



Suicide Prevention Summit

Raising awareness and hope in the community

Welcome

Suicide Prevention Summit

Thursday, September 21, 2023

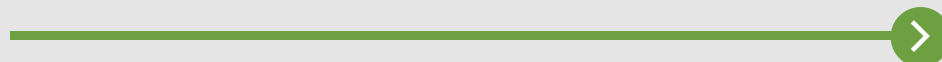
8:45 a.m.–4:30 p.m.

Student Union, UW-La Crosse

521 East Ave North | La Crosse, WI 54601

Register to attend!

Early registration discount by August 21



Sponsor Registration



Exhibitor Registration



About the 2023 Suicide Prevention Summit

The La Crosse Area Suicide Prevention Summit is collaborating with [CAMS-care](#) to provide content and facilitation of a full Education Day.

Morning Session

**Afternoon
Session**

Increase your knowledge base of factors contributing to suicide rates, approaches to suicide prevention, information about risk assessment, interventions, and evidence-based treatments for suicide. In this session, you will also explore how CAMS is an effective evidence-based treatment approach to reducing suicide risk.

✓ **INCREASE** knowledge of statistics and factors contributing to suicide rates for a range of populations in the US

✓ **EXPAND** your knowledge and awareness of the history of the field of suicidology and its contribution to suicide prevention in the US

You will experience an introduction to the CAMS Treatment Framework, an overview of the CAMS model and video demonstrating the use of CAMS with a range of suicidal patients. Then, you will gain an overview of the CAMS Treatment Framework including philosophy and theories underlying the model and video demonstrating the use of CAMS throughout the course of treatment with suicidal patients.

✓ **GAIN** an overview understanding of what CAMS looks like in clinical practice as a suicide-focused framework

✓ **IMPROVE** your understanding of the comparative effectiveness of different approaches for suicide prevention

✓ **PROVIDE** an overview to suicide assessment

✓ **GIVE** an overview of suicide-focused treatments

✓ **LEARN** about the CAMS therapeutic framework to assess suicide risk and treat suicidal individuals

✓ **ADDRESS** issues unique to working with suicidal patients including Ethical and Malpractice consideration

✓ **ADAPT** CAMS to effectively work with

✓ **UNDERSTAND** how the CAMS Framework™ assesses suicidal states through a therapeutic assessment process in the first session

✓ **EXPLORE** CAMS driver-oriented treatment

✓ **DISCUSS** interim care within the CAMS Framework

✓ **DISCOVER** how CAMS Framework can be used to re-assert the model when setbacks occur

PONDER how CAMS could be

these issues and challenges

✓ implemented as a System of Care within your organization

✓ **LEARN** clinical outcomes and dispositions within the CAMS Framework

In partnership:

[La Crosse Area Suicide Prevention Initiative](#)
[UW-La Crosse Graduate & Extended Learning](#)

WHO SHOULD ATTEND

HEALTHCARE
Psychologists
Paramedics
Nurses
Medical assistants

EDUCATION
School counselors
Teachers
Youth leaders
Student service personnel

Social workers and counselors

COMMUNITY

Law enforcement officials

Clergy and pastoral care

Interested/affected
community members

✕ Thank You to our Planning Committee Members

Tim Blumentritt, B.S.W., Care Center

Karlene Buckmaster, CSW, Social Worker, La Crosse County Health
Department

Christine Hughes, M.S.W., Gundersen Health System

Kirsten Krueger, MEd., Tellurian, Inc.

Amy Kuester, CRS, Great Rivers 211

Vincent Loera, M.S.W., APSW, Mayo Clinic Health System

Deb Mahr, R.N., Kaitlin's Table

Jenny Root, CSW, La Crosse County Human Services

Maria Towle, M.S.W., LCSW, CSAC, Stein Counseling & Consulting
Services LTD

✕ **Suicide Prevention Awareness Event | Wednesday, September 20**

6–7:30 p.m., Central Time

Riverside Park, La Crosse, WI

Increase your understanding of suicide, its prevalence and the risk factors for specific populations, and acquire tools for prevention, assessment and intervention.

Thank you to our sponsors!





LA CROSSE COUNTY
Exceptional services. Extraordinary place.




**MINI DONUT
FOUNDATION**



**GRADUATE &
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Connecting the university and the community!

 608.785.6500

866.895.9233 (toll-free)

 ex@uwlax.edu

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205 Morris Hall

1725 State Street

La Crosse, WI 54601, USA

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Register



REGISTER TODAY!

