



LaCrosse Area Suicide Prevention Initiative

# 2011 SUICIDE PREVENTION SUMMIT

WEDNESDAY, SEPTEMBER 14, 2011

RAISING AWARENESS AND HOPE

La Crosse Center, South Hall | 8:30 a.m. - 4:30 p.m

**AWARENESS EVENT**

September 13, 2011 | 6 p.m. – Riverside Park

*Contributing Sponsors*



Gundersen  
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La Crosse County  
Human Services



American Foundation for Suicide Prevention – SE MN Chapter  
Mental Health America of Wisconsin

[www.uwlax.edu/conted/suicideprevention](http://www.uwlax.edu/conted/suicideprevention)

## SUMMIT PURPOSE AND AUDIENCE

To increase our understanding of suicide, its prevalence and the risk factors for specific populations, and acquire tools for prevention, assessment, and intervention.

Psychologists, social workers and counselors, teachers, clergy and pastoral care, law enforcement officials, school guidance counselors, nurses, paramedics, medical assistants, youth leaders, and student service personnel will especially benefit from the workshops and sessions.

Location: La Crosse Center | South Hall  
La Crosse, Wis.

Hotel Information: Rooms at the Radisson have been reserved at a rate of \$70 single and \$100 double (rates do not include tax).  
Call 608.784.6680 to make reservations by August 15, 2011

Fee: \$75, includes full conference, refreshments, lunch, materials and continuing education hours

To Register: Online [www.uwlax.edu/conted](http://www.uwlax.edu/conted)  
Phone 608.785.6504  
1.866.895.9233 (toll-free)  
Fax: 608.785.6547  
Mail: UW-La Crosse  
Continuing Education and Extension  
205 Morris Hall | 1725 State St.  
La Crosse, WI 54601

## SUMMIT PARTNERS:

The **La Crosse Area Suicide Prevention Initiative** brings service providers, consumers, and community members together to raise awareness about suicide as a preventable community and public health problem. The Initiative meets monthly to discuss needs, share information, and plan awareness events. Everyone is welcome, including survivors and family members, counselors and therapists, health care providers, educators, and others who want to make a difference.

[www.lacrossesuicideprevention.org](http://www.lacrossesuicideprevention.org)

**UW-La Crosse Continuing Education and Extension** provides professional development opportunities and program services to western Wisconsin.

# 2011 SUICIDE PREVENTION SUMMIT AT-A-GLANCE

## MORNING

7:30 a.m. Registration

8:30 a.m. **WELCOME**

9 a.m. **OPENING KEYNOTE**

### **Suicide Myths**

**Thomas Joiner**, *Ph.D., Florida State University, Tallahassee, Fla.*

10:15 a.m. **Break/Bookstore**

10:30 a.m. **CONCURRENT SESSIONS**

- QPR Gatekeeper Training
- Linking American Indian Resilience with Suicide Prevention
- Help for the Helpers: Burnout, Compassion Fatigue, and Self Care
- Moving Toward Healing: Focus on Families and Caring Partners
- Substance Abuse and Suicide
- Issues of Spirit, Faith and Religion

11:45 a.m. **Break/Bookstore**

**Noon**      **Lunch provided**

## AFTERNOON

1 p.m. **Performance: 4:48 Psychosis (excerpts) by Sarah Kane**

*Nikki Balsamo, Choreographer and David Gardiner, Director*

1:30 p.m. **Break**

1:45 p.m. **CONCURRENT SESSIONS**

- QPR Gatekeeper Training
- Warzone Trauma of the Mind and Brain
- Medication, Intervention, and Prevention
- When Police Officers Die by Suicide
- Why People Die by Suicide
- Gambling and Suicide Risk
- Bullied: LGBTQ Youth and Risk

3 p.m. **Break**

3:15 p.m. **CLOSING KEYNOTE**

### **Roots of Resilience: Culture, Community and Family**

**Teresa La Fromboise**, *Ph.D., Stanford University, Stanford, Calif.*

4:30 p.m. Conclusion

## ABOUT OUR KEYNOTE SPEAKERS

**Thomas Joiner**, Ph.D., grew up in Georgia, went to college at Princeton, and received his Ph.D. in Clinical Psychology from the University of Texas at Austin. He is the Robert O. Lawton Distinguished Professor in the Department of Psychology at Florida State University, Tallahassee, Fla. Author of over 420 peer-reviewed publications, Joiner has received numerous awards, including the Shneidman Award for excellence from the American Association of Suicidology.



