### International Death, Grief and Bereavement Conference 2019

|                           | Hospice and the Arts:<br>Coping with Dying & Grief   | 10:45 a.m. –               | Coli<br>Col  |
|---------------------------|--|----------------------------|--|
|                           |  | Noon                       | • M  |
| PRE-CONFER                | ENCE — SUNDAY, JUNE 2  |                            | Neil<br>Wal  |
| 7:30–8:30 a.m.            | Registration & Continental Breakfast   |                            | • Lo   |
| 8:30–10 a.m.              | Pre-Conference Workshop<br>Finding Our Inner Poet: Medicine for Healing, Part I<br>Doug Smith, M.Div., M.A., M.S., Healthcare Trainer and Consultant,<br>Speaker, Author, University of Wisconsin Department of Continuing Studies,<br>Madison, WI<br>Examine how we can get in touch with our "inner poet" and help others<br>find their "inner poets" (that creative, transformative part of ourselves that<br>can change the prosaic, matter-of-fact, common into the poetic, heroic and<br>exalted). All participants will have opportunities to write creative, transformative<br>poems that allow us to constructively face our mortality and ameliorate our<br>suffering in the midst of grief. | Noon–1 p.m.                | Deb<br>Proj<br>• H<br>Diar<br><b>Lun</b><br>• Pro<br>Ja<br>• Pro<br>Ne |
| 10–10:15 a.m.             | Break  |                            | Pı<br>Er   |
| 10:15-11:45 a.m.          | Pre-Conference Workshop<br>Finding Our Inner Poet: Medicine for Healing, Part II<br>Doug Smith, M.Div., M.A., M.S.   | 1–2:30 p.m.                | • LG<br>Ca<br>Key  |
| 11:45 a.m.–<br>12:45 p.m. | Lunch  |                            | <b>Cop</b><br>Barl   |
| 11:45–4 p.m.              | <b>Bookstore</b> — Hosted by Centering Corporation   |                            | The  |
| 12:45–2:15 p.m.           | Pre-Conference Workshop<br>Finding Our Inner Poet: Medicine for Healing, Part III<br>Doug Smith, M.Div., M.A., M.S.  | 2:30–3 p.m.<br>3–4:15 p.m. | Bre<br>Cor   |
| 2:15-2:30 p.m.            | Break  |                            | Cy<br>Le   |
| 2:30–4 p.m.               | Pre-Conference Workshop<br>Finding Our Inner Poet: Medicine for Healing, Part IV<br>Doug Smith, M.Div., M.A., M.S.   |                            | • Ar<br>Tri<br>• Be  |
| 4–4:15 p.m.               | Mindfulness with Andrew Vitale, CT®  |                            | Cl   |
| 5:30–8 p.m.               | Optional Evening Event:<br>Tour of Shrine of Our Lady of Guadalupe and Dinner  | 4–4:15 p.m.                | Sc<br>Min  |
| MONDAY IIIN               |  | THECOAV                    |  |

| 7:30-8:30 a.m. | Registration & Continental Breakfast  |
|----------------|---|
| 8:30-8:45 a.m. | Welcome & Announcements   |
| 8:45-          | Keynote Address: Harmony Requires the Right Spacing                                   |
| 10:15 a.m.     | the Same is True for Life. Resonate with a Grateful Heart!                            |
|                | Andrew Vitale, CT <sup>®</sup> , Author, Bereavement Coordinator-Spiritual Counselor, |
|                | Illinois Hospice, Rockford, IL  |
| 10:15-         | Break & Posters   |
| 10:45 a.m.     | The Theoretical Framework and Practice of the Grief Recovery Method                   |

- Rachel Nolan, Ph.D., M.P.H., CPH, College of Public Health, Kent State University, Kent, OH
  - A to Z Healing Toolbox: Practical Tools for Navigating Grief and Trauma with Intention Susan Hannifin-MacNab, M.S.W., PPSC, Founder of A2Z Healing Toolbox, San Diego, CA
  - Hospice Social Workers: Their Personal Death Experience James Power, M.S.W., APSW, Ph.D., Assistant Professor of Social Work, and Amelia Crane, M.A., M.S.W. Student, both from University of Wisconsin-Oshkosh

