**HUMAN PERFORMANCE PROGRAM**

**UNIVERSITY OF WISCONSIN-LA CROSSE**

 **GRADUATE ASSISTANTSHIP APPLICATION**

**DEADLINES: *Applications and references must be received by Feb 1st or by the 1st of each month thereafter until all positions are filled.***

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Name:** |       |  |       |  |       |  | **Sex:** |  | M [ ]  | F [ ]  |
|  | First |  | Middle |  | Last |  |  |  |  |  |

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Permanent Address:** |       |  |       |  |    |  |       |  |       |  |       |
|  | Street & Number |  | City |  | State |  | Zip |  | Phone |  | Email |
|  |  |  |  |  |  |  |  |  |  |  |  |
| **Local Address:** |       |  |       |  |    |  |       |  |       |  |       |
|  | Street & Number |  | City |  | State |  | Zip |  | Phone |  | Email |

|  |  |  |  |
| --- | --- | --- | --- |
| List state you are a legal resident of: |       | List country of citizenship: |       |

|  |  |  |  |
| --- | --- | --- | --- |
| List final undergraduate grade point average (GPA): |       | Graduate grade point average (GPA): |       |

**NOTE**: **To qualify for an assistantship you must be unconditionally admitted to the Human Performance graduate program.**

Carefully read the GA job positions described below. Rank your choices by writing in a number (1=highest, 2=lowest). Align your selections with your expertise areas and educational goals.

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|  |  |  |
|  Anatomy/Physiology Laboratory |  Sports Performance Center Administration |  |
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**Anatomy/Physiology Lab**: Set-up equipment, prepare practical lab quizzes, organize and maintain the laboratory and assist primary lab instructor with various lab activities including cadaver work in anatomy and physiology of exercise labs. Also may be asked to teach ESS 100 activity class per semester depending on needs of the department. Applicants should have a strong A & P background and feel comfortable with sharing their knowledge of the material. Opportunities may be available to teach specific unit(s) based on desire and need of the instructor. Those with experience in athletic training or those accepted into the Human Performance program are preferred. Mr. Scott Doberstein; (608) 785-8195; Email: sdoberstein@uwlax.edu

**Sports Performance Center Administration**: Serve as a staff member of the Sports Performance Program and perform duties including: supervision of athletes training programs, organizing testing and programming for athletic teams, leadership of undergraduate and graduate student volunteers. Other duties as assigned by Sports Performance staff. These individuals will also be expected to teach one ESS 100 level course per semester. To be eligible for this position the applicant must be accepted into the ESS-Human Performance Graduate Program and have experience in strength training with preference going to experience (i.e. volunteer, paid, internship) working in a sports performance environment. Prefer Exercise Science or related undergraduate degree, certification in strength and conditioning (CSCS, CSCCA), and CPR certification.

Dr. Glenn Wright; (608) 785-8689; Email: gwright@uwlax.edu

**LIST RELATED PROFESSIONAL EXPERIENCES (PAID AND VOLUNTEER) STARTING WITH THE MOST RECENT:**

|  |  |  |  |
| --- | --- | --- | --- |
| Employer | Location | Duties/Roles | Dates of Experience |
|       |       |       |       |
|       |       |       |       |
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|       |       |       |       |
|       |       |       |       |

**LIST NAMES OF ORGANIZATIONS IN WHICH YOU HOLD CURRENT PROFESSIONAL/STUDENT MEMBERSHIPS:**

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|       |
|       |
|       |
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**PROFESSIONAL GOAL STATEMENT (THIS MUST BE TYPED)**

In the space provided below, please describe your academic plans and career goals. Be specific about the UW-L graduate program you plan to pursue.

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**TEACHING/PROFESSIONAL COMPETENCY**

To assist us in making the best possible use of your teaching skills and/or professional knowledge, rate those items below that you have some degree of knowledge/skill in (1 = considerable knowledge; 2 = adequate knowledge; 3 = minimal knowledge; leave blank = no expertise).

|  |  |  |
| --- | --- | --- |
| ***Experience working in related academic fields*** Literacy***Children and youth work*** Birth to five Elementary Middle School Secondary School | ***Other work experiences*** Computer and Instructional Technology Grant Writing Research Work Teaching Experience Administrative Experience |  Other (Specify)       Other (Specify)       Other (Specify)       |

|  |  |  |
| --- | --- | --- |
| **Activity** Aerobics Backpacking/Camping Badminton Basketball Bicycling Bowling Canoeing Fishing (Spin & Fly) Fitness Walking Hip Hop Dancing Golf In-line Skating Jogging/Running |  **Activity** Lifeguard Training/WSI Martial Arts Orienteering Physical Fitness Racquetball Rock Climbing/Rapelling Self Defense Skiing (Downhill) Skiing (Cross Country) Snow Boarding Soccer Social Dance Softball |  **Activity** Strength Training Swim Fitness Swimming Tennis Triathlon Training Volleyball Water Aerobics/Exercise Yoga Other (Specify)       Other (Specify)      ***Lecture/Activity*** First Aid/Emergency Care Leisure Lifestyle Education |