Joiner

Joiner has authored or edited 15 books, including *Why People Die By Suicide*, published in 2005 and *Myths and Misunderstandings About Suicidal Behavior*, published in 2010. He has made numerous media appearances, including write-ups in *The Wall Street Journal* and *The Times of London*, a radio interview on NPR's *Talk of the Nation*, and two appearances on the *Dr. Phil Show*. He runs a part-time clinical and consulting practice specializing in suicidal behavior, including legal consultation on suits involving death by suicide. He lives in Tallahassee, Florida, with his wife and two sons.

**Teresa La Fromboise**, Ph.D., is a professor of Counseling Psychology, School of Education and Chair of Native American Studies, School of Humanities and Sciences at Stanford University. She specializes in stress-related problems of ethnic minority youth and clinical issues in multicultural counseling. La Fromboise teaches courses in Cultural Psychology, Racial and Ethnic Identity Development, and Counseling Theories and Interventions from a Multicultural Perspective. She is a fellow of the American Psychological Association and the Association for Psychological Science.



La Fromboise

La Fromboise has authored numerous articles and book chapters on American Indian mental health initiatives and prevention including: *Assertion Training with American Indians*, *Circles of Women: Skills Training for American Indian Professionalization*, *Zuni Life Skills Development*, and *American Indian Life Skills Development Curriculum* (AILS). The AILS curriculum awards include a SAMHSA Program of Excellence by the US Department of Health and Human Services; an "Intervention Ready for Prime Time" from the Carter Center for Public Policy at Emory University; and, recognition from the First Nations Behavioral Health Association. She lives in the San Francisco Bay Area. Her hobbies include gardening and working out. Her favorite travel is to South Dakota to visit her daughter and granddaughter.

# 2011 SUICIDE PREVENTION SUMMIT SCHEDULE

WEDNESDAY, SEPTEMBER 14, 2011

RAISING AWARENESS AND HOPE

## MORNING

7:30-8:30 a.m. Registration

8:30-9 a.m. **WELCOME**

9-10:15a.m. **OPENING KEYNOTE**

### **Suicide Myths**

*Thomas Joiner, Ph.D., Department of Psychology, Florida State University, Tallahassee, Fla.*

Myths about suicide are not only numerous and pervasive, they represent a public health nuisance. Dispelling them is important and can shed new light on the phenomenon. This presentation demolishes both moralistic and psychotherapeutic clichés found in media reports, literary works, and even clinical writing. Joiner will show that suicide is not easy, cowardly, vengeful, masterful, nor selfish. Nor is it a manifestation of “suppressed rage” or a medication side effect. Threats of suicide, far from being idle, are often followed by serious attempts. People who are prevented once from killing themselves will not necessarily try again.

#### **Learning objectives:**

- Review basic facts and myths about death by suicide
- Describe a new theory of suicidal behavior
- Apply the new theory to dismantle myths and how this can inform risk assessment, treatment, and suicide prevention

10:15-10:30 a.m. **Break and Bookstore**

### **QPR – Gatekeeper Training** (repeated in afternoon)

*Vicky Gunderson, Parent Advocate and QPR Gatekeeper Trainer*

A Gatekeeper is anyone in a position to recognize a crisis and warning signs that someone may be contemplating suicide. This could be you (*QPR Institute*, 1995). Like CPR, QPR provides the basic tools that may save the life of someone who is thinking about suicide. Everyone can learn the skills of Question-Persuade-Refer, the steps that encourage action and offer hope.

