

5K RUN RESULTS

FEMALE OVERALL

Place	Name	Age	City	St	Chiptime	Guntime
1	Nikki Cahen	25	Beaver Dam	WI	18:13.04	18:13.04
2	Sara Frederickson	24	La Crosse	WI	19:17.80	19:19.37
3	Alison Lagrange	19	La Crosse	WI	19:20.96	19:21.82
4	Jaden Roddick	14	Sparta	WI	19:22.32	19:25.38
5	Laura Sandness	43	La Crescent	MN	19:28.89	19:32.32

MALE OVERALL

Place	Name	Age	City	St	Chiptime	Guntime
1	Andrew Boldt	24	La Crosse	WI	15:37.12	15:37.15
2	Dan Thour	23	La Crosse	WI	15:45.09	15:45.09
3	Matt Jergenson	16	Caledonia	MN	16:00.48	16:00.48
4	Will Krumbach	18	La Crosse	WI	16:34.08	16:34.40
5	Ali Jandal	15	La Crosse	WI	16:39.61	16:39.76

FEMALE INDIVIDUAL AGE GROUP: 1 - 9

Place	Name	Age	City	St	Chiptime	Guntime
1	Sophia Hoch	6	Onalaska	WI	26:32.15	27:34.75
2	Emily Wall	8	Holmen	WI	28:02.10	28:16.49
3	Ryanne Schneider	9	La Crosse	WI	28:50.98	29:39.39
4	Nora Reuteman	9	La Crosse	WI	29:02.69	29:51.16
5	Megan Scheidt	8	La Crosse	WI	29:20.56	30:09.04

MALE INDIVIDUAL AGE GROUP: 1 - 9

Place	Name	Age	City	St	Chiptime	Guntime
1	Jon Bailey	8	Sparta	WI	26:12.72	26:32.90
2	Alex Boudreau	8	La Crescent	MN	26:39.87	27:13.17
3	Caleb Weber	8	West Salem	WI	28:57.87	29:30.45
4	Carson Bantle	7	Onalaska	WI	30:53.01	31:54.55
5	Larsen Birdsong	8	Onalaska	WI	31:37.50	32:19.65

FEMALE INDIVIDUAL AGE GROUP: 10 - 14

Place	Name	Age	City	St	Chiptime	Guntime
1	Taylor Gibson	14	La Crescent	MN	20:28.62	20:34.19
2	Hailey Hansen	14	Coon Valley	WI	20:58.85	21:01.10
3	Kayla Guepfer	14	La Crosse	WI	21:49.37	21:52.90
4	Sierra Rabe	13	Onalaska	WI	21:48.78	21:53.51
5	Tessa Ladsten	14	La Crescent	MN	22:00.33	22:14.01

MALE INDIVIDUAL AGE GROUP: 10 - 14

Place	Name	Age	City	St	Chiptime	Guntime
1	Darin Lau	14	Eau Claire	WI	18:28.46	18:31.29
2	Colin Kenow	14	Onalaska	WI	19:11.80	19:13.65
3	Benjamin Deetz	14	La Crosse	WI	19:19.70	19:21.76
4	Omar Jandai	14	La Crosse	WI	19:40.72	19:41.36
5	Damian Roers	14	Onalaska	WI	19:41.30	19:42.55

FEMALE INDIVIDUAL AGE GROUP: 15 - 19

Place	Name	Age	City	St	Chiptime	Guntime
1	Katie Vosters	19	La Crosse	WI	20:21.35	20:23.70
2	Jamie Burr	16	Onalaska	WI	20:27.70	20:28.59
3	Angie Gasser	17	Tomah	WI	20:50.22	20:54.57
4	Marissa Fellenz	16	La Crosse	WI	21:00.05	21:03.14
5	Danielle Stark	18	La Crosse	WI	21:21.88	21:23.75

