

UNIVERSITY OF WISCONSIN PHYSICAL THERAPY CONSORTIUM
University of Wisconsin – La Crosse Physical Therapy Program

PT 852: Internship II

Fall 2011

6 credits

Day/Time: Fulltime clinical experience

Location: Off campus clinical experience as assigned

Academic Instructors of Record:

Tanya Grabinski, PT, MHS, PCS	608-785-5072	tgrabinski@uwlax.edu
Gwyneth Straker, PT, MS	608-785-8475	gstraker@uwlax.edu

- Health Professions Department office: 4032 HSC; 785-8474
- Office Hours: Students will have access to instructor as needed by telephone, email, or scheduled site visits.

Course Prerequisites:

- Consent of Instructor
- Successful completion of PTS 851.
- Enrolled in good standing in the Physical Therapy Program.
- Functioning at 50% entry-level of clinical professional behaviors as confirmed by 851 instructor of record.
- The instructor reserves the right to require additional learning experiences, additional readings, reflective journaling, action plans, etc, as deemed necessary prior to allowing the student to begin this internship.

Course Description: This internship is the second in a series of three required experiences whereby the student is assigned to a clinical facility/physical therapist. Students will be provided sufficient practice to become competent in physical therapy consistent with all performance criteria in *The Clinical Performance Instrument*. Clinical opportunities will be representative of settings where physical therapy is routinely practiced such as but not limited to: acute care, rehabilitation centers, home-care, out-patient orthopedic settings, pediatric sites, skilled nursing facilities and sports medicine clinics. The collective outcome of all three 12-week terminal internships will encompass patient experiences that ensure students are competent with management of patients across the life span and across the continuum of care. The patient management model will be applied to individuals with musculoskeletal, neuromuscular, cardiovascular, pulmonary and integument problems.

Course Goals and Objectives:

Students will:

1. Obtain “**entry-level performance**” ratings on all performance criteria assessed in the **Clinical Performance Instrument**.
2. Perform at entry-level status on 75% of entry-level behavioral criteria described in the **Professional Behaviors Assessment Tool** as determined by the Academic Instructor of Record.
3. Render clinical decisions that are: **effective, efficient, culturally competent, and evidence-based**. (CC-5. 5.19)
4. Obtain entry level competency **regarding the physical therapy management model** for patients with musculoskeletal, neuromuscular, cardiopulmonary and/or integumentary problems. (CC-5.27, 5.28., 5.29, 5.30, 5.31, 5.32, 5.33, 5.34, 5.35, 5.36, 5.37, 5.38, 5.39)
5. **Value self-assessment** of clinical performance by seeking feedback from other students, clinical staff and patients. (CC-5.12)
6. Assume responsibility for individual professional development by demonstrating **initiative** within the clinical learning environment.
7. Work effectively as a **member of an interdisciplinary team**. (CC-5.17)
8. Utilize the **physical therapist assistant** consistent with their abilities, the client’s needs, and jurisdictional law. (CC-5.40)
9. Engage in **reflective** practice. (CC-5.12; CC-5.14)
10. Adhere to **ethical and legal standards**. (CC-5.2)
11. Adhere to **facility policy and procedures**. (CC-5.1)
12. Value course threads of: *Professionalism; Contemporary practice; Diversity and cultural competence; Evidence-based practice; Life Span*. (CC-5.11, CC-5.518, CC-5.23)

Instructional Methods: Course will utilize experiential learning under the supervision of a Physical Therapist clinical instructor and guidance of the Academic Instructor of Record.

Course Content:

1. Course expectations reviewed prior to leaving campus
2. Legal guidelines and clinical conduct as expectations will be reviewed.
3. Off-campus experiential learning at varied settings/patient populations.
4. Course discussions using D2L

Please note the following:

1. The above schedule and procedures in this course are subject to change in the event of extenuating circumstances.

2. CHEATING: Please reference the Eagle Eye site for institutional policies regarding cheating. <http://www.uwlax.edu/StudentLife/main2.html>. Academic misconduct is an act in which a student:

- Seeks to claim credit for the work or efforts of another without authorization or citation;

- Uses unauthorized materials or fabricated data in any academic exercise;
- Forges or falsifies academic documents or records;
- Intentionally impedes or damages the academic work of others;
- Engages in conduct aimed at making false representation of a student's academic performance;
- Assists other students in any of these acts.

