



## Suicide Prevention Summit

Raising awareness and hope in the community

### Welcome

[Registration information >>>](#) >

### Awareness Event

**Tuesday, September 17, 2019**

**6–7:30 p.m.**

Location: Myrick Park, La Crosse, WI

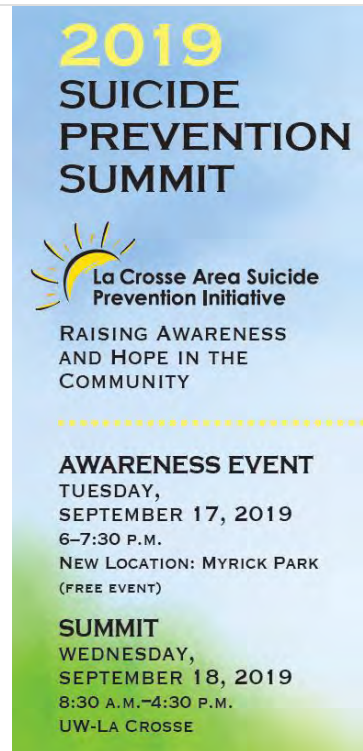
## Suicide Prevention Summit

**Wednesday, September 18, 2019**

**8:30 a.m. – 4:30 p.m.**

Location: Student Union,  
UW-La Crosse, La Crosse, WI

***Increase your understanding of suicide, its prevalence and the risk factors for specific populations, and acquire tools for prevention, assessment and intervention.***



[View/download the program >>](#) PDF

[Scholarship information >>](#)



### Who should attend:

Psychologists  
Social workers and counselors  
Teachers  
School counselors  
Clergy and pastoral care  
Law enforcement officials

Nurses  
Paramedics  
Medical assistants  
Youth leaders  
Student service personnel  
Interested/affected community members

### In partnership:

[La Crosse Area Suicide Prevention Initiative](#)

[UW-La Crosse Continuing Education/Extension](#)

### Suicide Prevention Summit Planning Committee Members

Nicole Balsama, Community Member, La Crosse Dance Centre

Jaimie Basina, CSW, La Crosse County Human Services

Tim Blumentritt, B.S.W., Care Center

Julie Dietz, B.S.N, La Crosse County Health Department

Vicky Gundersen, Community Participant and Parent Advocate  
Jeannie Hanley, Ed.D., UW-La Crosse Emeritus  
Christine Hughes, M.S.W., Mayo Clinic Health System Behavioral Health  
Jane Hulke, Community Member  
Amy Kuester, CRS, Great Rivers 211  
Deb Mahr, R.N., Kaitlin's Table  
Geri Mulliner, R.N., Community Member  
Jenny Root, CSW, La Crosse County Human Services  
Judy Shoults, Community Member  
Deb Stelmach, Driftless Recovery Services  
Maria Towle, MSW, APSW, SAC-IT Inclusa and AMS  
Tim Vodak, Community Member

*Connecting the university and the community!*



608.785.6500

866.895.9233 (toll-free)



ex@uwlax.edu

### **Extended Learning**

220 Morris Hall  
1725 State Street  
La Crosse, WI 54601, USA



## Suicide Prevention Summit

Raising awareness and hope in the community

### 2020 Call for proposals

[2020 Call for proposals submission >>>](#)



#### 2020 Suicide Prevention Summit: September 2020 (Day TBD)

- **Proposal deadline: January 23, 2020 at 11:59 p.m.**
- Notification emails will be sent on or before: **February 21, 2020**

Submit your program proposal now for consideration. Programs applicable to all aspects of suicide prevention are welcome. Concurrent sessions are 75 minutes in length. Accepted concurrent session

proposal presenters will receive complimentary registration for the 2020 Suicide Prevention Summit.

**All submissions must include:**

- Title of the presentation
- Abstract, consisting of 75 words maximum, describing the content of the presentation
- Presenter(s) information: name, position title, employer name, culminating degree, degree field or specialty area, full VITA
- Practice gap
- Three learning objectives that begin with one of the following measurable verbs: list, describe, recite, write, compute, discuss, explain, predict, apply, demonstrate, prepare, use, analyze, design, select, utilize, compile, create, plan, revise, assess, compare, rate, critique.
- Three primary references used to support your presentation—*provided in American Psychological Association (APA) format.*

**Suggested topics:**

- Building resiliency
- Cultural considerations with suicide
- Developmental considerations with suicidal idealization from childhood to late in life
- Managing chronic suicidal idealization
- Men and suicide
- Spiritual considerations with suicide
- Stigma and suicide
- Suicide in children
- Suicide in the college age population
- Suicide in the serious persistent mentally ill population
- Veterans and suicide

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## Suicide Prevention Summit

Raising awareness and hope in the community

### Register

Register online now >>> >

### Summit Fees:

Attendee: on before August 18	\$90
Attendee: August 19 or later	\$120
Student (must present ID at check-in)	\$50

Seniors (Age 62)+	\$50
Military (Active & Veterans)	\$50
APA continuing education (CE) credit	
Continuing Education Units (CEUs)	\$15

*Registration fees include lunch, refreshments and instructional materials.*

## Scholarships

Scholarships for the 2019 Suicide Prevention Summit have been generously donated by the [La Crosse Area Suicide Prevention Initiative](#).

