

# UPWARD BOUND

## PROGRAM DESCRIPTION

Upward Bound is a federally funded program for low income, potential first generation college youth in high schools across the nation. It is designed to provide academic support and to increase the academic motivation of participants so they will graduate from high school, go on to college and take productive roles in society.

Each Upward Bound Program has a sponsor and is specially tailored to meet the needs of people in its area. Thus, while Upward Bound's general goals are shared by programs across the nation, the actual means by which they are achieved are unique to each locale.

Our Upward Bound Program is sponsored by the University of Wisconsin-La Crosse which provides supportive services. We divide our year into two parts. The first part is a school year component that provides academic support services through weekly advising and tutoring of participants and through monthly Saturday meetings. The second part is a summer component that consists of a six-week residential high school program on UW-La Crosse campus. This intense program focuses on academic, cultural and personal development and career planning. Courses are taught by teachers from area schools, while tutoring and supervision is provided by university student tutors and staff who live in the residence hall with the students.

## ENTRANCE REQUIREMENTS AND PROCEDURES

To be eligible, an individual must: 1) be a citizen or national of the United States, or be a permanent resident, or be able to provide evidence that she or he has the intention of becoming a citizen or permanent resident of the United States; 2) reside in the target area and/or attend a target school; 3) be a potential first-generation college student, that is, a person neither of whose parents received a bachelor's degree, and/or be, at the time of selection, a low-income individual\*; 4) have the need for support to successfully pursue a program of education beyond high school; 5) have completed 8th grade but not entered 11th grade and be at least 13 and not more than 19 years old at the time of selection.

There are three parts to the application: 1) Student Application (essay required); 2) School Recommendation (including grades and standardized test scores); 3) Parent Application (including parent education and income levels). As the parts are received, the staff will determine whether or not to invite the applicant and parents for an interview. The final decision to accept the student is based on the staff's professional judgment as to whether or not the individual is likely to benefit from the program. A waiting list is kept and students are brought in during the year as openings occur.

## **\*Low-Income Eligibility Guidelines**

as of February 2009 until further notice

FAMILY SIZE	TAXABLE INCOME
1	\$16,245
2	\$21,855
3	\$27,465
4	\$33,075
5	\$38,685
6	\$44,295
7	\$49,905
8	\$55,515
each add'l	add \$5,610

Applications are available from school guidance offices, as .pdf files at the program's website or by calling the Upward Bound office. They should be mailed to

**Upward Bound**  
**176 Murphy Resource Center**  
**UW-L**  
**La Crosse, WI 54601**

**phone: 608 785-8539**

**[www.uwlax.edu/upbound](http://www.uwlax.edu/upbound)**

Taxable income is shown on line 43 of federal tax form 1040 **OR** line 27 of form 1040A **(2009)**

# INSTRUCTIONS

## 1. STUDENT

- a. Complete "Student Application" section

### BE SURE TO:

- include social security number (if you have one)
- include autobiographical statement (see #19)
- sign and date this section

- b. Sign "Transcript Request Letter"

## 2. PARENT/GUARDIAN

- a. Sign "Transcript Request Letter"

3. STUDENT: Take the signed transcript request letter and school recommendation form to your high school guidance counselor.

## 4. COUNSELOR

- a. Complete "School Information" section

- b. Mail the application to the Upward Bound office: 176 Murphy, UW-L, La Crosse, WI 54601

### BE SURE TO INCLUDE:

- Completed application
- Copy of student's high school transcripts INCLUDING COPY OF MOST RECENT QUARTER GRADE REPORT
- Copy of student's 8th grade standardized test results

5. PARENT: If applicant is acceptable based on student application and academic record, we will mail you the Parent Application.

- a. Complete "Parent Application"

### BE SURE TO:

- include pp. 1 & 2 of most current federal income tax return - OR -  
**(only if no tax return was filed)** complete and sign income information chart
- include mother's and father's education information
- sign and date "Parent Information" section
- sign and date "Medical History" section

- b. Mail the application to the Upward Bound office: 176 Murphy, UW-L, La Crosse, WI 54601

**YOUR ASSISTANCE IN ENSURING APPLICATIONS ARE COMPLETE WHEN THEY ARE MAILED WILL HELP US SAVE PROCESSING TIME AND MONEY.**

**A complete application will be processed more quickly and efficiently than one for which we must request missing materials!**