Regarding Disabilities:

AMERICAN WITH DISABILITIES ACT:

- Any student with a documented disability (e.g., physical, learning, psychiatric, vision, or hearing, etc.) who needs to arrange reasonable accommodations must contact the instructor and the Disability Resource Services Office (165 Murphy Library) at the beginning of the semester. Students who are currently using Disability Resource Services will have a copy of a contract that verifies they are qualified students with disabilities who have documentation on file in the Disability Resource Service Office.
- If a student thinks they have a need for reasonable accommodations but have not completed an evaluation to have their needs documented, please access the Disability Resource Services office (165 Murphy Library 785-6900) for consultation.

Course Evaluation:

Grading:

Course will be pass/fail based on attendance, meeting course objectives, adhering to all course requirements, completing all course assignments, clinical instructor feedback and academic instructor of record. Awarding the grade is the responsibility of the Academic Instructor of Record for the course. The role of the clinical instructor is advisory only.

The ***Professional Behaviors*** level of performance for this course will be determined by use of student self-assessment, anecdotal records compiled by assigned academic faculty, comments from the CI as well as comments on the CPI.

Required Text: Guide to Physical Therapist Practice, 2nd Ed. American Physical Therapy Association, 2001

Recommended Texts:

- Tabors Medical Encyclopedia
- Any medical dictionary
- Merck's Manual
- Physician's Desk Reference
- Acute Care Handbook for Physical Therapists
- Mosby's Field Guide to Physical Therapy
- Patient population specific textbooks

Course, Department and Program Policies:

All policies as stated in the *Physical Therapy Clinical Education Student Handbook* posted on the clinical education website will be observed in this course.

All course materials can be located on the clinical education web link:

http://www.uwlax.edu/pt/clinical_education.htm

Course Assignments:

1. Clinical Performance Assessment completed electronically by the CI. Students are expected to receive a rating of "Entry-level Performance" in all 18 performance areas using the *Physical Therapy Student Clinical Performance Instrument (CPI)*.
2. Clinical Performance Instrument (CPI) completed electronically by the student.
3. Student/CI developed weekly planning sheets: Weekly submission will only be expected during the first 5 weeks of the internship to ensure the forms are being used in a meaningful fashion and to increase the likelihood that learning issues will be identified early. The use of the weekly planning sheets will become ***optional*** following the mid-term completion of the CPI. The academic instructor of record, in collaboration with the CI may require them beyond mid-term based on the student's performance.

Weekly planning sheets reflect the performance of the student for the week just completed. Goals are set at the end of each week for implementation in the upcoming week and goal attainment reviewed at the end of the week. Students should seek clarification from faculty if they are unclear on how to use this form properly. Students can fax forms or submit them via D2L drop box. Forms are to be submitted electronically no later than 6 pm local time each Friday during weeks 1-5 – NO EXCEPTIONS!

4. Conference between the Academic Instructor of Record at least once during the 12-week course, either at the clinical education site, electronically or by telephone.
5. Student conference with the CI upon completion of the fieldwork experience where the following events take place:
 - Clinical instructor provides student with summative assessment of their clinical performance relative to the CPI.
 - Student effectively listens to CI's constructive criticism and asks clarifying questions.
 - Student will seek clarification on all areas where student/CI disagrees regarding student's level of performance.

6. Student will complete the ***Physical Therapist Student Evaluation Electronic Surveys during the final week of their clinical assignment.*** The student is expected to provide the facility and the clinical instructor with meaningful feedback based on this evaluation during the student conference with their CI (see #5).

7. The following assignments may be required on an individual basis, consistent with the clinical instructor's expectations and/or developmental needs of the learner:

- Keep a reflective journal on clinical experience
- Use of bi-weekly planning sheets
- Student program planning flow sheet/action plan
- Professional Behaviors self-assessment forms
- Preparation and presentation of in-service to clinical staff
- Other assignments consistent with the needs of the learner as determined by the University or the clinical site.

