Exercise Science Program

**Application for Admission – Check Sheet**

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| Student Name (please print):  |  |
| Application Semester and year: |  |
| Track (Fitness or Pre-professional): |  |
| Academic Advisor’s Name: |  |
| BIO Grade (from BIO 100, BIO 103, BIO 105, or MIC 100): |  |
| HPR 105 Grade: |  |
| Overall UW-L GPA (Cum GPA): |  |
| **Transfer students only** – Transfer GPA (Trans Cum GPA): |  |
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| **STUDENT HAS TAKEN THE FITNESS EXAM****(\*\*\*Not required for second-time applicants\*\*\*)** |
|  |  |  |
|  | Human Performance Lab Manager Signature or Stamp |  | Date |  |

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| **STUDENT HAS COMPLETED TWO JOB SHADOWS AND STUDENT’S GRADE VALUES ABOVE MATCH THOSE ON HIS OR HER UNOFFICIAL TRANSCTIPTS** |
|  |  |  |
|  | ESS Academic Advisor Signature or Stamp |  | Date |  |

Once completed and signed/stamped, please submit this printed form (hard copy) to the ESS Exercise Science Program Director in 129 Mitchell Hall by the deadline as a part of your application for program admission. Please keep a copy of this and other application documents for your personal records.