MALE INDIVIDUAL AGE GROUP: 15 - 19

Place	Name	Age	City	St	Chiptime	Guntime
1	Jared Haldeman	19	West Salem	WI	16:53.23	16:53.23
2	Patrick Understeller	18	La Crosse	WI	17:12.45	17:13.02
3	William Meger	17	La Crosse	WI	17:17.81	17:18.28
4	Dan Roth	18	Onalaska	WI	17:19.37	17:19.64
5	Erik Linnell	16	La Crosse	WI	17:50.22	17:50.92

FEMALE INDIVIDUAL AGE GROUP: 20 - 24

Place	Name	Age	City	St	Chiptime	Guntime
1	Cherie Vinson	22	La Crosse	WI	19:58.48	20:05.88
2	Elizabeth Jeanes	22	La Crosse	WI	21:08.53	21:13.04
3	Paige Brooks	21	La Crosse	WI	22:03.90	22:18.07
4	Stephanie Ilse	21	La Crosse	WI	22:09.12	22:23.22
5	Amanda Grippen	22	La Crosse	WI	22:19.95	22:28.03

MALE INDIVIDUAL AGE GROUP: 20 - 24

Place	Name	Age	City	St	Chiptime	Guntime
1	Travis Pernsteiner	20	La Crosse	WI	16:42.43	16:43.53
2	Tom Shepard	22	Middleton	WI	17:32.83	17:34.17
3	Brian Condon	23	La Crosse	WI	17:37.18	17:37.52
4	Andrew Papendieck	21	La Crosse	WI	17:43.26	17:44.74
5	Ramon Martinez	23	La Crosse	WI	17:48.44	17:49.24

FEMALE INDIVIDUAL AGE GROUP: 25 - 29

Place Name	Age	City	St	Chiptime	Guntime
1 Kristina Rynes	29	Norwalk	WI	21:41.48	21:50.34
2 Heidi Inabnit	26	La Crosse	WI	21:46.09	21:53.35
3 Kathy Hackbarth	28	Medford	WI	22:18.03	22:24.02
4 Heidi Pfeiffer	25	La Crosse	WI	22:15.80	22:24.50
5 Shannon Nelson	29	Trempealeau	WI	22:50.44	23:01.16

MALE INDIVIDUAL AGE GROUP: 25 - 29

Place Name	Age	City	St	Chiptime	Guntime
1 Chris Erickson	27	La Crosse	WI	18:00.56	18:01.81
2 Jonathan Otto	25	Seattle	WA	18:11.81	18:11.81
3 David Schmidt	29	La Crosse	WI	18:22.32	18:26.04
4 Darick Bloom	29	Tomah	WI	18:28.66	18:30.17
5 Josh Kenworthy	29	Sparta	WI	18:32.74	18:35.19

FEMALE INDIVIDUAL AGE GROUP: 30 - 34

Place Name	Age	City	St	Chiptime	Guntime
1 Mariette Stefferud	32	Onalaska	WI	20:07.90	20:11.94
2 Adriane Larson	31	La Crosse	WI	23:11.54	23:18.12
3 Carrie Quick	34	La Crosse	WI	23:55.01	24:01.58
4 Shelby Buchanan	34	Onalaska	WI	24:15.22	24:31.00
5 Tessa Lockington	30	Arcadia	WI	24:06.21	24:31.62

MALE INDIVIDUAL AGE GROUP: 30 - 34

Place Name	Age	City	St	Chiptime	Guntime
1 Matt Schrader	33	Byron	MN	17:50.65	17:53.44
2 Ryan McKelley	32	Onalaska	WI	18:22.91	18:24.53
3 Travis Evenson	34	Onalaska	WI	19:52.61	19:55.10
4 Andrew Vanica	31	La Crosse	WI	20:40.44	20:47.49
5 Josh Duesterbeck	30	La Crosse	WI	20:34.43	20:48.41

FEMALE INDIVIDUAL AGE GROUP: 35 - 39

Place Name	Age	City	St	Chiptime	Guntime
1 Deeann Johnson	39	Winona	MN	21:22.08	21:31.41
2 Shandy Scheidt	35	La Crosse	WI	21:49.48	22:06.46
3 Amy Marsolek	35	Stoddard	WI	22:37.26	22:41.55
4 Shannon McKinney	37	La Crosse	WI	22:38.34	22:44.10
5 Jennifer Limberge/rober	35	Holmen	WI	22:56.79	23:03.92