#### **Learning objectives:**

- Identify suicide myths and facts
- Identify verbal, behavioral, and situational clues
- List the three steps of QPR

### **Linking American Indian Resilience with Suicide Prevention**

*Teresa La Fromboise, Ph.D., Stanford University, Stanford, Calif.*

This workshop will focus on biopsychosocial correlates and risk factors of American Indian/Alaska Native youth suicide. Lessons learned during collaborations with tribal communities, health care providers, and schools in the development and evaluation of the American Indian Life Skills (AILS), an evidence-based suicide prevention program for adolescents. Lessons from the AILS will be demonstrated so that the curriculum comes to life and stimulates ideas for further prevention intervention.

#### **Learning objectives:**

- To present research on risk and protective factors associated with American Indian/Alaska Native youth suicide
- To provide an update on a culturally-specific model of suicide prevention
- To engage participants in an AILS lesson on positive self-talk and the 4-step plan for suicide prevention that helps youth learn to secure help from a trusted adult

### **Help for the Helpers: Burnout, Compassion Fatigue and Self Care**

*Steven J Beezley, M.S.S.W., Gundersen Lutheran Medical Center, La Crosse*

Those who work with suicidal clients, patients, and their families know how intense and demanding the field can be. Helpers are at risk for stress reactions, job burnout, compassion fatigue, depression, anxiety, and other reactions. This workshop is for counselors, social workers, nurses, physicians, and other professionals who experience emotional reactions to the sights, stories, experiences, and sometimes disappointing outcomes that accompany this work. The workshop welcomes helpers from any level of expertise that feel they can benefit from learning and utilizing stress management concepts.

#### **Learning objectives:**

- Identify the differences between job burnout and compassion fatigue
- Identify stress makers and learn self-assessment tools
- Develop a plan to improve personal stress management skills and self care

## **Moving toward Healing: Focus on Families and Partners**

*Patti Jo Severson, NAMI-La Crosse*

What helps families and partners move toward healing after suicide? The presentation features a panel that will share their insights into healing. Learn how families and partners strengthen relationships and create a better understanding of their own experience.

### **Learning objectives:**

- Identify the predictable stages of emotional reactions among family members
- Identify survivors' needs in the healing process

## **Substance Abuse and Suicide**

*William Bucknam, M.D., Behavioral Health, Gundersen Lutheran, La Crosse*

Learn about the epidemiology of suicide and how suicide is impacted by substance abuse and co-occurring disorders. Explore a framework that understands suicide as a national public health problem. Discuss the treatment and prevention strategies this approach suggests.

### **Learning objectives:**

- Grasp the scope of suicide and how it is impacted by substance abuse
- Appreciate that suicide is a preventable public health problem
- Recognize the need to adopt a public health approach to prevent suicide and behavioral disorders

## **Issues of Spirit, Faith and Religion (A Pastoral Perspective on Suicide)**

*Michael Brown, Pastoral Care Department, Mayo Clinic Health System, La Crosse*

Spirituality and religious beliefs can both complicate and assist work with people dealing with the suicide of a loved one. Religious beliefs can be a strong deterrent to suicide, or they can be the source of even more guilt and pain. We will explore this dynamic and discuss how to positively use religious/spiritual beliefs in treating people affected by suicide.

### **Learning objectives:**

- Describe the impact of religious/spiritual beliefs on people who lose someone to suicide
- Identify the impact of religious/spiritual beliefs on someone contemplating suicide
- Describe how this knowledge can be used in treatment plans

**11:45-Noon Break and Bookstore**

**Noon-1 p.m. Lunch (provided)**

## **SPECIAL NOTICE**

**QPR Gatekeeper Training** will be offered twice during the Summit by Certified QPR Gatekeeper instructors Bridgette Hensley, PsyD and Vicky Gunderson.  
[www.qprinstitute.com](http://www.qprinstitute.com)

## AFTERNOON

1-1:30 p.m.

