KEYNOTE PRESENTERS

Craig J. Bryan, Psy.D.

Assistant Professor, Clinical Psychology, The University of Utah

Craig is a board-certified clinical psychologist in cognitive behavioral psychology, and is currently the Executive Director of the National Center for Veterans Studies at

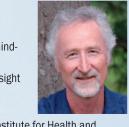


The University of Utah. He completed his clinical psychology residency at the Wilford Hall Medical Center, Lackland Air Force Base, TX. He was retained as faculty in the Department of Psychology at Wilford Hall Medical Center, where he was Chief of the Primary Care Psychology Service, as well as the Suicide Prevention Program Manager for Lackland AFB. He deployed to Balad, Iraq, in 2009, where he served as the Director of the Traumatic Brain Injury Clinic at the Air Force Theater Hospital. He currently manages several federally-funded projects, including studies testing cognitive behavioral treatments for suicidal service members, developing innovative methods to identify and detect high-risk military personnel and veterans, and disseminating effective treatments to health care providers and the public.

Henry Emmons, M.D.

Integrative Psychiatrist

Henry is a psychiatrist who integrates mindbody, natural therapies, mindfulness, Buddhist teachings, compassion and insight into his clinical work. He developed the Resilience Training Program, which is



currently offered at the Penny George Institute for Health and Healing. This unique program is based upon the ideas developed in his books, The Chemistry of Joy and The Chemistry of Calm. His career has been animated by the desire to develop more integrative approaches to the treatment of depression and anxiety. Henry is a sought-after presenter and a respected consultant on such topics as integrating natural and mindfulness therapies in psychiatry, building personal resilience, and personal and professional renewal. In addition to Resilience Training, Henry has developed "A Year of Living Mindfully" and "The Inner Life of Healers: Programs of Renewal for Health Professionals" offered through the University of Minnesota's Center for Spirituality and Healing.

> To register or for more information: www.uwlax.edu/sps 608.785.6500 | 866.895.9233 conted@uwlax.edu

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REVENTION SUMMIT

Prevention Initiative

s committed to promoting awareness that suicide The La Crosse Area Suicide Prevention Initiative s a public health concern that is preventable

Raising Awareness and Hope in the Community **2018 SUICIDE PREVENTION SUMMIT**

www.uwlax.edu/sps

Wednesday, September 19, 2018

2018 SUICIDE **PREVENTION** SUMMIT

La Crosse Area Suicide Prevention Initiative

RAISING AWARENESS AND HOPE IN THE COMMUNITY

SUMMIT WEDNESDAY, **SEPTEMBER 19, 2018** 8:30 A.M.-4:30 P.M. RADISSON HOTEL

AWARENESS EVENT TUESDAY, **SEPTEMBER 18, 2018** 6-7:30 P.M. RADISSON CENTER (FREE EVENT)

www.uwlax.edu/sps

2018 SUICIDE PREVENTION SUMMIT

WHO SHOULD ATTEND

- Psychologists
- Social workers and counselors
- Teachers
- School counselors
- Clergy and pastoral care
- Law enforcement

- Nurses
- Paramedics
- Medical assistants
- Youth leaders
- Student life personnel
- Interested community members

SUMMIT REGISTRATION FEES

\$90 On or before August 26

\$120 August 27 or later

\$50 students, seniors 62+, military (active & retired)

Registration includes refreshments, lunch and materials.

There is an additional \$15 fee for APA continuing education credits.

SUICIDE **AWARENESS EVENT**

SEPTEMBER 18

6-7:30 р.м. RADISSON CENTER 300 S. 2ND STREET

Join us for inspirational stories of hope and awareness. This event is FREE and open to the public.

SUMMIT SCHEDULE | SEPTEMBER 19 | RADISSON HOTEL

7:30-8:30 a.m. Registration & continental breakfast

8:30-9 a.m. Welcome

9-10:15 a.m. **KEYNOTE SESSION**

On Conventional Wisdom, Cliché, and

Saving Lives Craig Bryan, Psy.D.

10:15-10:30 a.m. Break

10:30-11:45 a.m. CONCURRENT SESSIONS

Crisis Response Planning for Suicidal Patients: An Introduction

Craig Bryan, Psy.D.

To Friend or Unfriend: Mental Health

Consequences of Social Media Use and How Parents Can Protect Their Children

Sarah Long, Ph.D.

Impact of Childhood Sexual Abuse on

Suicidality

Rachel Slough-Johnson, M.S., LMFT

Stress, Self-Care and Resiliency

for Professionals Nicki Pope, M.S. Amanda Betcher, M.A.

12-1 p.m.

Lunch - provided

1-1:30 p.m.

Who Rescues Who?

Geri Mulliner, R.N.

1:45-3 p.m. **CONCURRENT SESSIONS**

 Creating the Chemistry of Joy: Natural Therapies for Depression Henry Emmons, M.D.

 Defining Suicide and Understanding How Provider Demographics Impact End of

Life Care

Erin Sterenson, M.D. Thomas Harter, Ph.D.

 Men and Suicide: A Biopsychosocial Phenomenon

Josh Lee, M.S., LPC, NCC

 Attachment, Family Systems, and The Interpersonal Theory of Suicide During Childhood

Stacy Stefaniak Luther, M.S., LPC

3-3:15 p.m. **Break**

3:15-4:30 p.m. KEYNOTE SESSION

Restoring Resilience: Blending Science and Wisdom to Sustain a Healthy Mind, Mood

and Heart

Henry Emmons, M.D.

4:30 p.m. Adjourn













UNIVERSITY CREDIT

Suicide Prevention Summit Independent Study | Sept.19-Oct. 19, 2018 (15 hours as arranged) UW-La Crosse offers 1 UG/GRAD credit | HED 495/595, section 701

This course is designed for participants attending the Summit. In addition to attending workshops on updated information pertaining to suicide, this course will allow participants to explore how his/her current workplace can collaborate to best support the mental and emotional health of students/ clients/patients.

Students must attend the summit to receive credit. Registration and payment can be made at the summit or by contacting Briana Meuer at bmeuer@uwlax.edu or 608.785.6513. Deadline: September 19, 2018. Summit registration is separate and in addition to university credit course registration.

University of Wisconsin-La Crosse is approved by the American Psychological Association to sponsor continuing education for psychologists. University of Wisconsin-La Crosse maintains responsibility for this program and its content.