To [apply for a scholarship](#) <sup>PDF</sup> to the 2019 La Crosse Area Suicide Prevention Summit please download and complete the [scholarship application](#) <sup>PDF</sup> and provide a 250–400 word response to the questions below:

- What is your interest in the topics of mental health and/or suicide?
- What is your current educational/career path and how might it relate to the conference?
- What do you specifically hope to gain from attending the conference (be specific to [conference sessions](#))?

The [application](#) <sup>PDF</sup> and your responses to the questions should be emailed in an attached document by **4 p.m. on Wednesday, July 24, 2019** to Jenny Root, 2019 Suicide Prevention Summit Chair, at [JRoot@lacrossecounty.org](mailto:JRoot@lacrossecounty.org).

[Scholarship](#) <sup>PDF</sup> priority may be given to survivors, families or those planning to work in the field of mental health or suicide counseling.

## Cancellation policy

Substitutions welcome. Full refund less \$25 processing fee two weeks prior to event, no refunds thereafter. Cancellations must be submitted in writing to: [conted@uwlax.edu](mailto:conted@uwlax.edu).



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[Scholarship application >>>](#)



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1725 State Street  
La Crosse, WI 54601, USA

*Offering programs and services to meet the diverse needs of individuals of all ages!*



## Suicide Prevention Summit

Raising awareness and hope in the community

### Awareness event

Awareness Event

Tuesday, September 17, 2019 | 6–7:30 pm

Myrick Park, La Crosse, WI

**2019 Suicide Prevention Summit**  
*Raising Awareness and Hope in the Community*  
 Wednesday, September 18, 2019  
 Student Union, UW-LaCrosse, La Crosse, WI

7:30–8:30 a.m.	<b>Registration &amp; Continental Breakfast</b>	Bluffs
8:30–9 a.m.	<b>Welcome</b>	Bluffs
9–10:15 a.m.	<p><b>Keynote Session:</b>  <b>The Columbia Protocol: Saving Lives, Reducing Workloads and Protecting Liability Through Improved Identification of Suicide Risk</b>  <i>—Adam M. Lesser, M.S.W., LCSW; Assistant Clinical Professor of Psychiatric Social Work, Division of Child and Adolescent Psychiatry, Columbia University Vagelos College of Physicians and Surgeons; Deputy Director, Columbia Lighthouse Project, New York State Psychiatric Institute, New York, NY</i></p> <p>The Columbia Protocol, a gold-standard, suicide risk screening tool can identify people at high risk and guide next steps. It impacts service utilization by reducing unnecessary intervention and expediting care to those at highest risk, helping redirect scarce resources. This talk will review suicide data and the development, administration and implementation of the tools.</p> <p><b>LEARNING OBJECTIVES</b></p> <ul style="list-style-type: none"> <li>● Explain how preventative screening models can be used to identify at-risk individuals and establish care plans that allocate resources effectively and identify steps taken to implement a comprehensive screening program in a state, community or agency that includes targeted and public health approaches to prevention.</li> <li>● Describe how—utilizing a systemic best practice measurement—the C-SSRS, to identify suicidal ideation and behavior results in improved identification and precision, which ultimately saves lives.</li> <li>● Demonstrate how the C-SSRS impacts care through operationalized criteria for next steps which in turn facilitates more streamlined triage, redirects scarce resources facilitates care delivery to those at highest risk and provides liability protection.</li> </ul> <p><b>APA: 1.25 CE Credits , UWL CEU: 1.25 Contact Hours</b></p>	Bluffs
10:15–10:30 a.m.	<b>Break</b>	Bluffs

