



Lakeview Hospital

HealthPartners®

Make It **OK**.org



Community Outreach

I PLEDGE TO: **Make It OK**

NAME _____

Three steps to Make It OK

- 1 LEARN.** The more we learn about mental illnesses, the more common we realize they are.
- 2 TALK.** The more we talk about mental illnesses, the closer we come to stopping the stigma.
- 3 SHARE.** Encourage others to join by taking the pledge online.

Start the conversation and get tips at MakeItOK.org

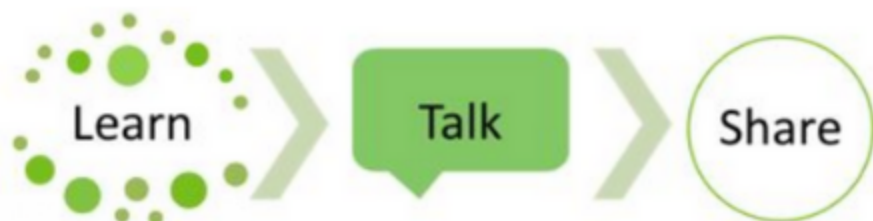


Community Engagement

don't say:

do say:

How can we stop stigma surrounding Mental Illness?
Caring conversations.



Ambassador Training Program

Initiative Breadth

