School Health Education Wisconsin 910 add-on license
www.uwlax.edu/conted/she910-add-on

First semester (Two ONLINE courses: 6 credits total)
February 4–March 10, 2019
SHE 705 Introduction to School Health Education (2 credits)
March 18–May 24, 2019
SHE 720 Adolescent Health Issues (4 credits)

Second semester (Two HYBRID courses: 6 credits total)
June 9–July 12, 2019 ONLINE & July 8–July 12, 2019 Face-to-Face: 8 a.m.–12 p.m.
SHE 715 Health Education Curriculum and Pedagogy (3 credits)
July 8–August 16, 2019 ONLINE & July 8–July 12, 2019 Face-to-Face: 12-4 p.m.
SHE 710 Leadership in School Health Education (3 credits)

Third semester (One HYBRID course: 3 credits total, independently arranged field experience/seminar)
Begins in September, Face-to-Face meetings and additional online coursework is required
HED 725 Seminar/Field Experience

*This program is approved for licensure in the State of Wisconsin only. If you are seeking certification in another state, you must contact your state’s certification office to ensure courses/credits will be accepted.

Adolescent Health Symposium
www.uwlax.edu/conted/ahs

February 14–15, 2019
The Madison Concourse Hotel and Governor’s Club, 1 W. Dayton St., Madison, Wis.

2019 keynote speakers: Richard Wender, M.D., Chief Cancer Control Officer of the American Cancer Society; Mettie Spiess, CWP, Founder of Hope Heroes United; and Bob Lenz, Founder and President of Life Promotions, a non-profit youth organization with a mission to instill hope in youth. Dr. Wender will be speaking on “Focusing Upstream: Making Prevention and Health Promotion a Priority Throughout Our Lives.” Spiess will engage a conversation on suicide prevention, student mental health, classroom success, and resilience. Lenz will speak on bullying and the role we can play to foster an atmosphere of value, courage, and respect in the classroom.

HED 467/567 or 495/595 (1 UG/GRAD credit)
.9 Continuing Education Units (CEUs)
6 (Category 1) CECHs for CHES/MCHES – Thursday only
3 (Category 1) CECHs for CHES/MCHES – Friday only
9 (Category 1) CECHs for CHES/MCHES – Thursday & Friday

Health Education: Responsibilities, Competencies and Certification
www.uwlax.edu/conted/ches

Spring semester: March 22–April 10, 2019
Fall semester: September–October 2019
HED 471/571, section 411 (2 UG/GRAD credit) | 2 Continuing Education Units (CEUs)
15 (Category 1) CECHs for CHES/MCHES

This online course offers an opportunity to review and gain insights into the following major areas of focus: an historical and foundational overview of the research and competencies for the health education specialist; a focus on clear examples of the application of the competencies and sub-competencies in practice settings; and preparation for either the CHES or MCHES examination.

Additional programs continued on back >>
Reaching Toward Proficiency: Motivational Interviewing and Behavior Change – Introductory
March 20–21, 2019
1.2 Continuing Education Units (CEUs) | 12 (Category 1) CECHs for CHES/MCHES
Increase your understanding and use of the relational aspects of MI. There will be ample opportunity to observe and practice MI-specific communication.

Beyond the Basics: Recognizing and Amplifying Motivation for Positive Change – Intermediate
April 17–18, 2019
1.2 Continuing Education Units (CEUs) | 12 (Category 1) CECHs for CHES/MCHES
Multiple opportunities to stretch your use of open-ended questions, affirmations, reflections and summaries (OARS) beyond the basics. The competent use of motivational interviewing also requires one to be highly skilled in the use of complex reflections. Concentrate on the processes of focusing, evoking and planning.

If you are planning to register solely for the “Beyond the Basics” workshop, you must have taken one of the following steps: You have already taken the basic workshop last year; or You have already taken another 2-3 day fundamental motivational interviewing workshop experience elsewhere.

Moving your Motivational Interviewing Practice Skills Toward Excellence – Advanced
April 30, 2019
.6 Continuing Education Units (CEUs) | 6 (Category 1) CECHs for CHES/MCHES
An interactive and engaging workshop experience for practitioners and providers who have participated in multiple Motivational Interviewing training events. Individualized feedback and exercises tailored to the group’s needs. Acquire a better understanding of how to move your practice forward and develop a plan.

If you are registering solely for this course, you must have: Completed an MI basics workshop within the past 18 months AND completed an MI intermediate level course within the past 12 months.

Motivational Interviewing (MI) Workshops
www.uwlax.edu/conted/mi

2019 Wisconsin Health Education Network (WHEN) Annual Meeting
Leveraging Emotionally Intelligent Leadership for Health Promotion Practice
www.uwlax.edu/conted/when
April 18, 2019
The purpose of the WHEN Annual Meeting—celebrating its 33rd year—is to promote positive change in Wisconsin’s population health through health education and health promotion. This year’s focus is emotional intelligence as a core concept in the development of outstanding leadership qualities.

Health Education: Suicide Prevention Summit Independent Study
www.uwlax.edu/conted/suicide-prevention
September–October 2019
(15 hours as arranged)
HED 495/595, (1 UG/GRAD credit)
This course is designed for participants attending the Suicide Prevention Summit in September 2019. In addition to attending workshops presenting updated information pertaining to suicide, this course will enable participants to explore how their current workplace can collaborate to best support the mental and emotional health of students/clients/patients. Summit registration is separate and in addition to university credit course registration.