|        | <ul> <li>Griet Counseling for Persons with Physical Disabilities: A Professional Issue<br/>for Counselors</li> </ul> |
|--------|--|
|        | Kathryn Linich, Ed.S., NCC, LPC, Doctoral Student, University of South Carolina,                                     |
|        | Columbia, SC   |
| ı.m. – | Concurrent Sessions  |
|        | <ul> <li>Music as a Spiritual Resource</li> </ul>  |
|        | Neil Thompson, Ph.D., D.Litt., Writer, Educator, Advisor; Avenue Consulting, Wrexham,                                |
|        | Wales, United Kingdom  |
|        | <ul> <li>Loss, Laughter and Tears: A 3 P Resilience Practice</li> </ul>  |
|        | Debra Joy Hart, RN BFA, CLL-E, CT <sup>®</sup> , Nurse Consultant, Creator of 1000 Red Nose                          |
|        | Project NFP ™, St. Joseph, Illinois  |
|        | <ul> <li>Healing Grief: What happens When People Can't Share Their Story</li> </ul>                                  |
|        | Diana Ensign, J.D., Author, Indianapolis, IN   |
| 1 p.m. | Lunch & Round Table Sessions   |
|        | <ul> <li>Professional Caregiver Grief: When Hospice Goes Wrong—Making Do and</li> </ul>                              |
|        | Moving on Personally and Professionally  |
|        | Janet Buntrock, M.A., LPC, FT <sup>®</sup> , Candlelight Counseling, Littleton, CO                                   |
|        | Preparedness and Attitudes of Bereavement Professionals Related to the   |
|        | Needs for Spiritual Care   |
|        | Kristine Florczak, R.N., Ph.D., CNL, CNE, Assistant Professor, College of Nursing,                                   |
|        | Purdue University NW, Westville, IL and Nancy Lockie, Ed.D., R.N., M.S., Professor                                   |
|        | Emeritus, School of Nursing, St. Xavier University, Chicago, IL<br>• LGBTQ End-of-Life Experiences                   |
|        | Caroline Werner, LPSW, Comfort Keepers, Madison, WI  |
| ) p.m. | Keynote Address: The Expressive Arts and Creative Imagination in   |
| , h.m. | Coping with Grief and Loss   |
|        | Barbara Thompson, O.T.D., LCSW, OTR/L, Department of Occupational Therapy,   |
|        | The Sage Colleges, Troy, NY  |
| p.m.   | Break & "Newbie" Gathering   |
| p.m.   | Concurrent Sessions  |
| F.     | <ul> <li>Wandering Grief: Finding a Path Home through Poetry</li> </ul>  |
|        | Cynthia Rollo-Carlson, M.A., M.S.W., LICSW, LCSW, ACSW, CT <sup>®</sup> , BCPCC, Senior                              |
|        | Lecturer, University of Southern California, Graduate School of Social Work, Walker, MN                              |
|        | <ul> <li>Art Therapy in Bereavement Care: Facilitating Creative Transformation in Grief</li> </ul>                   |
|        | Trisha Lundin, M.A., Bereavement Counselor, Mayo Clinic Health System, Eau Claire, W                                 |
|        | <ul> <li>Beyond Words: The Restorative Power of the Arts in Healing after Loss</li> </ul>                            |
|        | Christine Linnehan, M.S., LCPC, BC-DMT, FT <sup>®</sup> , Riverview Counseling,                                      |
|        | Scarborough, ME  |
| 5 p.m. | Mindfulness with Andrew Vitale, CT <sup>®</sup>  |

#### TUESDAY, JUNE 4

7:30-8:30-8:45-10:1

10:15 10:4

Northern

|        | Registration & Continental Breakfast<br>Welcome & Announcements   |
|--------|---|
|        | Keynote Address: Art as Part of the Healing Process   |
| 5 a.m. | Eva Marie Restal, M.A., Ceramic Artist, La Crosse, WI   |
| -      | Break and Posters   |
| 5 a.m. | Engaging Young Adults in Conversations and Contemplation about Death, Dying and<br>Grief  |
|        | Cameron Kiersch, D.N.P., R.N., Assistant Professor of Nursing, and Lynne Kuhl, M.S.N.,<br>R.N., Associate Professor of Nursing, both from Viterbo University, La Crosse, WI   |
|        | <ul> <li>Troubled Waters: A Metaphorical Approach to Understanding Grief across the Lifespan<br/>Thomas Dennis, D.Min., LCPC, CT<sup>a</sup>, Bereavement Services Coordinator, NorthShore<br/>Hospice, Skokie, IL</li> </ul> |
|        | TIOSPICE, SKOKIE, IL  |