Summit Fees:

Attendee: August 21 or before	\$105
Attendee: August 22 or later	\$135
Student (must present ID at check-in)	\$65
Seniors (Age 62)+	\$65
Military (Active & Veterans)	\$65

Registration fees include conference attendance & materials, [UW-La Crosse CEUs](#), refreshments & lunch.

Cancellation policy*:

Substitutions welcome. Full refund less \$25 processing fee two weeks prior to event, no refunds thereafter. Cancellations must be submitted in writing to: ex@uwlax.edu.

Privacy policy:

Registration implies permission for photos, publicity and inclusion in a participant list, unless Graduate & Extended Learning is notified in writing prior to the program: ex@uwlax.edu.

**Students will be asked to show current, full-time student identification at check-in.*



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Scholarships

Scholarships for the 2023 Suicide Prevention Summit have been generously donated by the [La Crosse Area Suicide Prevention Initiative](#).

To [apply for a scholarship](#)  to the 2023 La Crosse Area Suicide Prevention Summit please download and complete the [scholarship application](#)  and provide a 250–400 word response to the questions below by **August 21, 2023**.

- What is your interest in the topics of mental health and/or suicide?
- What is your current educational/career path and how might it relate to the conference?
- What do you specifically hope to gain from attending the conference (be specific to [conference sessions](#))?

The [application](#)  and your responses to the questions should be emailed in an attached document to Jenny Root, 2023 Suicide Prevention Summit Chair, at JRoot@lacrossecounty.org.

[Scholarship](#)  priority may be given to survivors, families or those planning to work in the field of mental health or suicide counseling.



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-AGENDA-

2023 Suicide Prevention Summit

Raising Awareness and Hope in the Community

8:45 a.m.–4:30 p.m., September 21, 2023

The Bluffs, Student Union, UW-La Crosse, La Crosse, WI

8–8:45 a.m.	Summit Registration, Continental Breakfast & Visit Exhibitors	
8:45–9 a.m.	Welcome	
9–9:30 a.m.	The Challenge of Suicide in the United States <ul style="list-style-type: none"> • National Public Policy Responses • Epidemiology/Prevalence Rates 	
9:30–9:45 a.m.	Formulating Systematic, Clinical Solutions (Studying Clinical Suicidology)	
9:45–10:15 a.m.	What Have We Learned About WHY People Die By Suicide? <ul style="list-style-type: none"> • Cubic Model • Interpersonal Theory • Integrated Motivational Volitional Model • Fluid Vulnerability Theory • Ideation to Action Framework 	
10:15–10:40 a.m.	How Do We Conceptualize Risk? <ul style="list-style-type: none"> • Risk Factors • Warning Signs • Drivers 	
10:40–10:55 a.m.	Break	
10:55–11:25 a.m.	Evidence-Based Risk Assessment <ul style="list-style-type: none"> • Options and Innovations • Differentiating “Assessment” and “Screening” 	
11:25 a.m.–12:10 p.m.	Evidence-Based Interventions and Treatment <ul style="list-style-type: none"> • Safety/Crisis Response Planning • Lethal Means Restriction/Counseling • Non-Demand Follow Up (Caring Contacts) • The Roles of Medication and Hospitalization • Suicide-Specific Frameworks and Intervention Packages <ul style="list-style-type: none"> o Dialectical Behavior Therapy 	

	<ul style="list-style-type: none"> o Cognitive Therapy for Suicidal Patients and Brief Cognitive Behavior Therapy o Collaborative Assessment 	
12:10–12:20 p.m.	Malpractice Liability	
12:20–12:30 p.m.	Questions and Answers	
12:30–1:15 p.m.	Lunch	
1:15–1:35 p.m.	A Systems-Level Approach to CAMS Care	
1:35–2:25 p.m.	Illustrating the CAMS Approach <ul style="list-style-type: none"> • Initial Engagement • Section A Assessment • Section B Assessment • Stabilization and Treatment Planning 	
2:25–2:40 p.m.	Break	
2:40–3:10 p.m.	Illustrating the CAMS Approach (Cont.) <ul style="list-style-type: none"> • Ongoing Care • Setbacks • Resolution 	
3:10–3:45 p.m.	CAMS Adaptations and Applications	
3:45–3:55 p.m.	Innovations and Future Directions Final	
3:55–4:15 p.m.	Questions and Answers/ Survey Evaluation	
4:15–4:30 p.m.	Closing session	



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Venue-travel

Suicide Prevention Summit

Thursday, September 21, 2023 | 8:30 a.m. – 4:30 p.m.