10:30–11:45 a.m.	<b>Concurrent Sessions</b>	
	<p><b>Turn Your Pain into Your Greatest Asset</b>  —<i>Kristina Bechtel, B.S., Social Worker, La Crosse County, La Crosse, WI</i></p> <p>Many of us who work in helping professions and most of the individuals we work with have a story that we wake up with every morning. This workshop teaches us how to embrace that story, no matter how painful, and utilize it as our greatest asset in order to become stronger advocates and stronger people. A combination of education material and the trainer's story will be used.</p> <p><b>LEARNING OBJECTIVES</b></p> <ul style="list-style-type: none"> <li>● Identify areas in which their own traumas may be triggered by the stories/actions of their clients and how this can negatively impact not only themselves, but their clients as well.</li> <li>● Use their own story to develop the necessary skills to empower clients to change the direction of their lives.</li> <li>● Identify prevention techniques to protect oneself from the symptoms of workplace stressors that come with working with vulnerable populations.</li> </ul>	Rm 3310
	<p><b>Aging as an Asset: Reducing Suicide in the Aging Population Through Restoring Purpose, Meaning, and Joy</b>  —<i>Kesha Marson, L.C.S.W., Clinical Therapist, Amery Behavioral Health Center, Amery, WI</i></p> <p>Suicide rates among the aging population continue to grow, therefore special consideration must be given to the unique experiences and complex needs of older adults. This presentation will provide attendees with increased knowledge around suicide in the aging population, specific to unique risk factors and warning signs.</p> <p><b>LEARNING OBJECTIVES</b></p> <ul style="list-style-type: none"> <li>● Describe the unique experiences of the aging population and how these experiences contribute to suicide risk and deaths.</li> <li>● List suicide risk factors in the aging population and how they differ from that of other age groups.</li> <li>● Discuss and understand how personal beliefs and biases may contribute to barriers in early detections of suicide risk and subsequent work with the aging population.</li> </ul> <p><b>APA: 1.25 CE Credits , UWL CEU: 1.25 Contact Hours</b></p>	Rm 3314

	<p><b>Cultural Considerations: Suicide Prevention with Queer and Trans Folks</b>  —<i>Caroline Cruys, M.S.W., LCSW, Mental Health Practitioner &amp; DBT Therapist, Meridian Behavioral Health, Minneapolis, MN</i></p> <p>This presentation will be an in-depth introduction to working with, supporting, and preventing suicide within queer and trans populations. Details regarding these diverse populations will be offered as well as first-hand experiences this presenter has in working with queer and trans youth. The goal of this presentation will be to offer tools and knowledge to move forward.</p> <p>LEARNING OBJECTIVES</p> <ul style="list-style-type: none"> <li>● Explain the gender and sexuality spectrums and why it is critical that professionals have an in-depth knowledge of this information.</li> <li>● Discuss the disproportionately high rates of suicide among LGBT individuals, the contributing factors, and unique challenges these individuals can face.</li> <li>● Prepare professionals to adequately support LGBT youth and adults as we work to prevent future suicides within these populations.</li> </ul> <p><b>APA: 1.25 CE Credits , UWL CEU: 1.25 Contact Hours</b></p>	Rm 3110
	<p><b>The Rabbithole: Pain, Mental Health and Chemical Dependency</b>  —<i>Nate Cannon, M.F.A., Speaker, Trainer, Author, Minneapolis, MN</i></p> <p>The interplay of chemical use and mental health has a storied history, in which drugs are often viewed as both the problem and solution. Increasingly, chemical dependence may be intertwined with chronic pain and/or disability, which may amplify mental health challenges. Medications then used to manage chronic pain often serve as a gateway to dependency, and can dramatically increase the risk of suicide. This session will infuse the presenter’s personal experience and education to address how mental health is influenced by chemical use and how chemical use, specifically the opioid epidemic, has contributed to a catch-22 for individuals living with chronic pain, mental health challenges, or who are in recovery. Offering tips on best practices for working effectively with high risk populations in a person-centered approach, this session will address the delicate topic of balancing pain – both emotional and physical - with mental and chemical health.</p> <p>LEARNING OBJECTIVES</p> <ul style="list-style-type: none"> <li>● Discuss how mental health and chemical use influence suicide risk across the lifespan.</li> <li>● Describe how chemical dependence differs from addiction</li> </ul>	Rm 3120

