

REGISTRATION

A one-time payment is due December 10, 2019:

- \$4,350 per person double or triple occupancy
- \$4,650 per person single occupancy

TRIP INCLUDES:

- Hotel accommodations on March 12, 2020 in Miami, FL (double occupancy)
- Round trip airfare from Miami, FL to Havana, Cuba (economy)
 - Depart Miami: March 13, 2020
 - Return Miami: March 20, 2020
- Accommodations in Cuba (March 13-19, 2020)
 - You'll stay in a beautifully restored home located in the Vedado neighborhood; rooms are offered only to participants of the UWL Cuba Travel Tour and are overseen by a local host family
 - Double or triple occupancy rooms
 - Laundry service once per week
- Daily breakfasts and dinners are included* on weekdays. Breakfast and lunch are included on Saturdays and Sundays.
- Group welcome meal, group farewell meal and three group lunches in Havana
- Meals will be served in the residencia dining room, which may also be used for group discussions and debriefings
- API cultural, health and safety orientation upon arrival

- Tour guide
- Bilingual Cuban guide/translator for all guided tours, guest lectures, and cultural and academic visits
- Program-related ground transportation
- Cuban medical insurance
- Cuban entry visa
- Academic visits and cultural activities as listed in the itinerary

Cancellation Policy

- \$500 cancellation fee by November 9, 2019.
- No refunds November 10, 2019 or thereafter.
- Important: Trip insurance is not included in your registration nor is it offered by this program. You are solely responsible for any cancellations and any associated fees. You may want to consider purchasing a travel insurance policy to cover an unforeseen cancellation.
- Cancellations must be submitted in writing to: ex@uwlax.edu.
- You must submit a copy of your passport identification page by Dec. 8, 2019.
- Your passport expiration date must be Sept. 21, 2020 or later to travel outside of the U.S.

*Unless otherwise indicated.

Non-Profit Org.
U.S. Postage
PAID
La Crosse, Wis.
Permit No. 545

Extended Learning
University of Wisconsin-La Crosse
1725 State St.
La Crosse, WI 54601 USA



UWL-La Crosse is an affirmative action/equal opportunity employer and is in compliance with Title IX and Section 504.

For additional information and to register:
www.uwlax.edu/cuba | 608.785.6500



CUBA Travel Tour with UW-La Crosse

March 13-20, 2020

A unique travel experience for adults
interested in traveling to Cuba.

- Lead by UW-La Crosse faculty
- Visa included

Registration
deadline:
DEC. 10, 2019

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CUBA Travel Tour with UW-La Crosse

March 13-20, 2020



Who should attend:

- Educators
- Healthcare professionals
- Health promotion professionals
- Interested community members

Why you should attend:

- Share in an intimate and transformative travel experience
- Foster new relationships and connections
- Gain insight and grow personally and professionally

Let us help
you travel
to Cuba!



CUBA Travel Tour with UW-La Crosse | March 13–20, 2020 | www.uwlax.edu/cuba

For decades, Cuba has remained in the American imagination as the alluring, yet distant and forbidden destination only 90 miles south of Miami, where time stood still. From salsa music and the earthy smell of cigars to the bright smiles of welcoming Cubans travelling Havana in 1957 Chevys, Cuba offers an unparalleled opportunity to witness the survival of utopia, as the only socialist nation in Latin America proudly enduring an economic embargo by the U.S. since 1960.

This eight-day educational experience into Havana will offer a greater, more nuanced understanding of the socioeconomic realities of present-day Cuba through the lens of contemporary cultural representations. Omar Granados, Ph.D.—professor of Latin American Cultural Studies and a native of Havana—will guide travelers through the city’s economic, social, political life and the island’s thriving cultural scene.

Our trip to Havana will offer opportunities to visit historical sites and museums, interact with Cuban scholars and community activists, visit a Cuban hospital, an elementary school, and a community rebuilding project in the Los Sitios neighborhood of Central Havana. Our group will travel to the region of Pinar del Río to explore the UNESCO sustainable agriculture project, Las Terrazas. Get to know a Cuban family up-close by staying in bed and breakfast style accommodations in the historic Vedado neighborhood, within walking distance to all major cultural areas in the city. Time for optional activities (salsa dancing, theater, ballet, concerts, baseball game) are included in the itinerary.



FACULTY LEADER

Omar Granados, Associate Professor

Omar Granados grew up in Havana, Cuba and later received his Ph.D. from Emory University, in Atlanta, Georgia. He is interested in cultural approaches on migration, collective memory, documentary and social justice and the role of public scholarship in our communities. He has authored numerous academic articles and chapters in edited collections and is currently working on a book titled *After Fidel: The Cultural Work of Mourning in Post-Socialist Cuba*, which examines literary, historic and film narratives from *Cuba and the Cuban diaspora*.



At UW-La Crosse, he teaches courses on Latin American literature, history and cultural studies, contemporary film and visual culture, Latino studies, and Spanish language. Omar also serves in the role of Director of the UWL Institute for Latin American and Latino/a Studies.