### **4:48 Psychosis by Sara Kane** (*excerpts from a performance*)

Nikki Balsamo, Choreographer; David Gardiner, Director

1:45-3 p.m.

## CONCURRENT SESSIONS

### **QPR – Gatekeeper Training** (repeated from morning)

*Bridgette C. Hensley, Psy.D., UW-L Counseling and Testing*

A Gatekeeper is anyone in a position to recognize a crisis and warning signs that someone may be contemplating suicide. This could be you (QPR Institute, 1995). Like CPR, QPR provides the basic tools that may save the life of someone who is thinking about suicide.

Everyone can learn the skills of Question-Persuade-Refer, the steps that encourage action and offer hope.

#### **Learning objectives:**

- Identify suicide myths and facts
- Identify verbal, behavioral, and situational clues
- List the three steps of QPR

### **Warzone Trauma of the Mind and Brain**

*Michael Brandt, Ph.D., River Valley Integrated Health Center, La Crosse*

The current war on terrorism waged by America and her allies is in its tenth year. The costs of war are frequently incalculably numerous and sometimes quite nebulous. This presentation will identify the neurophysiologic, mental, psychic, and soulful wounds of today's military service members and veterans.

#### **Learning objectives:**

- Identify neurophysiologic implications of warzone trauma
- Describe the cognitive factors most commonly associated with warzone trauma
- Describe the psychological factors most commonly ascribed to warzone trauma

### **Medication, Intervention and Prevention**

*Parnjai Jaiarj Johnson, M.D., Gunderson Lutheran, La Crosse*

This presentation provides an overview of the typical medications used in mental health treatment. Special attention will given to the risks and benefits associated with medication use as it relates to suicide.

#### **Learning objectives:**

- Identify common psychiatric diagnosis and medication use
- Identify relationship between medication use and suicide
- Assess risk and benefit of medication use and suicide
- Familiarize and early recognize high risk group for appropriate referral

### **When Police Officers Die by Suicide: A Department Responds**

*Sgt. Tom Walsh and Officer Avrie Schott, City of La Crosse Police Department*

Every 17 hours a law enforcement officer dies by suicide with an average of 436 suicides each year. Prevention in law enforcement suicides can have many obstacles, however. Learn what

one police department is doing to respond. The discussion will include how the community can assist these efforts and address the impact these deaths have on communities.

**Learning objectives:**

- Identify the contributing factors and the difficulties in preventing suicide
- Identify approaches and programs adopted by a local law enforcement agency
- Learn prevention strategies for communities in addressing suicide by police

## **Why People Die by Suicide**

*Thomas Joiner, Ph.D., Department of Psychology, Florida State University, Tallahassee, Fla.*

This session explores the risk markers for death by suicide: the feeling of being a burden on loved ones; the sense of isolation; and, perhaps chillingly, the learned ability to hurt oneself. Theories will be tested against diverse facts taken from clinical anecdotes, history, literature, popular culture, anthropology, epidemiology, genetics, and neurobiology – facts about suicide rates among men and women; white and African-American men; anorexics, athletes, prostitutes, and physicians; members of cults, sports fans, and citizens of nations in crisis.

**Learning objectives:**

- Review the epidemiology and risk factors for death by suicide
- Describe anecdotal, clinical, and scientific evidence that evaluates this new theory
- Identify developments in the treatment and prevention of suicidal behavior

## **Gambling and Suicide Risk**

*Jeff Court, M.S.S.W., Behavioral Health, Mayo Clinic Health System, La Crosse*

There are 333,000 Wisconsin residents with some level of gambling problem and yet, gambling remains the “hidden addiction.” High correlations between gambling addiction, mood disorders, and substance abuse exist. Moreover, pathological gamblers commit suicide at a rate 20 times higher than that of the general population. As opportunities to gamble become ever more frequent, the need for awareness of these associated health risks grow as well.