	<p>and the impact of this differentiation on individuals living with chronic pain.</p> <ul style="list-style-type: none"> <li>● Identify key risk factors for suicide in high risk populations, such as those living with chronic pain or mental health diagnoses.</li> </ul>	
Noon–12:45 p.m.	<b>Lunch</b>	Bluffs
12:45–1:30 p.m.	<b>Alternative Therapies</b> — <i>Panel discussion</i>	Bluffs
1:45–3 p.m.	<b>Concurrent Sessions</b>	
	<p><b>Managing Suicidality + Increasing Resiliency = A Life Worth Living</b> —<i>Angela Frederickson, M.S.W., Clinical Director, Northwest Passage, Frederick, WI</i> —<i>Kira Yanko, M.A., Clinical Coordinator, Washburn County CCS, Rice Lake, WI</i></p> <p>In this session we will explore how the use of a combination of research supported interventions: Collaborative Assessment and Management of Suicidality, Dialectical Behavioral Therapy Skills, and building a therapeutic lifestyle can help reduce the risk and recurrence of suicidal thoughts and behaviors.</p> <p><b>LEARNING OBJECTIVES</b></p> <ul style="list-style-type: none"> <li>● Describe the concept of resiliency</li> <li>● Describe the collaborative approach to the assessment and management of suicidality</li> <li>● Apply the concepts of resiliency and collaboration to possible reduction of suicide behaviors in clients with mental health challenges</li> </ul> <p><b>APA: 1.25 CE Credits , UWL CEU: 1.25 Contact Hours</b></p>	Rm 3310
	<p><b>How SEL, Trauma and Connections Prevent Suicide in Schools</b> —<i>Katrina Rotar, M.Ed., Trauma Informed Care Practitioner, Spencer School District, Spencer, WI</i></p> <p>Participants will learn very simple and every day ways to incorporate SEL and Trauma Informed Care practices into their school/classrooms to build connections with students which in turn can lead to increased academic performance and decreased suicide.</p>	Rm 3314

	<p>LEARNING OBJECTIVES</p> <ul style="list-style-type: none"> <li>● List three ways that you will use the TIC information received today to enhance your relationships with students in your school daily.</li> <li>● Prepare one lesson using SEL components to address mental health in your school.</li> <li>● Describe the way a child's brain is affected by trauma and how that translates to behaviors at school.</li> </ul> <p><b>APA: 1.25 CE Credits , UWL CEU: 1.25 Contact Hours</b></p>	
	<p><b>Killing the Self: The Pathologies of American Culture</b>  —Andrew Archer, M.S.W., Owner/Therapist, Minnesota Mental Health Services, Mankato, MN</p> <p>Émile Durkheim (1897) suggested suicide was as much a response to society as an act of individual anguish. Rapid economic, social and political changes result in a state of “anomie” and increased suicide rates. American anomie—represented by political polarization and massive income inequality—began in the 1970s with radical economic changes and the rise of individualism. The cost of our affluence, urbanization and wealth is the correlated increases in depression and suicide.</p> <p>LEARNING OBJECTIVES</p> <ul style="list-style-type: none"> <li>● Explain Émile Durkheim’s concept of “anomie” from <i>On Suicide</i>.</li> <li>● Describe the late-1970s shift in American economic and political policies that have led to the destruction of social bonds, political apathy and the retreat into our own virtual worlds.</li> <li>● Assess the pathologies of current American culture, including poverty, addiction, mental illness and mass incarceration.</li> </ul> <p><b>APA: 1.25 CE Credits , UWL CEU: 1.25 Contact Hours</b></p>	Rm 3110
	<p><b>College Student Suicide: New Data and Current Trends in Prevention &amp; Response</b>  —John Achter, Ph.D., Associate Dean of Students, UW-Stout, Menomonie, WI  —Gretchen Reinders, Ph.D., Director, Counseling and Testing Center, UW-La Crosse, La Crosse, WI</p> <p>In June, 2018 the CDC reported a rise in suicide rates nationwide.</p>	Rm 3120

	<p>Does this trend apply to college students? Attend this session to learn about the most recent data on college student suicide rates and risk factors, as well as best practices for suicide prevention, intervention, and postvention in the university environment.</p> <p><b>LEARNING OBJECTIVES</b></p> <ul style="list-style-type: none"> <li>● Explain state and national mental health and suicide risk data from the National College Health Assessment (NCHA).</li> <li>● Analyze suicide prevention efforts on two different campuses in the UW-System.</li> <li>● Compare best practices for responding to behaviors along the suicide risk continuum, including postvention after completed suicide.</li> </ul> <p><b>APA: 1.25 CE Credits , UWL CEU: 1.25 Contact Hours</b></p>	
3–3:15 p.m.	<b>Break</b>	Bluffs
3:15–4:30 p.m.	<p><b>Keynote Session:</b>  <b>Thriving with Layered Identity: Mental Health and Suicide in the LGBTQ Community</b>  <i>—Nate Cannon, M.F.A., Speaker, Trainer, Author, Minneapolis, MN</i></p> <p>The integration of personal storytelling within the larger context of educational lectures offers providers a first-hand account of recovery and survival. This program illustrates the need and importance of hearing firsthand from individuals in the transgender community as their experiences and insights may help improve practices for underserved populations. Drawing from evidence-based practices within psychology, sociology, criminal justice, and neurology, this program will address the presenter’s personal experience traversing the complexities of undergoing gender transition as an individual with layered identity. The session is appropriate for families, professionals, and consumers of all educational levels.</p> <p><b>LEARNING OBJECTIVES</b></p> <ul style="list-style-type: none"> <li>● Discuss the risk factors for suicide in the transgender population.</li> <li>● Discuss the experience and complexities of being both transgender and living with a mental health diagnosis.</li> <li>● Describe and discuss how being transgender interplays with mental health and chemical health, as well as how hormones and transition influence mood and behavior.</li> </ul>	Bluffs
4:30 p.m.	<b>Adjourn</b>	Bluffs





