Cleaning Schedule

Please Initial box after completion

	Thursday, June 11, 2009	Tuesday, April 28, 2009	Wednesday, April 29, 2009	Thursday, April 30, 2009	Friday, May 01, 2009	Saturday, May 02, 2009	Sunday, May 03, 2009	Monday, May 04, 2009	Tuesday, May 05, 2009	Wednesday, May 06, 2009	Thursday, May 07, 2009	Friday, May 08, 2009	Saturday, May 09, 2009	Sunday, May 10, 2009	Monday, May 11, 2009	Tuesday, May 12, 2009	Wednesday, May 13, 2009	Thursday, May 14, 2009	Friday, May 15, 2009	Saturday, May 16, 2009	Sunday, May 17, 2009	Monday, May 18, 2009	Tuesday, May 19, 2009	Wednesday, May 20, 2009	Thursday, May 21, 2009	Friday, May 22, 2009	Saturday, May 23, 2009	Sunday, May 24, 2009
ALL STAFF																												
Clean/disinfect upholstery (Blue spray)	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Clean metal frames strength (Orange Spray)	X		X		X			X		X		X			X		X		X			X		X		X	
Clean metal frames cardio (Orange Spray)	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Check placement of equipment/plates	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
ADMIN STAFF																												
Clean guide rods		X				X			X				X			X				X			X				X	
Lubricate if necessary																												
Check tension of cables/belts			X				X			X				X			X				X			X				X
Tighten if necessary																												
Check tension of bolts/nuts and all hardware				X							X							X							X			
Tighten if necessary																												
Check operation of adjustments	X				X			X				X			X				X			X				X		
Clean/lubricate and tighten if necessary																												
Check operation of all aerobic equipment			X				X			X				X			X				X			X				X
Clean/lubricate and tighten if necessary	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X