**Learning objectives:**

- Learn the difference between social gambling, problem gambling, and gambling addiction
- Increase knowledge of the scope and prevalence of gambling in our society
- Identify the specific suicide risk factors for problem gamblers

## **LGBTQ Youth and Risk**

*Kathy Flores, Diversity Coordinator-City of Appleton; Jesse Heffernan, Harmony Café Program, Appleton, Wis.; Will Van Roosenbeek, Pride Center, UW-La Crosse*

This presentation features the film, “Bullied: A Student, A School and A Case that Made History.” A panel of experts will share the innovative approaches to prevent suicide deaths that are taking place in the city of Appleton and the UW-L campus.

**Learning objectives:**

- Describe how the Jamie Nabozny case created change in attitudes and laws.
- Identify the unique risks and issues LGBTQ youth face
- Outline prevention approaches available to communities and campuses
- Describe individual responses that can make a difference for youth in their communities

3:15-4:30 p.m.

KEYNOTE

## Roots of Resilience: Culture, Community and Family

*Teresa La Fromboise, Ph.D., School of Education, Stanford University, Stanford, Calif.*

Resilience reflects the interrelated nature of social, emotional, cognitive, and spiritual/moral strengths. This relational view reveals the existing possibilities in US society that equip young people with the needed skills and habits to live healthy, happy, and productive lives in respectful and loving relationships. Embedded with the litany of risk factors eroding adolescent resilience is the societal pressure for academic and professional success at all costs. While these and other risk factors will be reviewed, the protective factors of culture, community, and family that scaffold youth reconnection and re-empowerment will be emphasized.

### **Learning objectives:**

- Describe a relational view of resilience development
- Identify select recommendations for prevention of behavioral, emotional, and mental disorders of young people
- Describe how to work with diverse cultures, communities, and families to rekindle and validate their supportive and healing resources

## Suicide in Wisconsin

- Wisconsin experiences an average of 650 deaths by suicide per year.
- Suicide deaths account for 20,000 years of potential life lost per year (YPLL), slightly less than the YPLL from motor vehicle crashes and is more than twice the years lost from homicides.
- More than 9,000 people are treated in hospitals or emergency departments each year for self-inflicted injuries at a total cost of more than \$64 million/year.
- The greatest number of suicide deaths was among 35-54 year old males. Men account for about 80% of all suicide deaths in Wisconsin, although women are twice as likely to make attempts. Youth age 15-24 had the highest rates of inpatient hospital and emergency department visits for self-inflicted injuries.
- Veterans account for 20% of all completed suicides. For persons age 55 and older, veterans account for almost half of completed suicides.
- 2/3 of those who died by suicide had a current depressed mood; 1/3 of individuals who died by suicide were noted as having an alcohol problem.
- Firearms were the most frequently used to complete suicide, accounting for almost half of all deaths.

For a copy of the report, go to: [www.mhawisconsin.org/Content/suicide\\_prevention.asp](http://www.mhawisconsin.org/Content/suicide_prevention.asp)

*"A thousand people are officially dead of suicide every day, but they are not the only ones who are faced with the constant choice between life and death. We all are."*

*Edwin S. Shneidman, 1996*

## ABOUT OUR WORKSHOP PRESENTERS

**Steven Beezley**, M.S.S.W. is a Social Worker who obtained his Master's degree in Social Work from UW-Madison in 1988. He has a 32 year career at Gundersen Lutheran and is currently working in the Employee Assistance Program. His experience with Gundersen Lutheran includes First Call for Help (now 211), the Trauma and Emergency Center, and a position as the Children's Disability Coordinator. He joined the Employee Assistance Program in 2003. Beezley helped to coordinate the KARIS group for Suicide Survivors for more than 15 years, and has evaluated and treated many suicidal patients over his career. He has spoken to numerous schools, groups and at professional conferences on suicide.