## Suicide Prevention Summit

Raising awareness and hope in the community

### Venue-travel

**Awareness Event | Tuesday, September 17, 2019 | 6–7:30 p.m.**

Location: Myrick Park, La Crosse, Wis.

**Summit | Wednesday, September 18, 2019 | 8:30 a.m.–4:30 p.m.**

Location: Student Union, UW-La Crosse, La Crosse, WI

### Hotel Room Block

There are a limited number of rooms reserved at:

### [Hampton Inn & Suites](#)

511 Third Street  
La Crosse, WI 54601

You may book [online](#) or call 608.791.4004 to reserve a room. When calling reference **Suicide Prevention Summit** to receive the special rate.

#### **Room rates:**

- \$94, per night

Rates do not include sales or room tax. **Cut off date for reservations is August 16, 2019.**

*Please refer to the hotels website or contact them directly for check-in and check-out times, services and amenities, directions, parking/shuttle service and other hotel information.*

## Parking

You are encouraged to arrive early to secure parking:

Limited parking will be provided on levels 2 and 3 of the [UW-La Crosse parking ramp](#) (located between La Crosse and Farwell Streets). Ramp parking is available on a first-come, first-served basis.

Parking is also available in the commuter parking lots on campus at your own expense.

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## Suicide Prevention Summit

Raising awareness and hope in the community

### Keynote presenters



#### **Adam M. Lesser, M.S.W.**

Assistant Clinical Professor of Psychiatric Social Work (in Psychiatry), Columbia University; Deputy Director of Public Health for the Columbia Lighthouse Project

Adam Lesser is a licensed clinical social worker, Assistant Clinical Professor of Psychiatric Social Work in the Division of Child & Adolescent Psychiatry at the Columbia University Vagelos College of Physicians and Surgeons, and deputy director of the Columbia Lighthouse Project at the New York State

Psychiatric Institute, where he is responsible for all suicide-prevention activities related to public health, including the international dissemination of the Columbia Suicide Severity Rating Scale (C-SSRS). He has published, presented training internationally, and consulted to state and local governments on best practices for suicide-risk identification and prevention. His work has been featured in *Social Work Today* magazine and on Atlanta National Public Radio, CNN en Español, Univision, and other local print and television media outlets.



## **Nate Cannon, M.F.A.**

Speaker, Trainer, Author

Nate Cannon is an award winning, nationally recognized public speaker, trainer, and author. A fierce advocate for transgender rights, mental health awareness, and neurological health issues, he is 15 years sober and has completed 15 marathons since 2009 despite the onset of acquired dystonia, a painful and challenging neurological disorder. He speaks regularly to educators, law enforcement, health care providers, and the public regarding his experiences being transgender and in recovery, living with both mental illness and a physical disability resulting from a suicide attempt.

*Running on a Mind Rewired*, Nate's first memoir, was written under his former name Jennifer and has been used in chemical dependency and mental health curricula at high schools, colleges, treatment centers, and hospitals around the country.

*Dying to Hang with the Boys*, his second memoir, addresses the complexities of undergoing gender transition while living with invisible disability. With direct dialogue on a number of current social justice issues, the book is a must read for anyone working in health and human services, law, law enforcement and corrections, or with an interest in LGBTQ or disability rights.

Nate holds a B.A. in Sociology of Law, Criminology and Deviance from the University of Minnesota, a Paralegal certificate, and Master of Fine Arts in Creative Writing from Hamline University.



## Suicide Prevention Summit

Raising awareness and hope in the community

### Concurrent presenters

#### **Andrew Archer, M.S.W., LICSW**

Andrew is a mindfulness-based practitioner who integrates Zen Buddhism and Eye Movement Desensitization & Reprocessing (EMDR) as clinical interventions to treat rather than simply contain mental health symptoms. Andrew is the author of the 2013 memoir, *Pleading Insanity*, which details a genuine portrait of his own dramatic devastations through mania and depression as well as tools to manage symptoms. Andrew is an associate instructor for University of Minnesota and previously at University of Wisconsin-Madison. Andrew writes as a Topic Expert for GoodTherapy.org and practices psychotherapy at Minnesota Mental Health Services in Mankato, Minnesota.

