

UNIVERSITY OF WISCONSIN PHYSICAL THERAPY CONSORTIUM
University of Wisconsin – La Crosse Physical Therapy Program

PT 751: Fieldwork: General Practice

Summer 2008

2 credits

Day/Time: Fulltime clinical experience

Location: Off campus clinical experience as assigned

Instructor: Tanya Grabinski PT, MHS, PCS

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Course Prerequisites:

- Successful completion of first three semesters of Physical Therapy Program didactic coursework.
- Enrolled in good standing in the Physical Therapy Program.
- Functioning at the developing level of academic professional behaviors.
- The instructor reserves the right to require additional learning experiences, additional readings, etc, as deemed necessary prior to allowing the student to begin this internship.

Course Description: The student will be assigned to a clinically based learning experience where they will be allowed to practice basic skill acquisition in real time. Fieldwork placements will be with a general practitioner/clinical instructor (CI). Consistent with the services that may be provided in a general practice, students may be expected to provide pediatric care, home care, extended care facility coverage, acute care and outpatient orthopedic coverage for less complicated patients.

Course Goals and Objectives: Students will:

1. Practice in a safe manner (CPI skill 1); (CC-5.2)
2. Adheres to legal practice standards (CPI skills 5) (CC-5.1)

3. Demonstrate professional behavior (CPI skills 2, 3 & 4): (CC-5.11)
 - a. Abides by facility policy and procedures (CC-5.1)
 - b. Accepts responsibility for own actions (CC-5.4; CC-5.14))
 - c. Respects confidentiality of patients (CC-5.3)
 - d. Maintains professional appearance (CC-5.11)
 - e. Identifies need for further learning (CC-5.12)
 - f. Raises relevant questions with clinical instructor in an appropriate manner (CC-5.20)
4. Be able to apply supervised patient/client management procedures:
 - a. Treatment:
 - i. Practice examination procedures such as range of motion, strength, balance, coordination, palpation, gait and posture (CPI skill 11) (CC-5.30)
 - ii. Demonstrate skill in handling patients in a safe and effective including acting in the patient's best interest regarding patient's physiologic response to treatment (CPI skill 1) (CC-5.39)
 - iii. Apply basic exercise procedures in a safe and effective manner, appreciating the rationale for use (CPI skills 9 & 14) (CC-5.39, a)
 - b. Where available:
 - i. Practice the application of physical agents in a safe and effective manner, appreciating the rationale for use (CPI skill 14) (CC-5.39, i)
 - ii. Demonstrate skill in the treatment of wounds understanding the healing process and sterile technique (CPI skill 14) (CC-5.39, g)
5. Apply knowledge of communication skills in the clinical setting (CPI skills 6 & 7) (CC-5.17)
 - a. Be aware of own body language.
 - b. Documentation will be legible, grammatically correct, accurate and concise.
 - c. Be an active listener.
 - d. Actively seek feedback.
 - e. Be aware of other's non-verbal communication.
 - f. Communicate informally with patient.
6. Accurately self-assess their clinical performance after seeking feedback from other students, clinical staff and patients (CPI skill 23). (CC-5.12)
7. Value curricular threads of: Professional behaviors; life span; cultural competence (CC-5.11, CC-5.18)

Instructional Methods: Course will utilize experiential learning under the supervision of a Physical Therapist clinical instructor, self-assessment, reflective journaling and clinical instructor feedback. Students will participate in D2L discussions and utilize D2L resources.

All clinical education course materials can be located on the program's clinical education web link: http://www.uwlax.edu/pt/clinical_education.htm

Course Content:

- Course expectations
- Legal guidelines and clinical conduct
- Off-campus experiential learning assignment to a general practice clinical setting
- Participation in a debriefing session following return to campus

Regarding Disabilities:

AMERICAN WITH DISABILITIES ACT:

- Any student with a documented disability (e.g., physical, learning, psychiatric, vision, or hearing, etc.) who needs to arrange reasonable accommodations must contact the instructor and the Disability Resource Services office (165 Murphy Library 785-6900) at the beginning of the semester.
- If a student thinks they have a need for reasonable accommodations but have not completed an evaluation to have their needs documented, please access the Disability Resource Services office (165 Murphy Library 785-6900) for consultation.
- Students who are currently using the Disability Resource Services office will have a copy of a contract that verifies they are qualified students with disabilities who have documentation on file in the Disability Resource Services office.

Course Evaluation:

Grading: Course will be pass/fail based on attendance, completion of all assignments, and clinical instructor feedback.

Required Texts:

1. Functional Outcomes: Documentation for Rehabilitation, by Lori Quinn and James Gordon, Saunders. ISBN 0-7216-8947-7
2. Guide to Physical Therapist Practice, 2nd Ed. American Physical Therapy Association, 2001.

Recommended Texts:

Tabors Medical Encyclopedia
Any medical dictionary

Course, Department and Program Policies:

All policies as stated in the Physical Therapy Clinical Education Student Handbook will be observed in this course.

