**AT-RISK CHILD & YOUTH CARE MINOR CHECKSHEET**

Number of credits = 30 (fewer for most majors)
Psych Majors – 12 credits may count in both your major and minor
Therapeutic Recreation Majors – 10 Credits may count in both your major and minor
All other majors – 6 credits may count in both your major and minor

Check off if course is completed; prerequisite courses are listed in italics below the course option

### CATEGORY 1: Required Core Courses (9 credits required)
- CYC 301 Overview of Child Youth Care (3)
- PSY 210 or 212 (grade of B or better) & 75 credits or fewer
- CYC 310 Social Policy for Children & Families (3)
- CYC 301
- CYC 495 Capstone in Child Youth Care (3)
- CYC 301, junior standing & 18 credits of CYC coursework

### CATEGORY 2: Required Internship (3 credits required)
- CYC 450 Internship in Child/Youth Care** *(3)* OR List Options
  *Repeatable up to 6 credits

**Can also be satisfied by other departmental internships with a Child Youth Care component – CEI 450, HED 495/498, (if done with pediatric population), CST 450, PSY 450, REC 450, RTH 498, SOC 450 if it has a vulnerable-at-risk child/youth focus.

### CATEGORY 3: Human Development (6 credits required)
- Completed
  - Human Development (3 credits required)
    - PSY 212 Lifespan Development (3)
      OR Psychology Majors
    - PSY 210 Developmental Psychology (3)
      PSY 100
  - Special Populations Development (3 credits required)
    - PSY 355 (Infancy and E.C.), 356 (School-Age), or 357 (Adolescence) (3)
      PSY 100 & PSY 210 or 212

### CATEGORY 4: FAMILY DYNAMICS (3 credits required)
- Completed
  - CST 336 Family Communication (3)
    CST 190 and CST 230 (or by permission)
  - CYC 411 Family Systems Theory (3)
    PSY 210 or 212
  - SOC 212 Marriage and Family (3) None

### CATEGORY 5: Application Skills (3 credits required)
- Completed
  - CST 230 Interpersonal Communication (3) CST 110
  - CST 330 Nonverbal Communication (3) CST 190
  - CST 354 Health Communication (3) CST 110
  - CST 365 Communication in Teams (3) CST 110
  - CST 380 Communicating Leadership (3) CST 190
  - PSY 343 Group Dynamics (3) PSY 100 or SOC 110
    **Only one of the following:**
    - PSY 347 Empathic Listening Skills (3)
      PSY 100 and second standing sophomore standing
    - PSY 315 Behavior Modification (3) PSY 100 & PSY 212

### CATEGORY 5: Application Skills (Continued)
- RTH 470 Facilitation Techniques in T.R. (3)
  STAT (MTH) 145, RTH 326 or RTH 327, RTH 456 or enrolled

### CATEGORY 6: Vulnerable & At-Risk Youth (6 credits)
- Completed
  Vulnerable & At-Risk Youth (6 credits)**
  - Elect courses from at least two different subcategories 1-4

1. Alcohol and Drug Abuse:
   - HED 469 Drugs, Society, & Human Behavior (3) BIO 103 or BIO 105
   - SOC 326 Sociopharmacology (3) SOC 110, SOC 120, SOC 200 or ANT 101
   - PSY 426 Psychology of Addictive Behaviors (3) PSY 100 & PSY 204
   - PSY 440 Psychopharmacology (3) PSY 100, PSY 321 OR PSY 331 OR BIO 312, junior standing

2. Child Welfare:
   - ANT 323 Anthropology of Youth & Adol (3) None
   - HED 207 Youth Health Issues (3) None
   - PSY 316 Child Abuse and Neglect (1-3)
     PSY 210 OR 212, junior standing
   - RTH 330 Therapeutic Rec. and Mental Health (2)
     RTH 250, RTH 326 or RTH 327
   - WGS/HIS 376 Childhood in the United States (3)
     None

3. Disabilities:
   - ESS 231 Introduction to Adapted P.E. (3) ESS 207, ESS 225, or concurrent enrollment
   - SPE 207 Sign Language (3) None
     ESS 207, ESS 225, or concurrent enrollment

4. Mental Health & Youth At-Risk:
   - HED 345 Issues in Emotional Health (3) HED 205
   - HED 425 Violence and Injury Prevention (3)
     junior standing
   - PSY 417 Child and Adolescent Psychopathology (3)
     PSY 204, and PSY 210 or 212
   - RTH 333 Therapeutic Recreation & Corrections (2)
     RTH 250 or RTH 325
   - SOC 321 Delinquency (3)
     SOC 110, SOC 120, SOC 200, or ANT 101
   - SOC 324 Criminal Justice (3)
     SOC 110 OR SOC 120 OR ANT 101

**Other courses may be substituted if they are appropriate to the topic of at-risk children/youth

Revised: November 1, 2017