MALE INDIVIDUAL AGE GROUP: 35 - 39

Place Name	Age	City	St	Chiptime	Guntime
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Place	Name	Age	City	St	Chiptime	Guntime
1	Jared Kasten	35	Sparta	WI	17:51.65	17:51.98
2	Jon Baudek	37	La Crescent	WI	18:39.08	18:40.22
3	Paul Sutton	39	Cochrane	WI	18:44.41	18:46.21
4	Brady Palmer	35	La Crosse	WI	19:26.00	19:26.00
5	Josh Shively	37	La Crosse	WI	19:29.04	19:30.74

FEMALE INDIVIDUAL AGE GROUP: 40 - 44

Place	Name	Age	City	St	Chiptime	Guntime
1	Jean Roddick	42	Sparta	WI	20:58.31	21:02.33
2	Misty Brown	41	Tomah	WI	21:26.43	21:31.39
3	Tracy Henriksen	43	West Salem	WI	22:01.63	22:14.49
4	Cheryl Lang	41	West Salem	WI	22:15.02	22:19.41
5	Soch Lor	41	La Crosse	WI	22:45.49	22:51.30

MALE INDIVIDUAL AGE GROUP: 40 - 44

Place	Name	Age	City	St	Chiptime	Guntime
1	Rob McGaff	44	La Crosse	WI	18:04.51	18:05.33
2	Jeffrey Fleig	40	Onalaska	WI	19:01.19	19:03.00
3	Tim Haines	44	Cadott	WI	20:16.48	20:22.04
4	Steve Zinda	41	La Crosse	WI	20:53.48	20:55.03
5	Mike Niedteldt	40	Bangor	WI	20:51.80	20:56.19

FEMALE INDIVIDUAL AGE GROUP: 45 - 49

Place	Name	Age	City	St	Chiptime	Guntime
1	Diane Petersen	45	Hokah	MN	24:08.97	24:24.77
2	Carla Swerman	47	La Crosse	WI	24:05.84	24:25.21
3	Julie Zink	46	La Crosse	WI	24:39.95	24:54.20
4	Dennis Coffey	46	Tomah	WI	24:31.96	24:58.72
5	Amy Bublitz	48	Lodi	WI	25:34.51	25:57.86

MALE INDIVIDUAL AGE GROUP: 45 - 49

Place	Name	Age	City	St	Chiptime	Guntime
1	Scott Tyink	47	La Crosse	WI	19:12.13	19:13.90
2	Daniel Deetz	49	La Crosse	WI	20:06.99	20:08.93
3	Randy Gibson	49	La Crescent	MN	20:28.61	20:33.95
4	Bruce Hegge	48	Spring Grove	MN	21:48.98	21:54.14
5	Stuart Miller	49	Viola	WI	21:51.27	22:00.17

FEMALE INDIVIDUAL AGE GROUP: 50 - 54

Place	Name	Age	City	St	Chiptime	Guntime
1	Nancy Winberg	52	La Crosse	WI	24:46.17	25:04.22

2	Diana Kachel	50	La Crosse	WI	24:55.79	25:07.66
3	Steve Knutson	50	La Crosse	WI	25:09.91	25:37.28
4	Wendy Linnell	51	La Crosse	WI	25:31.31	25:54.60
5	Deb Wakeen	52	La Crosse	WI	25:55.53	26:15.59

MALE INDIVIDUAL AGE GROUP: 50 - 54

Place	Name	Age	City	St	Chiptime	Guntime
1	Jamie Mannion	52	La Crosse	WI	19:11.27	19:13.20
2	Jerry Reuteler	52	La Crescent	MN	19:30.90	19:32.17
3	James Stenulson	52	Onalaska	WI	20:13.70	20:15.45
4	Lawrence Maslo	50	Waukon	IA	20:24.16	20:27.16
5	Paul Bahr	52	Coon Valley	WI	20:25.49	20:28.26