Course Assignments:

1. Clinical Performance Assessment completed by the CI using the *Physical Therapy Student Clinical Performance Instrument (CPI)*
 - Obtain 100% of entry-level status in performance areas 1-5 (red flag items).
 - Obtain at least 35% entry-level competency in performance areas 6, 7, 9, 11, 14, & 23.
2. Demonstrate professional behavior at the developmental level on 50% of the behavioral criteria using the *PT-specific Generic Abilities Assessment Tool*.
3. Completion of the following assignments:
 1. Meaningful contributions to web-based discussion forums (frequency consistent with needs and interests of the student)

2. Submit 3 weekly planning sheets with both student and CI comments regarding progress and future plans to D2L drop box sites. Sheets may also be faxed to 608-785-8460.
3. Keep a reflective journal on clinical experience.
4. Keep a patient treatment log (optional)
5. Ongoing self-assessment:
 - a. *PT- specific Generic Abilities form* (student will retain tool for future use).
 - b. Construction of a professional development action plan using the *Student Summary on Generic Abilities form*.
 - c. Clinical Performance Instrument (CPI) completed by the student.
6. Conference with your Instructor of Record at least once during the 4-week course, either at the clinical education site, by email, D2L communication and/or telephone.
7. Conference with the CI upon completion of the fieldwork experience where the following events take place:
 - Student and CI compare/contrast their *CPI* and *PT-specific generic-abilities* assessments of the student's performance.
 - Student and CI discuss all differences between their respective assessments seeking clarification using the following format:
 - Student will provide examples of typical patient/clinic experiences to support their assessment
 - Student will support assessment with data obtained from any/all of the following sources:
 - Patient (verbal/non-verbal/patient outcomes)
 - Clinical instructor
 - Student (confidence, ease of completion; efficiency; confidence, etc.)
 - Other staff/sources of information
8. Student generated evaluation of the facility, the learning experience and the clinical instructor to be shared with the Center Coordinator for Clinical Education (CCCE) and/or their CI.

Hand in items #3, #4, #5 a, b, c and #8 to the Instructor of Record in an envelop by 9/3/08.

Course Requirements:

1. Submit completed "yellow card" to their assigned instructor of record following first day of their clinical assignment to ensure ease in communication between the PT program, the student and the CI.
2. Correspondence with facility immediately upon receiving this assignment as well as 2-3 weeks prior to student arrival (see details below).

3. Prepare at least four learning objectives prior to the first day of the affiliation requiring clinical instructor review and approval.
4. Students are responsible for their own transportation and lodging.
5. Students are encouraged to have a comprehensive physical examination prior to beginning their internships. A departmental form is available for physician use upon request.
6. Students are responsible for fees for services rendered should they become ill and require medical attention and are therefore advised to secure health insurance coverage. Evidence of immunization on file with the Physical Therapy Program and available for facility inspection (see details below).
7. CPR certification (adult and infant) at the basic life support level.
8. View the blood-borne pathogens video and review accompanying handout prior to first day of internship.
9. Students are expected to follow all policies and procedures of their assigned facility.
10. Follow the schedule provided by the assigned facility.
11. All students are expected to carry professional liability insurance in addition to the university's umbrella policy. This policy is purchased by students as part of their course fees and available for review upon request.
12. Dress Code: Student must follow the dress code of the facility at all times. Hair should be controlled and a suitable length. Intern should appear neat and clean. Nails should be trimmed and short with no polish. Jewelry should be kept to a minimum. Name pins must be worn at all times. It is the intern's responsibility to find out the dress code at the facility to which you are assigned. The information is on file in the Clinical Education Resource Room (5176/80 MSC or 5092 HSC) or contact the facility's physical therapy CCCE.
13. Attendance policy: Interns are expected to be in attendance during usual clinic hours and to adhere to the schedule of their clinical instructor unless instructed otherwise by the facility (at least 40 hours/week). If a student is ill, s/he must notify the CI and DCE. Arrangements to make up for time off for illness should be made between the CI and the student, with intervention by the DCE only as needed. Interns are strongly discouraged from having outside jobs during their fieldwork experiences.

Student Correspondence with the Facility:

Communicate in writing with assigned facility on two separate occasions:

1. Immediately upon receiving the assignment from the DCE send a cover letter to:
 - o acknowledge the assignment.
 - o open the lines of communication with the CI.
 - o introduce self to the CCCE.
 - o clarify expectations associated with the assignment.
2. Four weeks prior to arrival, send a second cover letter:
 - o include intern personal data sheet.
 - o include learning objectives.
 - o offer information about housing, arrival time, etc.
 - o assist the CI with planning by clarifying student's learning style, summary of strengths and weaknesses and skill level using the self-assessment form.
3. Any questions you may have for your upcoming CI may be handled over the phone or e-mail to ensure a timely response. This however is not to take the place of the above written correspondence.

Immunizations:

All students are required to have a copy of their immunization records on file with the DCE and available for facility inspection. Immunization records must include:

- Proof of immunity by titer level for measles, mumps, rubella, Hepatitis B and varicella.
- Tetanus/Diphtheria: with evidence of a tetanus booster in the last 10 years.
- Proof of two negative 2 step TB tests within 12 months of the start of the student's clinical experience.
- Polio vaccine.

Communication with the School:

The DCE will interview each student once during this fieldwork experience. The interview may include communication with the student's clinical instructor. It is the student's responsibility to contact the DCE immediately if there are concerns about how the affiliation is progressing.

Course Schedule: 4 fulltime weeks extending from August 4 – August 29, 2008.