

UNIVERSITY OF WISCONSIN PHYSICAL THERAPY CONSORTIUM  
University of Wisconsin – La Crosse Physical Therapy Program

**STUDENT COPY**

**PT 853: Internship III**  
Spring 2010  
6 credits

**Day/Time:** Fulltime clinical experience

**Location:** Off campus clinical experience as assigned

**Instructors:** Gwyneth Straker PT, MS, & Michele Thorman DPT, MBA

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- Health Professions Department office: 4032 HSC; 785-8474
- Office Hours: Students will have access to instructor as needed by telephone, email, or scheduled site visits.

**Course Prerequisites:**

- Successful completion of PTS 852.
- Enrolled in good standing in the Physical Therapy Program.
- Functioning at Entry-level status on 75% of the behavioral criteria described in the *PT-specific Generic Abilities Assessment Tool*.
- The instructor reserves the right to require additional learning experiences, additional readings, reflective journaling, action plans, etc, as deemed necessary prior to allowing the student to begin this internship.

**Course Description:** This internship is the last in a series of three required experiences whereby the student is assigned to a clinical facility/physical therapist. Students will be provided sufficient practice to become competent in physical therapy consistent with all performance criteria in *The Clinical Performance Instrument*. Clinical opportunities will be representative of settings where physical therapy is routinely practiced such as but not limited to: acute care, rehabilitation centers, home-care, out-patient orthopedic settings, pediatric sites, skilled nursing facilities and sports medicine clinics. The collective outcome of all three 12-week terminal internships will encompass patient experiences that ensure students are competent with management of patients across the life span and across the continuum of care. The patient management model will be applied to individuals with musculoskeletal, neuromuscular, cardiovascular, pulmonary and integument problems.

### Course Goals and Objectives:

Students will:

1. Obtain **entry-level** on all performance criteria assessed in the Clinical Performance Instrument.
2. Perform at entry-level status on 100% of the behavioral criteria described in the **PT-specific Generic Abilities Assessment Tool**.
3. Render clinical decisions that are: **effective, efficient, culturally competent, and evidence-based**. (CC-5. 5.19)
4. Demonstrate **entry-level competence regarding physical therapy management model** for patients with musculoskeletal, neuromuscular, cardiopulmonary and/or integumentary problems. (CC-5.27, 5.28., 5.29, 5.30, 5.31, 5.32, 5.33, 5.34, 5.35, 5.36, 5.37, 5.38, 5.39)
5. **Value self-assessment** of clinical performance by seeking feedback from other students, clinical staff and patients. (CC-5.12)
6. Assume responsibility for individual professional development by demonstrating **initiative** within the clinical learning environment.
7. Work effectively as a **member of an interdisciplinary team**. (CC-5.17)
8. Utilize the **physical therapist assistant** consistent with their abilities, the client's needs, and jurisdictional law. (CC-5.40)
9. Engage in **reflective** practice. (CC-5.12; CC-5.14)
10. Adhere to **ethical and legal standards**. (CC-5.2)
11. Adhere to **facility policy and procedures**. (CC-5.1)
12. Value course threads of: *Professionalism; Contemporary practice; Diversity and cultural competence; Evidence-based practice; Life Span*. (CC-5.11, CC-5.518, CC-5.23)
13. **Present an analysis of practice (abbreviated case report) to clinical staff, fielding questions as appropriate.**

**Instructional Methods:** Course will utilize experiential learning under the supervision of a Physical Therapist clinical instructor and guidance of the Director of Clinical Education.

### Course Content:

1. Course expectations prior to leaving campus
2. Legal guidelines and clinical conduct expectations
3. Off-campus experiential learning at varied settings/patient populations.
4. Utilize D2L site for course discussions and staying current with courses/program expectations.