FEMALE INDIVIDUAL AGE GROUP: 55 - 59

Place	Name	Age	City	St	Chiptime	Guntime
1	Ruth Vach	55	La Crosse	WI	24:04.45	24:06.99
2	Kathryn Moen	56	La Crosse	WI	24:29.87	24:36.36
3	Jean Schreiter	56	La Crosse	WI	26:52.08	27:20.97
4	Debra Craig	55	Mindoro	WI	27:22.72	28:02.92
5	Barbara Schaefer	58	Onalaska	WI	27:46.21	28:16.83

MALE INDIVIDUAL AGE GROUP: 55 - 59

Place	Name	Age	City	St	Chiptime	Guntime
1	Jeff Boyle	56	La Crosse	WI	19:05.65	19:06.97
2	John Klug	59	Caledonia	MN	21:33.57	21:41.58
3	Michael Montgomery	58	Sparta	WI	22:10.39	22:23.21
4	Brian Abernathy	56	La Crosse	WI	22:26.56	22:34.37
5	Dan Wilhelm	55	La Crosse	WI	22:56.58	23:03.79

FEMALE INDIVIDUAL AGE GROUP: 60 - 64

Place	Name	Age	City	St	Chiptime	Guntime
1	Sharon Squires	60	Dakota	MN	27:44.86	28:22.59
2	Judy Lee	61	Trempealeau	WI	32:51.91	33:22.99
3	Maria Reiland	61	Sparta	WI	34:07.38	34:15.05
4	Karen Gleason	63	La Crosse	WI	39:18.65	40:26.40
5	Kathy Olson	60	Onalaska	WI	44:16.63	45:29.38

MALE INDIVIDUAL AGE GROUP: 60 - 64

Place	Name	Age	City	St	Chiptime	Guntime
1	Barry Clark	61	La Crosse	WI	22:02.67	22:04.49
2	David Bange	64	Stoddard	WI	22:38.62	22:44.05
3	Tom Berry	64	Holmen	WI	22:48.48	22:54.91

4	Tim Walls	60	West Salem	WI	23:09.54	23:14.55
5	Vern Woltersdorf	61	Holmen	WI	24:08.17	24:19.73

FEMALE INDIVIDUAL AGE GROUP: 65 - 69

Place	Name	Age	City	St	Chiptime	Guntime
1	Sandy Price	69	Holmen	WI	30:13.82	30:46.82
2	Sue Lafleur	67	Houston	MN	35:42.55	36:16.14
3	Kathie Halverson	66	Onalaska	WI	44:16.30	45:29.14
4	Elle Blobaum	65	Strawberry Point	IA	47:52.15	49:14.40
5	Diane Stewart	66	La Crosse	WI	52:55.20	54:20.42

MALE INDIVIDUAL AGE GROUP: 65 - 69

Place	Name	Age	City	St	Chiptime	Guntime
1	Michael Mulroy	68	La Crosse	WI	27:05.26	27:22.45
2	Jack Scheidt	65	La Crosse	WI	29:47.49	30:23.86
3	Kenn Puchalski	66	La Crosse	WI	34:55.68	35:30.28
4	Robert Burns	69	La Crosse	WI	35:06.54	35:45.78
5	Harry Blobaum	65	Strawberry Point	IA	47:52.65	49:14.28

FEMALE INDIVIDUAL AGE GROUP: 70 - 99

Place	Name	Age	City	St	Chiptime	Guntime
1	Iona Novak	71	Caledonia	MN	42:40.91	44:03.91
2	Cathy Tschumper	99	Onalaska	WI	54:33.36	56:06.56

MALE INDIVIDUAL AGE GROUP: 70 - 99

Place	Name	Age	City	St	Chiptime	Guntime
1	Quentin Robley	70	Hokah	MN	47:40.67	49:13.88
2	Peter Dwyer	73	Onalaska	WI	54:05.98	55:26.63