# UNIVERSITY STATES 2020-21 **UW-LA CROSSE GRADUATE STUDENT ORIENTATION AND RESOURCE GUIDE**

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## DIRECTOR OF GRADUATE STUDIES WELCOME

#### -MEREDITH THOMSEN-

Revising this message for our Spring 2020 edition is an interesting challenge. We have completed two weeks of campus shutdown, and we are starting online teaching for all spring classes.

As unusual as the circumstances are, some things about graduate studies at UWL are the same as ever. One of those is the way faculty and staff work to support our students.

I see Graduate Program Directors rising to the challenge of supporting their students as school and clinical placements are upended. I see course instructors finding unique ways to meet student learning outcomes without face-to-face meetings. I see research advisors developing a Plan B with students who are shut out of lab spaces.



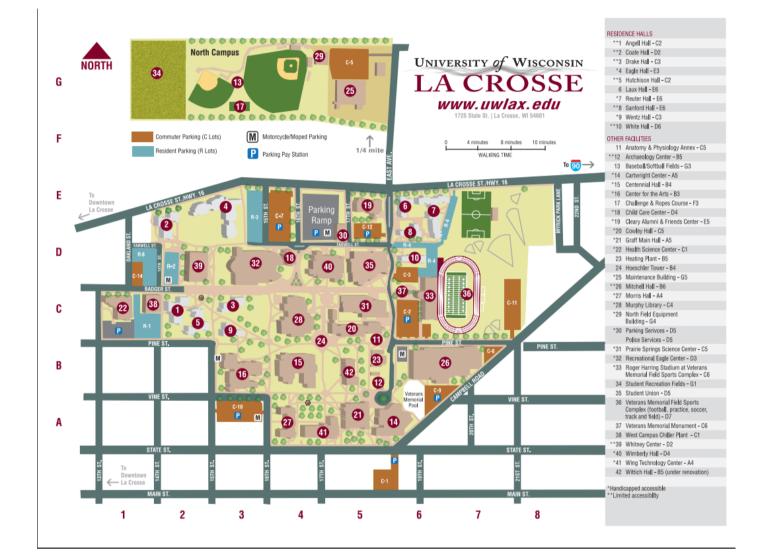
UWL faculty are committed to helping graduate students achieve their goals. That is true under "normal" circumstances, and it is true today.

The information presented here will help you as you prepare to start your graduate studies at UWL. We acknowledge that many uncertainties remain about when campus will re-open. Look to your graduate program for information about how they will be working through the unprecedented conditions we are facing this spring. Your Graduate Program Director and other program faculty will be happy to help you.

## Visit the Grad Studies Site for more information

### **CAMPUS MAP**

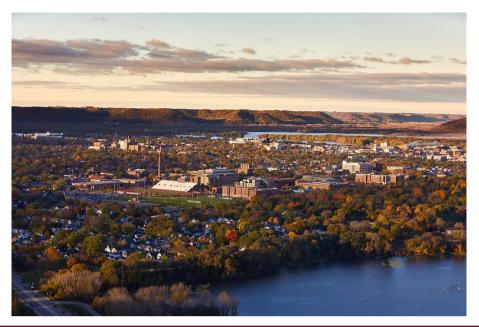
#### **CLICK ON MAP TO VIEW ONLINE**



### Take a Virtual Tour

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## GET TO KNOW LA CROSSE



## La Crosse Area Maps

This website provides maps of the La Crosse area including the City of La Crosse, Onalaska, and La Crescent.

## **Explore La Crosse**

Explore La Crosse is a website maintained by the La Crosse County Convention and Visitor's Bureau. They provide information on everything there is to do in La Crosse County. Check out their 2019 Visitor's Guide <u>here</u>.

## La Crosse Neighborhoods

Beginning your housing search, but don't know where to start? Check out the different neighborhoods in La Crosse <u>here</u>.