**Michael Brandt**, Ph.D., joined the Behavioral Health staff at the Tomah Veteran's Affairs Medical Center in 2004. His current VA duty station is as the Chief of Psychology, conducting psychotherapy with veterans, and overseeing Behavioral Health services at several outpatient clinics in La Crosse, Wausau, Wisconsin Rapids, and Loyal. Brandt holds a master's degree in Education and completed his dissertation at the University of Chicago in Clinical Psychology. He also completed a Post-Doctoral Fellowship in Behavioral Medicine at the Univ. of Chicago. He is a captain in the Wisconsin Army National Guard, Medical Command – Madison, and is the Behavioral Health Officer for the State of Wisconsin.

**Mike Brown** has worked for Mayo Clinic Health System (Franciscan Skemp Healthcare) for 13 years as a chaplain. He is a Pastoral Care Department supervisor and director of the Spiritual Care department. He has his MA in religious studies and an MS in counseling. Brown's professional experience includes providing counseling and suicide prevention to the U.S. Army. He also received training in Marriage & Family Therapy at the Family Therapy Institute of Washington, D.C.

**William Bucknam**, M.D. is the medical director of the AODA section in Department of Behavioral Health at Gundersen Lutheran since May 2010. He worked in private practice psychiatry and addiction medicine at Ann Arbor for 27 years.

**Jeff Court**, M.S.S.W. is a clinical Social worker and substance abuse counselor, clinical member of American Association for Marriage and Family Therapy, nationally certified as a gambling addiction counselor, and currently a clinical therapist with Mayo Clinic Health System. Court served as a clinical social worker at Gundersen Lutheran, Director of Social Services for Catholic Charities and Director of Dependency Services at Mayo Clinic Health System. He is a partner with the Wisconsin Farm Center's Sowing the Seeds of Hope Program, a mental health outreach program for Wisconsin farm families.

**Kathy Flores** is the diversity coordinator for the City of Appleton where she works to address racism and bigotry, sexism, homophobia, xenophobia/religious intolerance, as well as the barriers people with disabilities, mental health needs and homelessness encounter. Flores' experience includes helping Kimberly Clark Corporation establish diversity employee networks and other initiatives for the corporation. Flores is trained in suicide prevention and specializes in suicide prevention with lesbian, gay, bisexual and transgender youth.

**Vicky Gunderson** is a Parent Advocate for Juvenile Justice. She has lived through a parent's worst nightmare, losing a child. Her involvements include the following: the La Crosse Area Suicide Prevention Initiative; Campaign for Youth Justice, Washington, D.C.; Wisconsin Council for Children & Families, Madison Wis.; La Crosse Jail Ministry; the Restorative Justice Task Force of AMOS; COMPASS Prevention Network; La Crosse Underage Drinking Coalition; and speaking to high school and college students. Vicky received the National Juvenile Justice & Campaign for Youth Justice "National Mother of Distinction" award in May 2008.

**Jesse Heffernan** has been working with the GLBT Partnership at Harmony Cafe/Goodwill Industries for several years and has also had a pivotal role in expanding GLBT services in the Fox Valley. Most notably, Jesse has organized a whole movement of LGBT young people to create change in their communities and has achieved many ambitious goals in challenging environments.

## ABOUT OUR WORKSHOP PRESENTERS

**Bridgette Hensley, Psy.D.**, is a licensed psychologist in Wisconsin and a graduate of the Illinois School of Professional Psychology. She is the Director of the Counseling and Testing Center at University of Wisconsin-La Crosse. Her clinical interests include: depression, anxiety disorders, suicide and suicide prevention, trauma and recovery, autism and Asperger's disorders, as well as gay and lesbian identity development. She has been active in suicide prevention on campuses and at local levels for the last eight years. Hensley is a member of the La Crosse Area Suicide Prevention Initiative. She is also a QPR Gatekeeper Trainer and QPR Master Trainer for the QPR Institute. Hensley enjoys the outdoors, swimming, cooking and spending time with family and friends.