**PROFESSIONAL REFERENCES FOR GRADUATE ASSISTANTSHIP**

List contact information for three persons who can provide support for your ability to *perform duties required* for your **specific assistantship position.** *It is your responsibility to check with references to be certain they are able and willing to be contacted for information about your experience.* The references may or may not be the same academic references used to apply to the Human Performance graduate program.

|  |  |  |  |
| --- | --- | --- | --- |
| **Name** | **Position** | **Email Address** | **Work Phone** |
| **1)**  |  |  |  |
| **2)** |  |  |  |
| **3)** |  |  |  |

**PROFESSIONAL CERTIFICATIONS**

Check the current certifications you hold. Record the expiration dates next to each certification checked.

|  |  |
| --- | --- |
| **[ ]** Teacher Certification      **[ ]** Cross-Categorical Spec. Education       (Specify)      **[ ]** Adapted Aquatics Instructor      **[ ]** Adapted Fitness Instructor      **[ ]** American College of Sports Medicine Specify types(s)      **[ ]** Aquatics Facility Operator      **[ ]** Certified Leisure Associate      **[ ]** Certified Leisure Professional      **[ ]** Certified Health Education Specialist      **[ ]** Community Cardiopulmonary Resuscitation Instructor      **[ ]** First Aid Certification       | **[ ]** International Fitness Dance Assoc      **[ ]** International Dance Exercise Association      **[ ]** Lifeguard Training      **[ ]** National Athletic Training Association      **[ ]** USA Weightliftiing      **[ ]** National Strength and Conditioning Association (C.S.C.S.)      **[ ]** NCTRC-Certified Therapeutic RecreationSpecialist      **[ ]** Physical Education Teaching Certification/Licensure Specify state(s) and grade level(s)      **[ ]** Water Safety Instructor      **[ ]** Others (Specify)       |

## POLICIES REGULATING GRADUATE ASSISTANTSHIPS

1. Decisions regarding graduate assistantship awards are made only after the applicant has been unconditionally admitted to the UW-L Human Performance graduate program. Unconditional admission requires a minimum overall undergraduate GPA of 2.85 on a four-point scale, a GPA of at least 3.0 in the last half of all undergraduate work, or a GPA of at least 3.0 for no less than 12 semester credits of graduate study at an accredited graduate school. Graduate assistant applicants who are currently enrolled must have achieved the status of "unconditional admittance." Students admitted on probation or placed on probation while at UW-L are not eligible for graduate assistantships.

2. Graduate assistantships involve 14 to 20 hours of weekly professional responsibilities. Assistants with 33% appointments work about 14 hours per week; those with 50% appointments work about 20 hours per week.

3. Remuneration for graduate assistantships is income and is taxable as such. The current stipend for assistants with 33% appointments for the academic year (9 months). Graduate assistants receive a monthly paycheck. Health fringe benefits are also part of the assistantship award.

4. Incidental and other fees must be paid by the graduate assistant.

5. The out-of-state portion of tuition for graduate assistants with Minnesota residency is waived. Minnesota residents must make appropriate application under the reciprocity agreement. A limited number of out-of-state tuition waivers are available to students from states other than Wisconsin and Minnesota. These waivers are awarded by Departments on a case-by-case basis. All students, including those awarded out-of-state waivers, pay in-state tuition.

6. Graduate assistants must carry no fewer than nine semester credits of graduate coursework during each semester of the academic year.

7. You may submit the Human Performance Graduate Assistantship Application as soon as your Application for Graduate Admission is submitted. These are two separate applications. You may reapply for a graduate assistantship each year.

8. The deadline for submission of the assistantship application is Feb 1st of each year, or by the 1st of each month thereafter until all positions are filled.

**ELIGIBILITY STEPS - Three steps** must be completed to become eligible for a Graduate Assistantship:

1. Submit the UW-L Application for Graduate Admission to the UW-L Admission's Office

2. Receive unconditional acceptance into the Human Performance graduate program

3. Submit this Graduate Assistantship Application including the contact information of 3 references.

**Steps 1 and 3 should occur simultaneously.** A graduate assistantship is only awarded after receiving "unconditional admittance" by both the university and the Human Performance program.

**\*International Education students must send all application materials directly to the Office of International Education, 1209 Centennial Hall (608-785-8016; Email: international@uwlax.edu)**

A UW-L Graduate Admission Application may be obtained from:

Graduate Admissions Office

University of Wisconsin-La Crosse

2320 Student Union

La Crosse, WI 54601

(Phone 608/785-8939)

Email: [Admissions@uwlax.edu](http://www.uwlax.edu/sah/ess/Karen%20McLean/Local%20Settings/Temporary%20Internet%20Files/OLK4/Admissions%40uwlax.edu)