Course Requirements:

1. Submit completed "yellow card" to the "drop Box" located on the clinical course D2L site. Yellow cards are a resource for faculty and ensure effective communication between the student, clinical instructor and academic program. Yellow cards are to be completed by the end of the first day or at some later date agreed upon with the Academic Instructor or Record.
2. **Students are responsible for staying up to date with all course communications through regular monitoring of the course D2L site.**
3. Correspondence with clinical facility immediately upon receiving this assignment as well as 4 weeks prior to student arrival (see details below).
4. Prepare at least six learning objectives prior to the first day of the affiliation requiring clinical instructor review and approval.
5. Students are responsible for their own transportation and lodging.
6. Students are encouraged to have a comprehensive physical examination prior to beginning their internships. A departmental form is available for physician use upon request.
7. Students are responsible for fees for services rendered should they become ill and require medical attention and are therefore advised to secure health insurance coverage. Evidence of immunization on file with the Physical Therapy Program and available for facility inspection (see details below).
8. CPR certification (adult and infant) at the basic life support level.
9. View the blood-borne pathogens & HIPAA videos and take the assessment quizzes prior to first day of internship. The video and quiz can be found on the clinical education D2L site
10. Students are expected to become familiar with the Practice Act of the state where they will be completing their internship.
11. Students are expected to follow all policies and procedures of their assigned facility.
12. Follow the schedule provided by the assigned facility.

13. Carry professional liability insurance in addition to the university's umbrella policy. This policy has already been purchased on behalf of the students with course fees and a copy of the policy is available for review upon request.
14. Dress Code: Student must follow the dress code of the facility at all times. Hair should be controlled and a suitable length. Intern should appear neat and clean. Nails should be trimmed and short with no polish. Jewelry should be kept to a minimum. Name tags must be worn at all times. It is the intern's responsibility to find out the dress code at the facility to which you are assigned. The information is on file in the Clinical Education Resource Room or through contact with the facility's CCCE.
15. Attendance policy: Interns are expected to be in attendance during usual clinic hours and to adhere to the schedule of their clinical instructor unless instructed otherwise by the facility. If a student is ill, s/he must notify the CI and DCE. Arrangements to make up for time off for illness is at the discretion of the CI with intervention by the DCE only as needed. It is against PT program policy for students to ask for time off to interview, travel, attend family gatherings or weddings. Any requests for excused time off other than illness must be first cleared with the school before approaching the CI or the facility. Failure to adhere to this policy will be considered unprofessional.

Student Correspondence with the Facility:

Communicate in writing with assigned facility on two separate occasions:

1. Immediately upon receiving the assignment from the DCE send a cover letter to:
 - o acknowledge the assignment.
 - o open the lines of communication with the CI.
 - o introduce self to the CCCE.
 - o clarify expectations associated with the assignment.
2. Four weeks prior to arrival, send a second cover letter:
 - o include intern personal data sheet.
 - o include learning objectives.
 - o offer information about housing, arrival time, etc.
 - o assist the CI with planning by clarifying student's learning style, summary of strengths and weaknesses and skill level using the self-assessment form.
3. Any questions you may have for your upcoming CI may be handled over the phone or e-mail to ensure a timely response. However, this is not to take the place of the above written correspondence.

Immunizations:

All students are required to have a copy of their immunization records on file with the DCE and available for facility inspection. Immunization records must include:

- o MMR: Provide proof of 2 MMR shots received after 15 months and received after 1/1/68 OR a MMR titer indicating immunization.
- o Tetanus/Diphtheria: with evidence of a tetanus booster in the last 10 years.
- o 2-step TB skin test or chest x-ray consistent with facility expectations but no later than the last 12 months.

- Immunization against Hepatitis B.
- Polio vaccine.

Communication with the School:

The Academic faculty of record will interview each student once during this fieldwork experience. A similar interview may or may not take place with the student's clinical instructor, based on need. It is the student's responsibility to contact the Academic Instructor of Record if there are concerns about how the affiliation is progressing.

Course Schedule: 12 fulltime weeks extending from 9/19/2011 to 12/09/2011. Dates may vary according to facility needs.