**Dr. Parnjai Jaiarj Johnson** graduated from Faculty of Medicine, Siriraj Hospital, Mahidol University in Bangkok, Thailand in 1992. She worked for two years at the only child psychiatric hospital in Thailand until 1994 when she started her psychiatry and child psychiatry training at Rush-Presbyterian St.Luke's Medical Center with fellowship in Research Child Psychopharmacology. In October 2003 Johnson came to La Crosse to Gundersen Lutheran. Her primary focus is medication use in children, adolescent and adult psychiatric patients with interest in mood disorders and ADHD. Johnson teaches PA students from UW-La Crosse, medical students from UW-Madison WARM program and GLMC residents.

**Patti Jo Severson, M.S., R.D.** is co-president of NAMI Wisconsin and co-chair of the Mental Health Coalition of Greater La Crosse Area. As an advocate for individuals and families living with mental illness, she served on the La Crosse County Criminal Justice Management Council and the La Crosse County Mental Health and AODA Redesign Committee. In 2008, she initiated the NAMI Parents and Teachers as Allies Program, an in-service program for teachers and parents on mental illness in children and adolescents. In 2009, she was instrumental in bringing the NAMI Basics Education Program to La Crosse, a six-week program for parents of children and adolescents living with mental illness. She received her masters in Community Health Education at UW-La Crosse.

**Avrie Schott** has been a Police Officer with the City of La Crosse nearly 11 years. She is currently assigned as a School Resource Officer (SRO) at Lincoln Middle School. Prior to this position she has held the position of D.A.R.E. Officer and a patrol officer on second shift. Along with her role as an SRO, she is a member of the La Crosse Police Emergency Response Team as a Negotiator, member of the La Crosse Police Honor Guard, DART Officer (Domestic Abuse Reduction Team), Coordinator for the La Crosse Police POST Team (Police Officer Support Team) as well as G.R.E.A.T. and D.A.R.E. certified. She is CIT certified, serves on the Leadership Team for the Mississippi River Valley Critical Incident Stress Management Team and a peer on the team as well. Originally from La Crosse, Schott has a bachelor of arts degree in Criminal Justice from the University of Wisconsin-Eau Claire. Schott has been certified as QPR Instructor and instructing police officers and community members in the areas of Suicide Prevention and Police Suicide Prevention for the past three years.

*The Suicide Prevention Initiative is a proud partner of  
Healthiest County 2015: La Crosse  
"Making the Healthy Choice Together."*

**Willem Van Roosenbeek** is an educator, advocate, and change-maker who has been working on social justice issues for over 15 years. He currently is the director of the Pride Center at the University of Wisconsin-La Crosse, and along with his daily work with students, faculty, and staff, he teaches a section of Understanding Human Differences. Van Roosenbeek has presented on topics related to the LGBTIQQA community, its allies, hate incidents, diversity, social justice, and inclusivity and has shared his personal story as a transgender man.

**Tom Walsh** has been with the La Crosse Police Department for 20 years and six years as a sergeant. He currently works second shift. Prior to this, he has served as a patrol officer, School Resource Officer, Investigator and a CPOP (Community/ Problem Oriented Policing) Specialist. Walsh is a negotiator with the La Crosse Police Emergency Response Team for 15 years, member of the La Crosse Police Honor Guard and serves on the Leadership Team for the La Crosse Police POST Team (Police Officer Support Team) as well as a G.R.E.A.T. Officer. He is been an instructor in CIT for five years and a Peer Member on the Mississippi River Valley Critical Incident Stress Management Team. Walsh is originally from La Crosse and attended Aquinas High School and the University of Wisconsin-La Crosse. Walsh has been certified as QPR Instructor and instructing police officers and community members in the areas of suicide prevention and police suicide prevention for the past three years.

## CONTINUING EDUCATION CREDITS/HOURS/UNITS

**Continuing Education units (CEUs)** are offered through the University of Wisconsin-Extension  
.70 CEUs (7.0 hours)

### **National Board for Certified Counselors (NBCC)**

This educational offering is approved to offer professional counselors CEU's.  
Provider # is 6303.

