

Health Education Preceptorship Experience

COOPERATIVE EDUCATIONAL SERVICE AGENCY #4

CESA#4'S ROLE

Serves 26 Wisconsin school districts. Identify diverse needs of K-12 schools and offer programs that enhance student achievement.

2020 Rank	Topic	Percent
1	Working with Students Who Experience Anxiety*	71%
2 ↓	Using Social Media Safely	70%
3 ↓	Helping Students with Mental Health Issues	69%
4	Cyberbullying	56%
5 ↑	Integration of SEL with Academic Instruction	56%
6 ↓	Relational Bullying	55%
7 ↓	Emerging Drug Trends	54%
8 ↑	Sexting	50%
9 ↓	Mindfulness Practices for Students and Staff	49%
10 ↑	Restorative Practices Using Circles Effectively	49%

*New topic added in 2020

WISCONSIN SAFE AND HEALTHY SCHOOLS CENTER

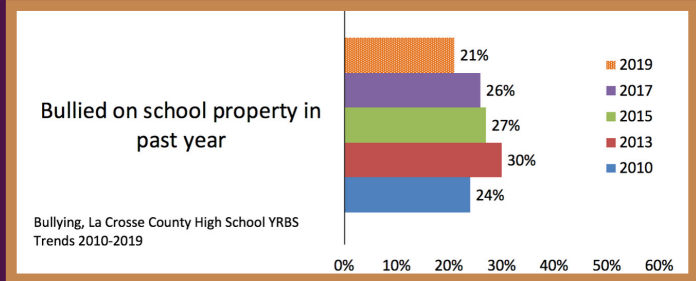
Help schools implement programs to prevent alcohol and drug use and promote mental health and school safety in order to reduce barriers to learning.

Offer trainings to school staff on SEL, SBIRT, restorative practices, suicide prevention, mindfulness, etc.



AREAS OF RESPONSIBILITY

- Area I: Assessment of Needs and Capacity
- Area III: Implementation
- Area IV: Evaluation
- Area V: Advocacy
- Area VIII: Ethics and Professionalism



MY ROLE AT CESA#4

- WISH Center needs assessment
- La Crosse County High School Youth Risk Behavior Survey trend report
- Restorative Practices literature review
- WISH and SBIRT meetings
- Trauma Sensitive Schools workshop and book study
- Evaluations of CESA's training programs
- Webinars



LA CROSSE COUNTY PREVENTION NETWORK COALITION

MISSION

Mobilizing La Crosse County to build healthy youth, young adults, and families through education, collaboration, and advocacy to prevent alcohol, tobacco and other drug misuse



AREAS OF RESPONSIBILITY

- Area I: Assessment of Needs and Capacity
- Area II: Planning
- Area V: Advocacy
- Area VI: Communication
- Area VIII: Ethics and Professionalism



MY ROLE AT LCPN

- Monthly workgroup meetings
- Collaborating with other health educators in the community
- Developing implementation and marketing materials for Be the One campaign
- Webinars for professional development

AFPA HEALTH COACHING COURSE

HEALTH AND WELLNESS COACHING CERTIFICATION

- Affordable, online self-paced course
- Curriculum designed by experts
- Learn how to help clients reach their personal health goals
- Read two textbooks
- Reflection questions, quizzes, final exam



AREAS OF RESPONSIBILITY

- Area I: Assessment of Needs and Capacity
- Area VI: Communication
- Area VIII: Ethics and Professionalism

