

# The Lattice

VOLUME 7, ISSUE 1

FALL 2012

## Director's Corner

Collaboration is at the core of public health activity. It reflects a way to increase capacity while involving others in essential actions like needs and capacity assessments, planning, implementation, and evaluation efforts. Collaboration goes to the heart of community-based participatory research (CBPR) as we attempt to establish equal partnerships in the research process between experienced researchers and community members. Collaboration also can be a cornerstone for professional development opportunities such as the *2013 Wisconsin Health Education Network (WHEN) Annual Meeting* on April 19, 2013 at the Marriott Madison West which will focus on *Roles and Responsibilities of*

*Health and Helping Professionals in Collaboration, Partnership, and Sustainability for Prevention and Health Promotion*. Collaboration is such an essential approach that the Institute of Medicine (IOM) in its 2012 report, *Primary Care and Public Health: Exploring Integration to Improve Population Health*, has stated that "new opportunities are emerging for bringing the sectors together in ways that will yield substantial and lasting improvements in the health of individuals, communities, and populations....core principles include a common goal of improving population health, as well as involving the community in defining and addressing its needs." It is becoming quite clear that mutual benefits emerge when we work in collabo-

ration with others. Today more than ever we need to seek sustainable bridge-building opportunities for ongoing population health enhancement. Those engaged in the teaching-learning processes within our public health and community health programs, along with those influenced by our graduates, inherently value this perspective.

G.D. Gilmore, MPH, Ph.D.,  
MCHES, Professor and Director



## Candidate Spotlight: *Lindsay Engh*

Lindsay was born and raised in La Crosse, which is also where she received her Bachelor of Science in Exercise and Sport Science. After college she moved to San Diego to work at Scripps Center for Executive Health as an exercise physiologist. She also worked in a cardiologist's office and at Harmony Grove; an outpatient program for women recovering from eating disorders. Then she worked for the U.S. Government as a ski instructor in

Garmisch-Partenkirchen, Germany. She is a Masters in Public Health candidate at the University of Wisconsin at La Crosse. She currently holds a position as a patient service specialist/Global Partners intern at Gundersen Lutheran Hospital-La Crosse.

Lindsay completed her preceptorship this summer with Gundersen Lutheran Global Partners; She went to Nicaragua and Pine Ridge, South Dakota. After graduation she is hoping to pursue a career in

women's/maternal health and/or sexual health promotion with an international organization.



**Lindsay Engh, (MPH), B.S.**  
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## Candidate Spotlight: *Darren Knox*

Darren Knox was also born and raised in La Crosse and he is a graduate of the University of Wisconsin-Madison with a bachelor of business administration degree with concentrations in finance, investments and banking.

Darren is a Masters in Public Health candidate at the University of Wisconsin at La Crosse.

Darren has assisted children with developmental disorders at Childa; a challenging yet rewarding experience. In 2010 he became certified as a nursing assistant (CNA). Over the past year he has worked as a resident aide at Village Apartments, an assisted living home affiliated with Mayo Clinic Health System-

Franciscan Healthcare-La Crosse.

Darren has also been involved in many unpaid activities as well, but cherishes one above the others. He was a member of the University of Wisconsin-Madison Marching Band drumline where he developed many personal skills and traits that allows him to work well as a member of a team.

Darren plans to become a physician in the near future. Preventing diseases and injuries is directly tied to the specialties he is considering such as family medicine, emergency medicine, and occupational medicine.

Darren stated that the amount of money that people of the United States pay for health care is on an unsustainable trajectory

due, in part, to a rise in chronic diseases. He quickly learned that we can increase a person's quality of life and ease the future burden of these costs by investing in community-wide efforts to prevent diseases today.



**Darren Knox, (MPH), B.B.A.**  
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## The Seventh Lattice Editor: Mandi Hoppa (2012)

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#### MPH-CHE Mission Statement

The mission of the MPH-CHE graduate program at the University of Wisconsin-La Crosse is to prepare professionals, using advanced-level health education competencies and public health core areas, who will address quality of life enhancement through health education and health promotion, being mindful of the holistic, dynamic and interdependent nature of people and their interactions within the environment.



**Cass St. Bridge  
La Crosse, WI**