.70 CEUs

### **Continuing education for psychologists:**

The University of Wisconsin-La Crosse (UW-L) is approved by the American Psychological Association to sponsor continuing education for psychologists. UW-L Continuing Education and Extension maintains responsibility for the program and its content.

7.0 contact hours

### **Social Work CEHs**

Social workers are encouraged to check with their state regulatory and licensing board regarding this program and credits toward their licensee requirements. The State of Wisconsin accepts credits for social workers by continuing education providers approved by the American Psychological Association.

# 2011 SUICIDE PREVENTION SUMMIT

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La Crosse County  
Human Services

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*American Foundation for Suicide Prevention – SE MN Chapter  
Mental Health America of Wisconsin*

## 2011 SUICIDE PREVENTION SUMMIT PLANNING COMMITTEE MEMBERS

Pam Bendel, Independent Living Resources  
Tim Blumentritt, B.S.W., Mayo Clinic Health System  
Brianna Burner, Community Member  
David Clements, Joe Was Just Joe Foundation  
Tara DeLong, Gundersen Lutheran Health System  
Henry Greengrass, Ho Chunk Nation Youth Services  
Vicky Gunderson, Community Participant and Parent Advocate  
Jeannie Hanley, Ed.D, LPC, UW-La Crosse Counseling and Testing Center  
Andrea Hansen, M.S, UW-L Continuing Education and Extension  
Garrett B. Hebel, LCSW, VA Medical Center, Tomah  
Bridgette Hensley, Psy.D, UW-La Crosse Counseling and Testing Center  
Bob Hillary, M.S.S.W, Mayo Clinic Health System  
Christine Hughes, M.S.W, Mayo Clinic Health System

Stephen Johnson, M.S, L.P.C, La Crosse County Human Services  
Geri Mulliner, R.N., Gundersen Lutheran Behavioral Health  
Robyn Ludlum, La Crosse County Human Services  
Mary Nelson, B.S.W., Logistics Health  
Robyn Pine, Community Member  
Matthew R. Poje, M.A., L.P.C., Logistics Health Inc.  
Jenny Root, B.S., CIRS, Great Rivers 211  
Nancy Schermerhorn, NAMI, AFSP – SE MN Chapter  
RJ Schlieue, B.S., Mental Health Advocate  
Lindsey Severson, COTA, Community Member  
Judy Shoultz, Community Member, Mental Health Coalition Board  
Matt Strittmater, La Crosse County Human Services

# SUICIDE PREVENTION SUMMIT | Program #72-14

September 14, 2011 | 8:30 a.m. – 4:30 p.m. | La Crosse Center South Hall – La Crosse, Wis.

Name: \_\_\_\_\_

Employer/Organization \_\_\_\_\_

Occupation \_\_\_\_\_

Address: \_\_\_\_\_

(Employer or Home – circle one)

City: \_\_\_\_\_ State/Prov.: \_\_\_\_\_ Zip/Postal: \_\_\_\_\_

Daytime Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

E-mail address: \_\_\_\_\_

## Registration Fee: \$75 (includes lunch and refreshments)

### Please select the group which most accurately reflects your involvement with Suicide Prevention:

- Education and Student Services
- Advocacy and Community Groups
- Human Services, Therapists
- Law Enforcement/Courts
- Family and Survivors
- Faith Communities
- LGBTQ
- Communities of Color
- Research and Public Policy

### CE Hours/Units/Credits (Please select the one that applies):

- CE Credits for Psychologists
  - CEUs Only
  - National Board for Certified Counselors
- (Certificates can be collected at the conclusion of the conference, with the exception of CE credits for psychologists.)*

**Cancellation Policy:** Full refund less \$25 processing fee before August 30, 2011. No refunds on or after August 30. Substitutions will be accepted.

### METHOD OF PAYMENT:

\_\_\_ Check (made payable to UW-La Crosse) \_\_\_ MasterCard \_\_\_ Visa \_\_\_ American Express

\_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ / \_\_\_\_\_

Credit Card #

Exp. Date

Cardholder's signature \_\_\_\_\_

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