**John Achter, Ph.D.**

John is a licensed psychologist (WI and MN) who began working in college/ university mental health in 1997, serving for 5 years as a staff psychologist in the Counseling Center at Concordia College-Moorhead, and for 13 years as the director of the Counseling Center at UW-Stout. He began serving as the Associate Dean of Students at UW-Stout in September, 2015. John is married and has two children. His leisure interests include spending time with family, bike riding, running, swimming, playing basketball, camping, kayaking, and involvement in church activities.

**Kristina Bechtel, B.S.W.**

Kristina Bechtel, B.S.W., earned a double major in Social Work and American Indian Studies in December 2014 from the University of Wisconsin-Eau Claire and is currently working on getting her M.S.W. through Winona State University. She currently works as a Social Worker in the Comprehensive Community Service program at the La Crosse County Health and Human Services and has been working with those experiencing mental health disabilities and/or homelessness since 2011. Kristina has found a passion in training others how to utilize Trauma-Informed Care into their daily practice and has been providing workshops on the topic at various conferences for the last two years.

**Caroline Cruys, M.S.W, LCSW**

Is a clinical social worker specializing in work with queer, trans, and gender nonconforming youth and adults, victim/survivors of sexual and interpersonal violence, those experiencing eating disorders, individuals with significant mental health concerns, and those wanting to change their relationship with drugs and alcohol. She is a certified yoga instructor and utilizes yoga and mindfulness in her work with others to support them through a holistic lens. Caroline is also a birth doula-in-training with a passion for reproductive justice and making quality reproductive care accessible for all humans.

**Angela Frederickson, M.S.W.****Kesha Marson, M.S.W., LCSW**

Kesha is a Licensed Clinical Social Worker who works as the Clinical Therapist for our Structured Outpatient Program (SOP) at Amery Hospital & Clinic Behavioral Health Center. Her professional experience spans a broad range of populations, settings, and mental health needs, including children, adolescents, adults, families, groups, incarcerated individuals, veterans, emergency mental health, and community mental health. Kesha has a special interest in working with veterans and their family's as well as suicide prevention.

**Gretchen Reinders, Ph.D.**

Gretchen Reinders, (PGPs she/her/hers), is a licensed psychologist who earned her Master's and doctoral degrees from the University of Missouri-Columbia. She completed predoctoral internship at the University of Illinois at Urbana-Champaign. Reinders specializes in college mental health, having worked

with emerging adults in a university setting for 15 years. She is currently the Director of the Counseling & Testing Center at UWL.

**Katrina Rotar, M.Ed.**

Kristina earned a Bachelor's Degree in Recreation Therapy and a Master's Degree in Educational Counseling. She is an Advanced Certified Trauma Practitioner and has primarily worked with adolescents since 1992. Rotar also instructs graduate level counseling courses for Lakeland University.

**Kira Yanko, M.A., LPC, CS-IT**

Kira Yanko has a Master's Degree in Mental Health and Behavioral Medicine from Boston University School of Medicine. For the past 13 years, she has provided a variety of therapeutic services including assessment, treatment, admissions, program development, and clinical supervision at Northwest Passage in Frederic, Wisconsin. Northwest Passage offers a residential treatment program with services for children and adolescents, her work has focused primarily on the impact of developmental trauma and adverse childhood experiences on individual development and family systems. Kira has training in Dialectical Behavioral Therapy, Prolonged Exposure Therapy, Collaborative Assessment and Management of Suicidality, and Radically Open Dialectical Behavioral Therapy. Over the last year, Kira has stepped away from full time work at Northwest Passage and has worked primarily as the Clinical Coordinator of Washburn County's Comprehensive Community Services program.

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## Suicide Prevention Summit

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### CEUs/CE Credit

**Continuing Education Units (CEUs)** are a means of recognizing and recording satisfactory participation in non-degree programs. University of Wisconsin-La Crosse (UWL) awards one CEU for every 10 contact hours in a continuing education experience. Actual contact hours are recorded. In order to receive a certificate, participants need to sign up for CEUs at the time of registration.

#### **.375 CEUs (3.75 contact hours)**


- UWL CEUs fulfill continuing education requirements for many professionals, agencies and organizations. Professional associations may have specific licensing requirements. Individuals should contact their licensing association before assuming UWL CEUs will fulfill all requirements.



- UW-La Crosse keeps records of individual CEUs for three years of programming. Certificates are emailed within two weeks of the conclusion of each program. Requests for duplicate CEU certificates are charged a \$15 processing fee. [Request form for duplicate CEU hours & certificates](#)
- Additional \$15 fee for UW-La Crosse CEUs.