Registration must be received by December 10, 2019

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TENTATIVE ITINERARY*

Friday, March 13, 2020

- Depart Miami Florida for Havana, Cuba
- Arrive Jose Marti International Airport
- Group airport reception and transfer to casa particular
- Private transfer to the casa particular for check-in
- Welcome Orientation with a focus on Cuban Culture and Safety
- Welcome dinner at a paladar, a privately owned restaurant (included). Discuss with paladar staff about the history of Cuban cuisine and development of international cuisine on the island.
- Evening stroll through Old Havana

Saturday, March 14, 2020

- Breakfast at casa particular with Cuban hosts
- Classic car tour of Havana with stops at Plaza de la Revolución, el Malcón, Miramar neighborhood, el Bosque de la Habana and el Capitolio
- Guided tour of Jose Marti Memorial and Plaza de la Revolución, interacting with locals about the importance of Marti’s work
- Late lunch (included) at Residencia
- Independent reflection time and rest
- Dinner on your own
- Ballet or Dance performance at the Teatro Nacional Alicia Alonso in support of Cuban performing arts

*Itinerary is subject to change: All educational groups traveling to Cuba must receive official authorization/approval from the corresponding Cuban ministry to legally visit each site and organization listed on the program itinerary. Our travel partner, API, in conjunction with the local Cuban academic partner, will manage the government approvals process and will keep you apprised of any status updates. It is important to note that receiving authorization is an extremely lengthy process (usually several months) and nothing can be guaranteed in advance. API staff will facilitate appropriate replacements for any item that is not authorized. Conversely, even authorized activities, visits, restaurant reservations, etc. may be cancelled at the last minute.

All program participants (faculty, guests, and students) must participate in the full itinerary during their time in Cuba. In addition to U.S. Office of Foreign Assets Control (OFAC) regulations for a full itinerary, the Cuban government mandates that each traveler participate in each activity on the itinerary only. Deviations are not permitted.

Sunday, March 15, 2020

- Breakfast at casa particular with Cuban hosts
- Depart for Las Terrazas
- Arrive at Las Terrazas, a sustainable eco-community home to 250 families in Sierra del Rosario and the first UNESCO Biosphere Reserve in Cuba.
- Group welcome by community members to discuss their community initiatives for sustainability, including principles, approaches and practices.
- Tour the Las Terrazas community to demonstrate these initiatives and meet with locals to discuss their role in the community. Explore the historical significance of the area by visiting the ruins of a French Coffee Plantation built in 1801.
- Group lunch (included)
- Optional swimming at Baños del San Juan, a popular watering hole where foreigners and locals engage in a recreational activity (weather and conditions permitting)
- Return to Havana
- Dinner at casa particular with Cuban hosts

Monday, March 16, 2020

- Breakfast at casa particular with Cuban hosts
- Option A: Visit to an STD Prevention Center
- Option B: Visit to CENESEX (Cuban National Center for Sex Education), and interact with representatives to understand the organization’s educational initiatives for HIV/ Aids, gender and sexuality awareness
- Tour of the University of Havana with a local Cuban guide and discussion of the history of Cuban higher education
- Lunch on your own
- Visit to Cabildo Quisicuba, a sociocultural diversity project fostering interfaith dialogue and providing support for high-risk or marginalized communities.
- Guest lecture from organizational representative at Cabildo Quisicuba and speak with representatives about ongoing community projects and their needs
- Group return to casa particular
- Dinner at casa particular with Cuban hosts

Tuesday, March 17, 2020

- Breakfast at casa particular with Cuban hosts
- Visit the Organopónico Vivero Alamar, Cuba’s most successful urban cooperative agricultural project, formed after the collapse of the Soviet Bloc in the early 1990s.
- Meet with a local representative about the history of agriculture in Cuba and the strategies developed to create additional food sources.
- Group Lunch at a cooperative restaurant, Co-operativa Hanoi (included) with an opportunity to speak with representatives of the cooperative
- Tour of Museo de Bellas Artes (Cuban Side) with a local Cuban guide
- Dinner at casa particular with Cuban hosts

Wednesday, March 18, 2020

- Breakfast at casa particular with Cuban hosts
- Visit to Callejon de Hamel and meet with Afro-Cuban representatives for a rumba demonstration
- Tour of a cigar factory with a local Cuban guide
- Group lunch in Old Havana
- Visit to Fototeca de Cuba, a contemporary art gallery in Old Havana (or similar) in support of Cuban artists
- Independent reflection time
- Dinner at casa particular with Cuban hosts and evening walk down the Malecón

Thursday, March 19, 2020

- Breakfast at casa particular with Cuban hosts
- Visit to a local polyclinic and meet with a local physician to learn about the Cuban healthcare system (pending government authorization)
- Group lunch at a local paladar (included)
- Have a coffee at Belview ArtCafe, meet with and discuss the work of accredited photographer and café owner Sven Kruetzmann
- Farewell Dinner at a local paladar
- Experience an evening performance at the Cafe Jazz Miramar (or similar, pending availability)

Friday, March 20, 2020

- Breakfast at casa particular with Cuban hosts
- Group transfer to Jose Marti International Airport
- Depart Havana for the United States
- Arrive Miami, Florida

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