· Comparing Interprofessional Socialization in Mixed Discipline and Nursing Student Only Cohorts of Learners in an Online Interdisciplinary Palliative Care Course Kara Groom, Ph.D.(c), Chief Nurse Administrator, Mount Mary University, Milwaukee, WI  Creative Techniques to Provide Helpful Activity Tools When Facing Grieving Chaos Susan Adams, Ph.D., LPC, Liberty University; Lynchburg, VA

- Love Beyond the Grave
- Lindy Messerly, M.Ed., R.N., La Crosse WI

#### 10:45 a.m. – Concurrent Sessions

Noon H.U.G.S. Helping Children Understand Grief Sessions Christine Dernederlanden, CTSS., President, Robert's Press, St. Catharines, Ontario, Canada

Using Music in Grief Processing

Mark VandeBraak Ph.D., FT<sup>®</sup>, MT-BC, Avera McKennan Behavioral Health Center, Sioux Falls, SD

 Black Male Grief through the Lens of Racialization and Oppression: Decreasing Pathology to Increase Healing and Coping

Allen Lipscomb, Phy.D., LCSW, College of Social and Behavioral Sciences, California State University Northridge, Northridge, CA

#### Noon-1 p.m. Lunch

1-2:30 p.m. Keynote Address: Creativity in Bereavement and Loss

Michael Brennan, Ph.D., Liverpool Hope University, Liverpool, UK

- 2:30-2:45 p.m. Break
- 2:45-4 p.m. **Concurrent Sessions** 
  - Dignity Therapy Provides a Generativity Document with Valid and Credible Benefits for Patients and Family Members

Brent Birkhoff, M.S., CT<sup>®</sup>, SPHR, Owner/President, Legacy Leaders, Dewey, AZ

Losing and Finding: The Use of Poetry in Grief

Laura Lewis, Ph.D., M.S.W., B.S.W., RSW and Eunice Gorman, Ph.D., M.S.W., B.S.W., R.N., Associate Professors, King's University College, University of Western Ontario, London, Ontario Canada

- An Introduction to Somatic Experiencing Therapy for Traumatic Loss Linda Cherek, R.N., M.S.W., LICSW, FT<sup>®</sup>, SEP, Minneapolis, MN
- Mindfulness with Andrew Vitale, CT<sup>®</sup> 4-4:15 p.m.
- 4:15-5:45 p.m. A Staged Reading of "Dusk": Using Theatre to Encourage Community **Conversations and Outreach About Dying and Grief**

Lisa Veglahn, M.F.A, Vice President of Education, Hospice Foundation of America, Washington, DC and Bryan Harnetiaux, Playwright-in-Residence, Spokane Civic Theatre, Spokane, WA

#### WEDNESDAY, JUNE 5

| 7:30–9 a.m            | Registration & Continental Breakfast   |
|-----------------------|--|
| 8 a.m.—<br>12:30 p.m. | Bookstore & Exhibitors - Hosted by Centering Corporation   |
| 8—8:45 a.m.           | Memorial Service   |
| 8:45—9 a.m.           | Welcome & Announcements  |
| 9—10:30 a.m.          | Concurrent Sessions  |
|                       | LGBT* After Loss: Understanding the Needs of Lesbian, Gay, Bisexual and  |
|                       | Transgender Bereaved Persons   |
|                       | Rachel Nolan, Ph.D., M.P.H., CPH, College of Public Health, Kent State University,<br>Kent, OH   |
|                       | <ul> <li>Does Your Grief Support Group Need a Makeover: Budget Friendly Creative Infusions<br/>Harold Ivan Smith, D.Min, FT<sup>®</sup>, Bereavement Specialist, Saint Luke's Hospital, Kansas<br/>City, MO</li> </ul> |
|                       | <ul> <li>Visual Journaling: Using the Art of Self-Discovery to Process Grief</li> </ul>  |
|                       | Elizabeth Lewis, B.F.A, Personal Development Coach, Mequon, WI   |
| 10:30—10:45 a         | .m. Break  |
| 10:45 a.m.—           | Keynote Address:   |
| 12:15 p.m.            | So Many Little Lyings: Illuminating Loss and Grief through the Arts<br>Irene Renzenbrink, M.S.W., Author, Shields, Saskatchewan, Canada  |
| 10.15 10.00           |  |