### Please note the following:

1. The above schedule and procedures in this course are subject to change in the event of extenuating circumstances.

2. CHEATING: Please reference the Eagle Eye site for institutional policies regarding cheating. <http://www.uwlax.edu/StudentLife/main2.html>. Academic misconduct is an act in which a student:

- Seeks to claim credit for the work or efforts of another without authorization or citation;
- Uses unauthorized materials or fabricated data in any academic exercise;
- Forges or falsifies academic documents or records;
- Intentionally impedes or damages the academic work of others;
- Engages in conduct aimed at making false representation of a student's academic performance;
- Assists other students in any of these acts.

### **Regarding Disabilities:**

#### **AMERICAN WITH DISABILITIES ACT:**

- Any student with a documented disability (e.g., physical, learning, psychiatric, vision, or hearing, etc.) who needs to arrange reasonable accommodations must contact the instructor and the Disability Resource Services Office (165 Murphy Library) at the beginning of the semester. Students who are currently using Disability Resource Services will have a copy of a contract that verifies they are qualified students with disabilities who have documentation on file in the Disability Resource Service Office.
- If a student thinks they have a need for reasonable accommodations but have not completed an evaluation to have their needs documented, please access the Disability Resource Services office (165 Murphy Library 785-6900) for consultation.

### **Course Evaluation:**

**Grading:** Course will be pass/fail based on attendance, following all course requirements, completing all course assignments, and clinical instructor feedback. Awarding the grade is the responsibility of the Instructor of Record for the course. The role of the clinical instructor is advisory only.

### **Required Texts:**

Guide to Physical Therapist Practice, 2<sup>nd</sup> Ed. American Physical Therapy Association, 2001.

### **Recommended Texts:**

1. Tabors Medical Encyclopedia
2. Any medical dictionary
3. Merck's Manual
4. Physician's Desk Reference

### **Course, Department and Program Policies:**

All policies as stated in the *Physical Therapy Clinical Education Student Handbook* will be observed in this course.

All course materials can be located on the clinical education web link:  
[http://www.uwlax.edu/pt/clinical\\_education.htm](http://www.uwlax.edu/pt/clinical_education.htm)

### Course Assignments:

1. Clinical Performance Assessment completed by the CI. Student is expected to receive a rating of “entry level” in all 18 performance areas using the *Physical Therapy Student Clinical Performance Instrument (CPI)*. **CPI instructions require the clinical instructor provide your assessment without knowledge of program rating expectations. Students are therefore instructed to treat rating expectations as confidential.**
2. Clinical Performance Instrument (CPI) completed by the student.
3. Conference between the Director of Clinical Education (DCE) at least once during the 12-week course, either at the clinical education site, electronically or by telephone.
4. Conference with the CI upon completion of the fieldwork experience where the following events take place:
  - Clinical instructor provides student with summative assessment of their clinical performance relative to the CPI.
  - Student effectively listens to CI constructive criticism and asks clarifying questions.
  - Student will seek clarification on all areas where student/CI disagree regarding student’s level of performance.
5. Student will complete the ***Physical Therapist Student Evaluation Form: Clinical Experience and Clinical Instruction***. The student is expected to provide the facility and the clinical instructor with meaningful feedback based on this evaluation.
6. Present case report (analysis of practice) to facility staff for critical appraisal. A form is attached to this syllabus for your convenience or through the D2L site for CI comment and signature.
7. The following assignments may be required on an individual basis, consistent with the clinical instructor’s expectations and/or developmental needs of the learner:
  - Keep a reflective journal on clinical experience
  - Keep a patient treatment log
  - Use of weekly or bi-weekly planning sheets
  - Student program planning flow sheet/action plan
  - Generic abilities self-assessment forms
  - Other assignments consistent with the needs of the learner