Student Union, UW-La Crosse, La Crosse, WI

Hotel Room Block

There are a limited number of rooms for the night of September 20 reserved at:

[Hampton Inn & Suites](#)

511 Third Street

La Crosse, WI 54601

You may book [online](#) or call 608.791.4004 to reserve a room. When calling reference **Suicide Prevention Summit** to receive the special rate.

Room rates:

- \$90, per night + tax

Rates do not include sales or room tax. **Cut off date for reservations is August 24, 2023.**

Please refer to the hotel website or contact them directly for check-in and check-out times, services and amenities, directions, parking/shuttle service and other hotel information.

Parking

You are encouraged to arrive early to secure parking. Limited parking is available on level 2 of the UWL parking ramp (located between La Crosse

and Farwell Streets). Ramp parking is available on a first-come, first-served basis. Parking is also available in the commuter parking lots on campus at your own expense. You may purchase parking by using the [Passport Parking](#) mobile app. The rate is \$1/hour. Zone numbers are listed on the parking lot signs.



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CEUs

2023 Suicide Prevention Summit CEUs

UWL CEUs



UW-La Crosse Continuing Education Units (CEUs) are a means of recognizing and recording satisfactory participation in non-degree programs. University of

Wisconsin-La Crosse (UWL) awards one CEU for every 10 contact hours in a continuing education experience. Actual contact hours are recorded. **(6 Contact Hours/.6 CEUs)**

- You must attend the Suicide Prevention Summit in its entirety to earn UW-La Crosse CEUs.
- UWL CEUs fulfill continuing education requirements for many professionals, agencies and organizations. Professional associations may have specific licensing requirements. Individuals should contact their licensing association before assuming UWL CEUs will fulfill all requirements.
- UW-La Crosse keeps records of individual CEUs for three years of programming. Certificates are emailed within two weeks of the conclusion of online access to the program.
- UW-La Crosse CEUs are included in registration fee.

CAMS-care CEs

CAMS-care is accredited to offer 6 CE credits for psychologists, social workers, and counselors. [You may pre-purchase CE credits directly from the CAMS-care website for \\$42.](#) Participants will scan QR codes at the

beginning and end of trainings to sign in/out of the training sessions. After the training is complete, you may access your CAMS-care CE credits.

[Purchase CAMS-care CE credits](#)



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University UG/GRAD credit

The registration deadline for university credit has passed.



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Sponsorship & exhibitor information



SPONSOR REGISTRATION

Sponsorship cost:

Summit sponsorships offer marketing opportunities that provide increased visibility to attendees. Currently, we are planning for an in-person event. Please register and submit your logo by **August 28, 2023 to be included in conference materials**. Consider the following levels of sponsorship to match your goals and budget:

[Register to be a sponsor!](#)

	In person event
<p>\$2,000+ Gold Sponsorship</p>	<ul style="list-style-type: none"> • Brief description of your organization in conference folder • Mention on the Suicide Summit homepage • Logo in the event program • One registration that includes lunch and refreshment breaks

	<ul style="list-style-type: none"> • Up to two, 6-foot tables for exhibit space
<p>\$1,000 Silver Sponsorship</p>	<ul style="list-style-type: none"> • Brief description of your organization in conference folder • Mention on the Suicide Summit homepage • Logo in the event program • One registration that includes lunch and refreshment breaks • One 6-foot table for exhibit space



EXHIBITOR REGISTRATION

Exhibitor space cost:

	In-person event
<p>\$100** Exhibitor</p>	<ul style="list-style-type: none"> • One registration that includes lunch and refreshment breaks

- One, 6-foot table for exhibit space

[Register to be an exhibitor!](#)

Exhibitor times: Thursday, September 21 | 7:30 a.m.–5 p.m. (includes setup/teardown time). Electricity hook-up NOT guaranteed.

****Financial assistance may be available for exhibitors.** Please contact *Jenny Root, 2023 Suicide Prevention Summit Conference Chair*, for details: jroot@lacrossecounty.org.

Cancellation policy: Substitutions welcome.

- **Exhibitors:** Full refund less \$25 processing fee two weeks prior to event, no refunds thereafter. Cancellations must be submitted in writing to: ex@uwlax.edu.
- **Sponsors:** All sponsorships are final, no refunds will be given.

