	---	---

400 Meter Dash								
Kristin Erber	---	---	---	---	1:05.59	---	---	---
Kristin Hodge	1:09.11	---	---	1:09.19	---	---	---	---
Sarah Kaufman	---	---	---	---	1:05.86	---	---	---
Abby Lien	---	1:00.78	---	---	1:00.72	---	---	---
Nicole Logan	1:05.97	---	1:05.92	---	---	---	---	---
Maggie Lvendecker	---	---	---	---	1:03.26	---	---	---
Melissa Palmer	---	---	---	---	---	1:04.06	---	---
Caitlin Perra	1:01.31	1:00.60	---	---	---	---	---	---
Danica Schaefer	1:01.51	1:01.67	---	---	1:01.54	1:01.21	1:00.44	---
Theresa Scharrer	---	---	1:07.46	---	---	---	---	---

	UW-Stout Open	Minn. State Open	St. Mary's Invite	Warhawk Invite	Winona St. Dual	St.Olaf Invite	WIAC Champ.	NCAA III Champ.
400 Meter Dash								
Katie Steingreber	---	1:00.29	---	---	1:00.60	---	---	---
Lauren Terry	1:06.65	---	1:04.49	---	1:03.74	1:04.05	1:02.82	---
Katie Wagner	---	1:00.63	---	---	---	---	---	---
Kathleen Webb	1:05.13	---	1:05.26	---	1:03.89	---	1:04.50	---
Brooke Whitcher	---	1:01.47	---	---	---	1:02.71	---	---
600 Meter Run								
Maggie Lyendecker	---	---	1:43.36	---	---	---	---	---
Melissa Palmer	---	---	1:43.28	---	---	---	---	---
Beth Richmond	---	---	---	---	---	1:43.71	---	---
Theresa Scharrer	---	---	---	---	---	1:50.70	---	---
800 Meter Run								
Amanda Haas	2:28.03	---	---	2:28.22	---	2:28.30	2:25.10	---
Sarah Kaufman	---	---	2:28.14	2:30.06	---	2:27.43	2:26.30	---
Amy Kempen	2:29.38	---	2:25.95	---	2:22.69	2:21.89	2:21.68	---
Maggie Lvendecker	2:31.07	---	---	---	---	2:29.89	---	---
Lauren Moss	2:29.68	---	---	---	---	---	---	---
Melissa Palmer	2:30.46	---	---	---	2:20.83	---	---	---
Katie Porter	---	---	2:34.63	---	2:38.25	---	---	---
Beth Richmond	2:29.65	---	---	---	2:22.31	---	2:19.60	---
Theresa Sharrer	---	---	---	2:35.77	---	---	---	---
Katie Wagner	---	---	---	---	2:23.34	---	---	---
1,000 Meter Run								
Lauren Moss	---	---	3:06.56	---	---	---	---	---
Ariel Perkins	---	---	---	---	---	3:12.30	---	---
Mile Run								
Emily Burns	---	---	---	---	---	5:27.64	---	---
Nikki Cahen	---	---	---	---	---	---	5:28.94	---
Rachel DeDeyn	5:27.84	5:22.71	---	---	---	5:22.56	5:21.57	---
Jenna Gerten	---	---	---	---	---	5:32.81	---	---
Amanda Haas	---	---	6:05.67	---	---	---	---	---
Meagen Herlache	---	5:14.95	---	5:09.32	---	---	5:09.32	---
Lauren Moss	---	---	---	---	5:15.45	5:17.33	5:12.73	---
Kristen Painter	---	5:05.77	---	5:00.10	---	---	5:00.57	4:57.76
Ariel Perkins	5:26.31	---	---	---	---	---	---	---
Stepanie Perleberg	5:42.95	---	---	---	---	---	---	---
Katie Porter	---	---	---	5:50.20	---	6:10.16	---	---
Julia Rudd	---	---	---	---	---	5:05.47	---	---
Emily Watson	5:32.19	---	---	---	---	---	---	---
3,000 Meters								
Brenna Anderson	---	---	---	---	11:02.27	---	---	---
Emily Burns	---	---	---	10:58.34	---	---	---	---
Nikki Cahen	---	---	---	---	11:01.57	10:50.82	---	---
Rachel DeDeyn	---	---	---	---	10:52.21	---	---	---
Jena Gerten	11:13.27	---	10:59.00	---	10:43.16	---	10:52.43	---
Jenna Haack	---	---	11:40.87	---	---	---	---	---
Caitlin Helgesen	11:30.71	---	---	---	11:18.38	11:40.10	---	---
Beth Medinger	10:54.89	---	---	---	10:42.24	---	10:56.51	---
Stephanie Perleberg	---	---	11:05.56	---	10:45.03	---	---	---
Ariel Perkins	---	---	---	10:44.59	---	---	10:43.67	---
Julia Rudd	---	10:02.95	---	---	9:51.41	---	10:00.49	---
Emily Watson	---	---	11:00.23	11:00.92	---	10:48.86	10:57.12	---
5,000 Meters								
Brenna Anderson	19:48.50	---	---	19:32.39	---	19:41.33	19:24.87	---
Emily Burns	18:59.51	---	---	---	---	---	18:37.81	---
Jenna Haack	---	---	---	19:46.10	---	20:46.67	---	---
Beth Medinger	---	18:46.05	---	---	---	---	---	---
Ariel Perkins	---	18:39.70	---	---	---	---	18:54.66	---
Julia Rudd	---	---	---	---	---	---	17:05.81	17:15.03

	UW-Stout Open	Minn. State Open	St. Mary's Invite	Warhawk Invite	Winona St. Dual	St.Olaf Invite	WIAC Champ.	NCAA III Champ.
55 Hurdles								
Danielle Anton	9.12	9.10	---	9.32	---	DQ	---	---
Chris Claussen	8.88	8.70	---	8.84	8.47	8.59	8.58	---
AnnMarie Glejf	9.29	---	9.12	---	---	---	---	---
Emily Lemke	9.22	9.09	---	9.36	8.99	---	9.00	---
Abby Lien	9.28	---	---	---	---	---	---	---
Shandra LeValle	9.37	---	---	9.10	---	9.40	9.28	---
Stephanie Souvenir	10.13	---	---	---	---	9.99	---	---
Katie Wagner	---	---	---	---	9.15	---	---	---

Relays

4x200	1:48.05	---	---	1:45.77	1:47.20	---	1:44.20	---
4x400	4:04.96	---	4:13.27	3:58.51	4:05.97	3:57.50	3:59.03	---
Distance Medley	---	---	---	---	---	12:07.21	12:04.80	12:09.81

Pentathlon

Eastbay/Pointer Invitational (Feb. 10)

Katie Wagner	2,835 pts.
AnnMarie Glejf	2,814 pts.
Danielle Anton	2,746 pts.
Stephanie Souvenir	2,311 pts.

WIAC Championships (March 3-4)

	3,144 pts.
	2,905 pts.
	2,990 pts.
	2,582 pts.