## Continuing Education for Psychologists

University of Wisconsin-La Crosse is approved by the American Psychological Association to sponsor continuing education for psychologists. The University of Wisconsin-La Crosse maintains responsibility for this program and its content. The maximum number of APA CE credits available for this conference is 3.75.

- If a participant or potential participant would like to express a concern about his/her experience with the University of Wisconsin-La Crosse Extended Learning, they may call or email Tammy Netwal, Operations Manager at [tnetwal@uwlax.edu](mailto:tnetwal@uwlax.edu) . Although we do not guarantee a particular outcome, the individual can expect us to consider the complaint, make any necessary decisions and respond within 30 days.
- How to receive credit: To receive continuing education credit, participants are required to:
  1. Sign in AND out at each session
  2. Attend each session for which credit is required in its entirety
- Additional \$15 fee for American Psychological Association continuing education credit.

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## Suicide Prevention Summit

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### University UG/GRAD credit

Health Education:

**2019 Suicide Prevention Summit Independent Study**

**September 18–October 21, 2019** (15 hours as arranged)

*UW-La Crosse offers 1 undergraduate or graduate credit*

University undergraduate/graduate credit is available to Suicide Prevention Summit participants. In addition to assigned coursework, participants must attend the entire program to receive credit. Registration and payment can be made at the summit or by contacting Briana Meuer, [bmeuer@uwlax.edu](mailto:bmeuer@uwlax.edu)  or 608.785.6513.

**HED 495, section 700 (UG)**

**HED 595, section 700 (GRAD)**

**Registration Deadline:** September 18, 2019

[Syllabus](#) PDF

This course is designed for participants attending the Suicide Prevention Summit on September 18, 2019. In addition to attending workshops on updated information pertaining to suicide, this course will allow participants to explore how his/her current workplace can collaborate to best support the mental and emotional health of students/clients/patients.

**Instructor:** [Sarah Pember, Ph.D.](#) 

## Registration:


*UW-La Crosse online admission application, credit course registration form and payment must all be received by deadline of September 18, 2019.*

[University credit course registration and payment](#) PDF **is separate and in addition to** [Suicide Prevention Summit registration and payment](#).


[UWL academic credit registration form and online admission application directions](#). PDF

***To transfer this credit to another program, students must confirm in advance that the credit will be accepted by their degree granting program. No refunds will be made on the basis of inability to transfer credit.***

**To register for university credit, please contact:**

Briana Meuer, Credit Coordinator  
608.785.6513 or toll free 1.866.895.9233  
[bmeuer@uwlax.edu](mailto:bmeuer@uwlax.edu) 

## Withdrawals:

Any credit withdrawal must be completed by September 23, 2019. After September 23, 2019, you are financially responsible for tuition payment. Contact Briana Meuer at [bmeuer@uwlax.edu](mailto:bmeuer@uwlax.edu)  or

608.785.6513 for assistance. If you are a Continuing Education student enrolled in one course and decide to withdraw, this is considered a withdrawal from the university. There is a \$50 *withdrawal fee* that will be applied to the student's account. If the withdrawal occurs within the time frame allowable for a refund, the \$50 withdrawal fee will be deducted from the refund.

*Connecting the university and the community!*



608.785.6500

866.895.9233 (toll-free)



ex@uwlax.edu

### **Extended Learning**

220 Morris Hall  
1725 State Street  
La Crosse, WI 54601, USA

*Offering programs and services to meet the diverse needs of individuals of all ages!*



## Suicide Prevention Summit

Raising awareness and hope in the community

### Handouts

Presenters may provide handouts at their discretion. Documents will be posted [here](#) as they are received. You will be prompted for the access key (provided in your registration confirmation email) to access the information.

Handouts >>>





## Suicide Prevention Summit

Raising awareness and hope in the community

### Sponsorship & exhibitor information

[Sponsorship online registration >>>](#)



[Exhibitor online registration >>>](#)



### Sponsorship cost:

Summit sponsorships offer marketing opportunities that provide increased visibility to attendees. Consider the following levels of sponsorship to match your goals and budget:

## **\$2,000+ - Gold Sponsorship**

- Brief description of your organization in conference folder (must register by August 30 for inclusion)
- Mention on the Suicide Summit homepage
- One registration that includes lunch and refreshment breaks
- Up to two, 6-foot tables for exhibit space
- Sponsor one AM or PM break with organization name on signage at break tables

## **\$1,000 - Silver Sponsorship**

- Brief description of your organization in conference folder (must register by August 30 for inclusion)
  - Mention on the Suicide Summit homepage
  - One registration that includes lunch and refreshment breaks
  - Up to two, 6-foot tables for exhibit space
- 