Registration implies permission for photos, publicity and inclusion in a participant list, unless UWL Graduate & Extended Learning is notified in writing prior to the program: ex@uwlax.edu.



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Our Mission

The La Crosse Area Suicide Prevention Initiative (SPI) is committed to promoting awareness that suicide is a public health problem that is preventable.

*****This website is not a crisis line.**

Please see our disclaimer at the bottom of the page for more information on immediate assistance.



[Learn More about SPI](#)



Upcoming Events in the Community

See what's going on in the community related to mental health/suicide awareness, education and prevention, including events hosted by the La Crosse Area Suicide Prevention Initiative.



LEARN MORE



**Want to
Learn More
About
Suicide?**



common myths surrounding suicide? What are the current statistics on suicide rates?
Hear personal stories from suicide attempt survivors.

[Learn More about Suicide](#)

Get Involved

Donate

Donations help us to continue and increase our ability to raise

Attend Our Meetings

Where: La Crosse County Health and Human Services Building;
300 4th St N La Crosse (currently

Volunteer

We are always looking for volunteers to help us run our events and programming. For



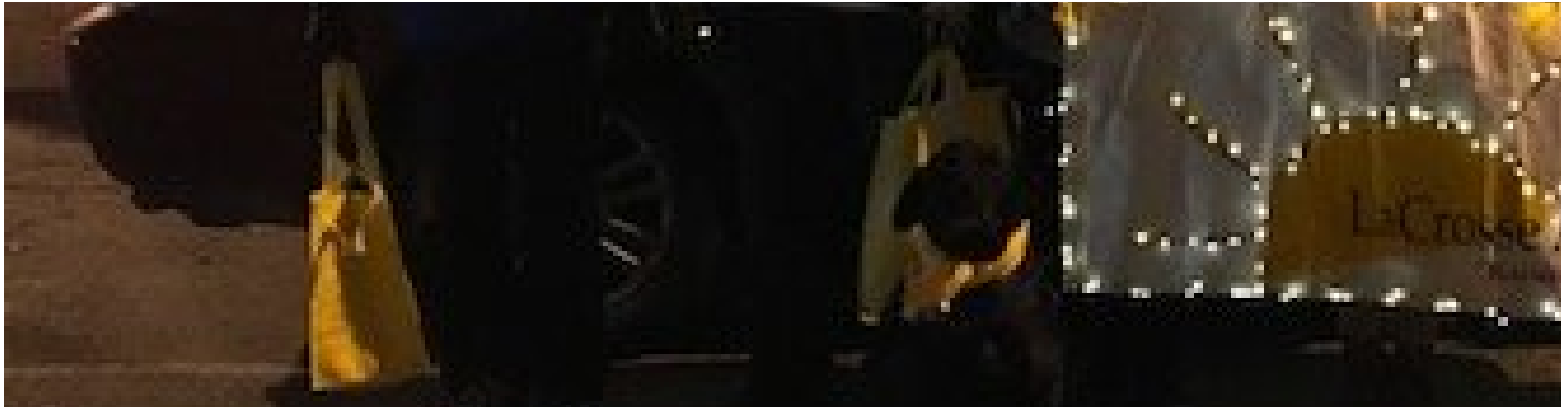
[Donate](#)

When: First Thursday of the month, 3:00 to 4:30 PM (unless otherwise noted)

[Volunteer Request](#)

[Request Meeting Link](#)





*****Disclaimer*****

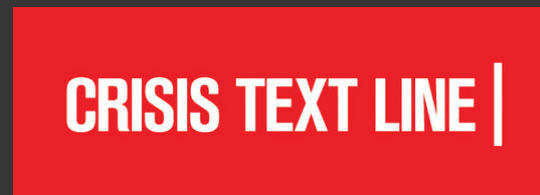
THIS WEBSITE IS NOT A CRISIS LINE. IF YOU OR SOMEONE ELSE MAY BE SUICIDAL, OR IN THE CASE OF ANY EMERGENCY, PLEASE CALL ONE OF THE FOLLOWING RESOURCES FOR IMMEDIATE ASSISTANCE:

911 → dial 911

La Crosse County Crisis → dial 608.784.4357

Great Rivers 211 Information & Referral and Crisis Line → dial 211

988 Suicide & Crisis Lifeline → dial or text 988



YOUR LIFE MATTERS 🧡 YOUR LIFE MATTERS 🧡 YOUR LIFE

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SPI, PO Box 231, Onalaska, WI 54650

[CONTACT US](#)