### Course Requirements:

1. Submit completed "yellow card" to their assigned instructor of record following first day of their clinical assignment to ensure ease in communication between the PT program, the student and the CI.
2. Students are responsible for staying up to date with course communications through regular monitoring of the course D2L site.
3. Correspondence with facility immediately upon receiving this assignment as well as 4 weeks prior to student arrival (see details below).
4. Prepare at least six learning objectives prior to the first day of the affiliation requiring clinical instructor review and approval.
5. Students are responsible for their own transportation and lodging.
6. Students are encouraged to have a comprehensive physical examination prior to beginning their internships. A departmental form is available for physician use upon request.
7. Students are responsible for fees for services rendered should they become ill and require medical attention and are therefore advised to secure health insurance coverage. Evidence of immunization on file with the Physical Therapy Program and available for facility inspection (see details below).
8. CPR certification (adult and infant) at the basic life support level.
9. View the blood-born pathogens video and review accompanying handout prior to first day of internship.
10. Students are expected to follow all policies and procedures of their assigned facility.
11. Follow the schedule provided by the assigned facility.
12. All students are expected to carry professional liability insurance in addition to the university's umbrella policy. This policy is purchased by students as part of their course fees and available for review upon request.
13. Dress Code: Student must follow the dress code of the facility at all times. Hair should be controlled and a suitable length. Intern should appear neat and clean. Nails should be trimmed and short with no polish. Jewelry should be kept to a minimum. Name pins must be worn at all times. It is the intern's responsibility to find out the dress code at the facility to which you are assigned. The information is on file in the Clinical Education Resource Room (5176/80 MSC or 5092 HSC) or contact the facility's physical therapy CCCE.
14. Attendance policy: Interns are expected to be in attendance during usual clinic hours and to adhere to the schedule of their clinical instructor unless instructed otherwise by the facility (at least 40 hours/week). If a student is ill, s/he must notify the CI and DCE. Arrangements to make up for time off for illness is at the discretion of the CI with intervention by the DCE only as needed.

#### Student Correspondence with the Facility:

Communicate in writing with assigned facility on two separate occasions:

1. Immediately upon receiving the assignment from the ACCE send a cover letter to:
  - acknowledge the assignment.
  - open the lines of communication with the CI.
  - introduce self to the CCCE.

- clarify expectations associated with the assignment.
2. Four weeks prior to arrival, send a second cover letter:
    - include intern personal data sheet.
    - include learning objectives.
    - offer information about housing, arrival time, etc.
    - assist the CI with planning by clarifying student's learning style, summary of strengths and weaknesses and skill level using the self-assessment form.
  3. Any questions you may have for your upcoming CI may be handled over the phone or e-mail to ensure a timely response. However, this is not to take the place of the above written correspondence.

#### Immunizations:

All students are required to have a copy of their immunization records on file with the DCE and available for facility inspection. Immunization records must include:

- MMR: Provide proof of 2 MMR shots received after 15 months and received after 1/1/68 OR a MMR titer indicating immunization.
- Tetanus/Diphtheria: with evidence of a tetanus booster in the last 10 years.
- 2-step TB skin test or chest x-ray consistent with facility expectations but no later than the last 6 months.
- Immunization against Hepatitis B.
- Polio vaccine.

#### Communication with the School:

The DCE will interview each student once during this fieldwork experience. The interview may include communication with the student's clinical instructor. It is the student's responsibility to contact the DCE immediately if there are concerns about how the affiliation is progressing.

**Course Schedule:** 12 fulltime weeks extending from 1/4/2010 to 3/26/2010. Dates may vary according to facility needs.

All clinical education course materials can be located on the program's clinical education web link: [http://www.uwlax.edu/pt/clinical\\_education.htm](http://www.uwlax.edu/pt/clinical_education.htm)

**PT 853: INTERNSHIP**  
***Analysis of Practice***

Assignment: Prepare and present an analysis of practice for clinical staff/peer review. Please submit a copy of your formal presentation with this critique. Your official analysis of practice paper will be submitted to your assigned academic advisor for PTS 854.

1. Title:

2. Student Performance:

Self-assessment:

Clinical instructor comments:

Student Signature: \_\_\_\_\_

Clinical Instructor Signature: \_\_\_\_\_