## **Exhibitor space cost\*:**

### **\$100\*\* - Exhibitor**

- One registration that includes lunch and refreshment breaks
- One, 6-foot table for exhibit space

*\*Exhibitor times: Wednesday, Sept. 18, 7 a.m.–5 p.m. (includes setup/teardown time). Electricity hook-up NOT guaranteed.*

*\*\*Financial assistance may be available for exhibitors. Please contact Jenny Root, 2019 Suicide Prevention Summit Conference Chair, for details: [jroot@lacrossecounty.org](mailto:jroot@lacrossecounty.org).*

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## **Cancellation policy:**

Substitutions welcome. Full refund less \$25 processing fee two weeks prior to event, no refunds thereafter. Cancellations must be submitted in writing to: [conted@uwlax.edu](mailto:conted@uwlax.edu).

Registration implies permission for photos, publicity and inclusion in a participant list, unless Continuing Education/Extension is notified in writing prior to the program: [conted@uwlax.edu](mailto:conted@uwlax.edu).



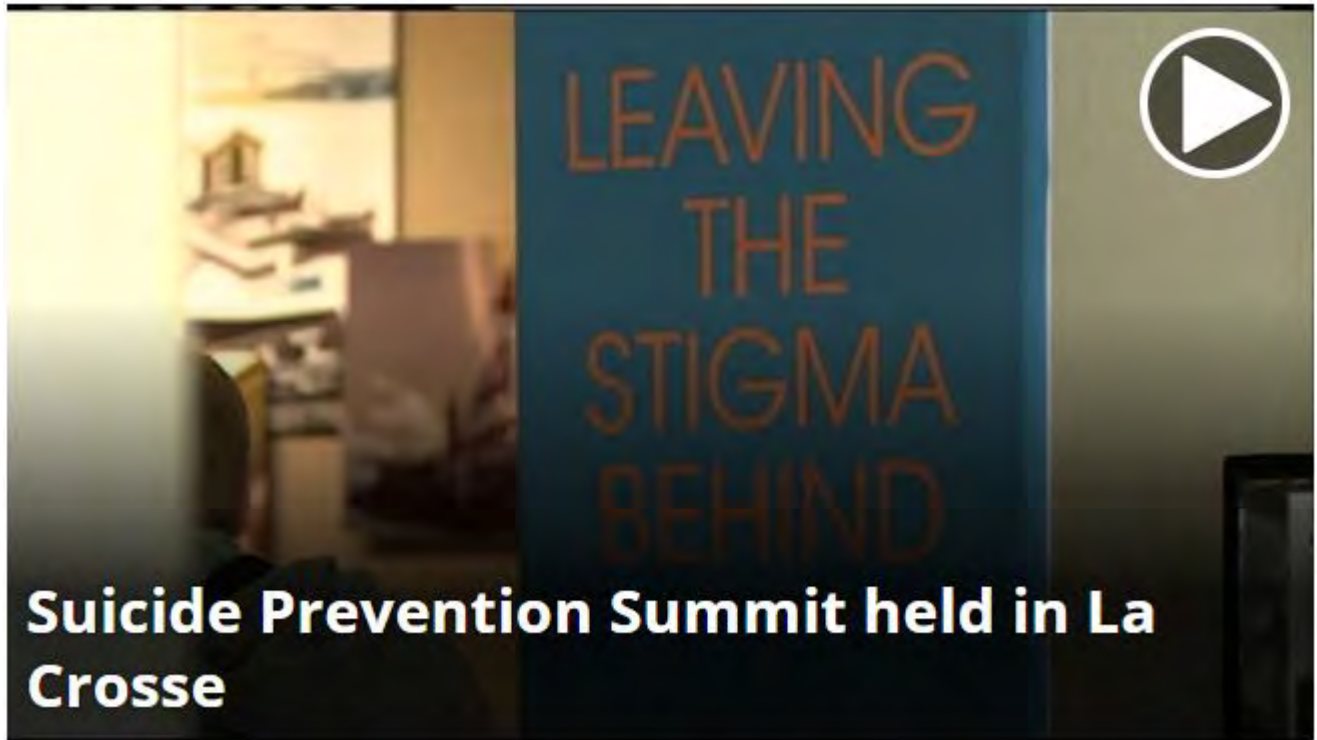
## Suicide Prevention Summit

Raising awareness and hope in the community

### In the news

[Suicide Prevention Summit held in La Crosse](#) ~~ Sep 19, 2018 NEWS8000.com (WKBT)





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**Extended Learning**

220 Morris Hall



## Suicide Prevention Summit

Raising awareness and hope in the community

### Archives

[2016 Suicide Summit archive](#) PDF

[2018 Suicide Summit archive](#) PDF