

AT-RISK CHILD & YOUTH CARE MINOR CHECKSHEET

Number of credits = 30 (fewer for most majors)

Psych Majors – 12 credits may count in both your major and minor

Therapeutic Recreation Majors – 10 Credits may count in both your major and minor

All other majors – 6 credits may count in both your major and minor

Check off if course is completed; *prerequisite courses are listed in italics below the course option*

CATEGORY 1: Required Core Courses (9 credits required)

- CYC 210 Overview of Child Youth Care (3)
PSY 212 or 210 & sophomore standing
- CYC 450 Internship in Child/Youth Care** (3*)
OR List Options _____
CYC 210 & 2.25 cumulative GPA
- CYC 495 Capstone in Child Youth Care (3)
CYC 210, junior standing & 18 credits of CYC coursework

*Repeatable up to 6 credits

**Can also be satisfied by other departmental internships with a Child Youth Care component – CEI 450, HED 495/498, (if done with pediatric population), CST 450, PSY 450, REC 450, RTH 498, SOC 450 if it has a vulnerable-at risk child/youth focus.

CATEGORY 2: Human Development (6 credits required)

- Completed
Human Development (3 credits required)
 - PSY 212 Lifespan Development (3)
OR Psychology Majors
 - PSY 210 Developmental Psychology (3)
PSY 100
- Special Populations Development (3 credits required)
 - PSY 355 (Infancy and E.C.), 356 (School-Age), or 357 (Adolescence) (3)
PSY 100 & PSY 210 or 212

CATEGORY 3: FAMILY DYNAMICS (3 credits required)

- Completed
 - CST 336 Family Communication (3)
CST 190 and CST 230 (or by permission)
 - SOC 212 Marriage and Family (3) *None*

CATEGORY 4: Vulnerable & At-Risk Youth (9 credits)

- Completed
Required
 - CYC 310 Social Policy for Children & Families (3)
CYC 210
- Vulnerable & At-Risk Youth (6 credits)
-Elect courses from at least two different subcategories 1-4
 1. Alcohol and Drug Abuse:
 - HED 469 Drugs, Society, & Human Behavior (3)
BIO 103 or BIO 105
 - SOC 326 Sociopharmacology (3)
SOC 110, SOC 120, SOC 200 or ANT 101

2. Child Welfare:

- HED 207 Youth Health Issues (3) *None*
- HED 417 Understanding Child Abuse (1) *None*
- HED 422 Sexual Abuse of Children (1) *None*
- RTH 330 Therapeutic Rec. and Mental Health (2)
RTH 250, RTH 326 or RTH 327
- RTH 400 Child Life Theory and Practice (3)
PSY 210, PSY 212, CYC 210, required for Child Life internship
- RTH 401 Child Life Facilitation of Psy. Support (2)
PSY 210, PSY 212, CYC 210, required for Child Life internship
- WGS 376 Childhood in the United States (3) *None*

3. Disabilities:

- ESS 231 Introduction to Adapted P.E. (3)
ESS 207, ESS 225, or concurrent enrollment

4. Mental Health & Youth At-Risk:

- HED 345 Issues in Emotional Health (3) *HED 205*
- HED 425 Violence and Injury Prevention (3) *Junior*
- PSY 417 Child and Adolescent Psychopathology (3)
PSY 210 or 212, and PSY 304
- RTH 333 Therapeutic Recreation & Corrections (2)
RTH 250 or RTH 325
- SOC 321 Delinquency (3)
SOC 110, SOC 120, SOC 200, or ANT 101
- SOC 324 Criminal Justice (3)
SOC 110, SOC 120, SOC 200, or ANT 101

CATEGORY 5: Application Skills (3 credits required)

- Completed
 - CST 230 Interpersonal Communication (3) *CST 110*
 - CST 330 Nonverbal Communication (3) *CST 190*
 - CST 354 Health Communication (3) *CST 110*
- Only one of the following:
 - CST 365 Communication in Teams (3) *CST 110*
 - PSY 343 Group Dynamics (3) *PSY 100 or SOC 110*
 - SOC 334 Sociology of Small Groups (3)
SOC 110, SOC 120, SOC 200, ANT 101
 - CST 380 Communicating Leadership (3) *CST 190*
 - PSY 347 Empathic Listening Skills (3)
PSY 100 and second standing sophomore standing
 - PSY 401 Behavior Modification (3) *PSY 100, PSY 212*
 - REC 207 Experiential Ed.: Intro to a Ropes Course (1)
 - RTH 470 Facilitation Techniques in T.R. (3)
MTH 145, RTH 326 or RTH 327, RTH 456 or enrolled
 - RTH 474 Exp. Facilitation Tech. for a Ropes Course (3)
Statement of health & complete a risk/waiver
 - RTH 483 Leisure Counseling in T.R. (3) *RTH 470, RTH 480*