

## **Form III: Proposal of Involvement**

### **I. Introduction**

I will be completing my preceptorship experience at Portage County Health and Human Services in Stevens Point, Wisconsin. I will be working under the Division of Public Health with Elizabeth Beck, Community Health Planner. I chose to work at this site because Portage County is where I was born and raised and I am living with my parents (for free) during the time that I am completing my preceptorship, which is a definite bonus. Along with that, this site is an accredited health department with many programs and departments that I am interested in exploring. As previously mentioned, I am interested in many components of this site, such as learning the basics of working at a Health Department, serving on different coalitions, observing other departments, and participating in different meetings, both in-person and via Zoom, throughout my timespan here.

### **II. Projected Involvement**

During my time at Portage County Health and Human Services, my goals are to complete projects alongside different coalitions, work with and observe other departments (such as WIC, environmental health, planning and preparing and more), create educational displays and materials for the building, and expand on my public health and digital design skills.

By the end of my Preceptorship experience, I will feel confident conducting evaluation and research related to health education/promotion (Area IV). I will develop these skills through distributing and collecting surveys about Electronic Benefit Transfer at the local

Farmer's Market which will then be used to illustrate how beneficial an EBT program would be statewide. Along with this, I will have the opportunity to assist in implementing the goals and objectives of the Community Health Improvement Process and Plan and attend workgroup meetings.

By the end of my Preceptorship experience, I will communicate, promote, and advocate for health, health education/promotion, and the profession (Area VII). I will do this through creating materials and graphics for the department's Facebook page along with serving on different coalitions, such as AODA Prevention Coalition and Healthy Aging Coalition, throughout my experience.

### **III. Evaluation of Your Progress**

Throughout my Preceptorship experience, I will evaluate my overall progress by keeping track of the projects I complete and sharing weekly updates with my Preceptorship advisor, Dr. Rees. I will also ask for continuous constructive feedback from my site mentor, Elizabeth Beck, and adjust my goals and objectives accordingly. I will reflect on my initial goals and objectives in the final report and assess my own progress each report.

### **IV. Special Considerations**

My site mentor will begin maternity leave sometime in August, so I think it would be beneficial to me to work 40 hours a week for 14-weeks ensuring that I can work under her for the most amount of time possible. Although I will have a set schedule of hours, I also am

planning on attending training opportunities, such as Youth Mental Health First Aid Training, which may change my hours. One other consideration is that the department is off with paid vacation on July 3<sup>rd</sup>, so that is one day that I will not be working. My set hours are as follows:

Monday: 7:30 a.m. - 4 p.m.

Tuesday: 7:30 a.m. - 4 p.m.

Wednesday: 7:30 a.m. - 3:30 p.m.

Thursday: 7:30 a.m. - 4 p.m.

Friday: 7:30 a.m. - 3 p.m.