12:15-12:30 p.m. Closing Ceremony

#### **REGISTER TODAY!** www.uwlax.edu/dab

| www.uwiax.cuu/ugb |  |                                     |                             |  |
|-------------------|--|-------------------------------------|-----------------------------|--|
| Att               | tendees:   | Early registration on/before 5/3/19 | Regular 5/4/19<br>and after |  |
|                   | Pre-conference workshop:<br>Sunday, June 2, 2019 | \$189                               | \$189                       |  |
|                   | Full conference, June 3–5                        | \$449                               | \$549                       |  |
|                   | Monday only, June 3                              | \$239                               | \$239                       |  |
|                   | Tuesday only, June 4                             | \$239                               | \$239                       |  |
|                   | Wednesday only, June 5                           | \$99                                | \$99                        |  |
| Students*:        |  |                                     |                             |  |
|                   | Pre-conference workshop:<br>Sunday, June 2, 2019 | \$89                                | \$89                        |  |
|                   | Full conference, June 3–5                        | \$215                               | \$215                       |  |
|                   | Monday only, June 3                              | \$95                                | \$95                        |  |
|                   | Tuesday only, June 4                             | \$95                                | \$95                        |  |
|                   | Wednesday only, June 5                           | \$40                                | \$40                        |  |
|                   |  |                                     |                             |  |

\*Student ID must be presented at the check-in registration

#### Continuing Education CE credit/hours/units recognized by: American Psychological Association (APA)

The University of Wisconsin-La Crosse is approved by the American Psychological Association to sponsor continuing education for psychologists. The University of Wisconsin-La Crosse maintains responsibility for this program and its content.

#### National Board for Certified Counselors (NBCC)

The University of Wisconsin-La Crosse Continuing Education and Extension has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6303. Programs that do not qualify for NBCC credit are clearly identified. The University of Wisconsin-La Crosse Continuing Education and Extension is solely responsible for all aspects of the programs.



#### University of Wisconsin-Extension

Continuing Education Units (CEUs) are a means of recognizing and recording satisfactory participation in non-degree programs. University of Wisconsin-Extension (UW-Ex) awards one CEU for each 10 contact hours in a continuing education experience. Actual contact hours are recorded. CEUs are offered at no additional charge, through the UW-Ex. In order to receive a certificate, participants need to sign up for CEUs at the time of registration. UW-Ex CEUs fulfill continuing education requirements for many professionals, agencies and organizations. Professional associations may have specific licensing requirements. Individuals should contact their licensing association before assuming UW-Ex CEUs will fulfill all requirements

Association of Death Education and Counseling®\* \*Pending approval

## La Crosse, Wis. Permit No. 545 Non-Profit Org. U.S. Postage . Postage PAID University of Wisconsin-La Cross 1725 State St. La Crosse, WI 54601 USA with Title www.uwlax.edu/dgb yer and is in co

& Grief

2019

**Bereavement Conference** 

nternational Death, Grief and

Hospice and the Arts: Coping with Dying

UNIVERSITY OF WISCONSIN-LA CROSSE

PRESENTS

2019

с<u>і</u>

Pre-Conference Workshop: June

www.uwlax.edu/dgb | 866.895.9233

2019 | La Crosse, WI

3–5,

June

# off Register by May 3, 2019 and save \$100 conference registration your full

welcoming presence of this community. "I was struck by the joyful, open, and was transformative! ÷.

# 2018

# conference participant

### **UW-LACROSSE** EDUCATION AND EN

#### WHO SHOULD ATTEND:

- Palliative care providers
- Hospice providers
- Funeral service directors
- Program directors
- Case managers
- Counselors

#### WHY YOU SHOULD ATTEND:

- Share in intimate and transformative educational experiences
- Foster new relationships and connections to stay with you through your career
- Gain insight and grow personally and professionally
  - www.uwlax.edu/dgb

Clerav

Nurses

Educators

Social Workers

General public

Individuals dealing with personal loss

UNIVERSITY OF WISCONSIN-LA CROSSE PRESENTS

June 3-5, 2019

Pre-Conference Workshop:

La Crosse, WI

June 2, 2019

#### International Death, Grief and **Bereavement Conference 2019**

Hospice and the Arts: Coping with Dying & Grief