## CAMPUS RESOURCES

#### **Academic Advising Center**

(608) 785-6950 1140 Centennial Halll E-mail: advising@uwlax.edu https://www.uwlax.edu/info/academic-advising/

ACCESS Center (608) 785-6900 165 Murphy Library Email: ACCESSCenter@uwlax.edu https://www.uwlax.edu/access-center/

#### Bookstore

(608) 785-8855 Student Union-First Floor <u>http://www.uwlax.edu/bookstore/</u>

Career Services (608) 785-8514 1140 Centennial Hall https://www.uwlax.edu/aaccs/

#### **Cashier's Office**

(608) 785-8719 121 Graff Main Hall <u>http://www.uwlax.edu/cashiers/</u>

Campus Child Care Center (608) 785-8813 E-mail: dhays@uwlax.edu https://www.uwlax.edu/campus-child-center/

Campus Climate (608) 785-5094 1120 Centennial Hall Email: campusclimate@uwlax.edu https://www.uwlax.edu/campus-climate/

#### **Counseling and Testing Center**

(608) 785-8073 2106 Centennial Hall https://www.uwlax.edu/counseling-testing/

#### **Dining Services**

(608) 785-8888, 3200 Student Union Email: univcenters@uwlax.edu <u>https://www.uwlax.edu/university-centers/</u> services/dining-services/

Diversity and Inclusion (608) 785-5097 205 Graff Main Hall https://www.uwlax.edu/diversity-inclusion/

Eagle Help Desk (608) 785-8774 103 Wing Technology Center Email: helpdesk@uwlax.edu https://www.uwlax.edu/its/client-services-andsupport/eagle-help-desk/

Equity and Affirmative Action (608) 785-8541 131 Graff Main Hall Email: aad@uwlax.edu https://www.uwlax.edu/equity/

Human Resources (608) 785-8013 144 Graff Main Hall Email: hrinfo@uwlax.edu https://www.uwlax.edu/human-resources/

International Education and Engagement (608) 785-8016 1209 Centennial Hall Email: international@uwlax.edu https://www.uwlax.edu/international-education/

Multicultural Student Services (608) 785-8225 1101 Centennial Hall Email: omss@uwlax.edu https://www.uwlax.edu/multicultural-studentservices/

## CAMPUS RESOURCES

Office for Financial Aid (608) 785-8604 215 Graff Main Hall Email: finaid@uwlax.edu https://www.uwlax.edu/finaid/

Office of Graduate Studies (608)-785-8124 223 Graff Main Hall Email: gradstudies@uwlax.edu https://www.uwlax.edu/graduate-studies/

Parking and Transportation Services (608) 785-8061 605 17th St. N. Email: parking@uwlax.edu https://www.uwlax.edu/parking/

**Police** Non – Emergency: (608) 789-9000 Emergency: (608) 789-9999

www.uwlax.edu/police

Pride Center (608) 785-8887 2216 Student Union Email: pridecenter@uwlax.edu https://www.uwlax.edu/pride-center/

Records and Registration (608) 785-8576 117 Graff Main Hall Email: records@uwlax.edu http://www.uwlax.edu/records/

Rec Sports (608) 785-5225 125 Recreational Eagle Center Email: recoffice@uwlax.edu https://www.uwlax.edu/recsports/ Residence Life (608) 785-8075 1500 La Crosse Street Email: housing@uwlax.edu https://www.uwlax.edu/reslife/

Student Affairs (608)-785-8062 149 Graff Main Hall deanofstudents@uwlax.edu https://www.uwlax.edu/student-affairs/

Student Health Center (608) 785-8558 Health Science Center, Suite 1030 Email: shcnetworking@uwlax.edu https://www.uwlax.edu/student-health-center/

Student Life (608) 785-8062 149 Graff Main Hall Email: studentlife@uwlax.edu https://www.uwlax.edu/student-life/

University Centers (608) 785-8888 3200 Student Union Email: univcenters@uwlax.edu https://www.uwlax.edu/university-centers/

University Event Support 3200 Student Union (608) 785-8895 https://www.uwlax.edu/reservations/eventservices-and-resources/

## GETTING STARTED AT UWL



## **GETTING YOUR UWL STUDENT ID**



This is the official identification card for all students, and may also serve as your meal card or keycard. It is University policy that all students and staff have a University ID card. It can be obtained and replaced at the Card Office at 1131 Student Union. Make sure to bring another form of identification with you, such as your driver's license, state issued ID, or passport.

#### VISIT THE FOLLOWING FOR MORE INFORMATION

Eagle ID Page

## COST TO ATTEND, HOW TO PAY



The Cashier's Office website is where you will find information about tuition, fees, billing, and deadlines. The Cashier's Office on campus is in 121 Graff Main Hall. For more information about the costs of attending UWL, please check the link below.

#### VISIT THE FOLLOWING FOR MORE INFORMATION:

Cashier's Office

**Cost of Attendance** 

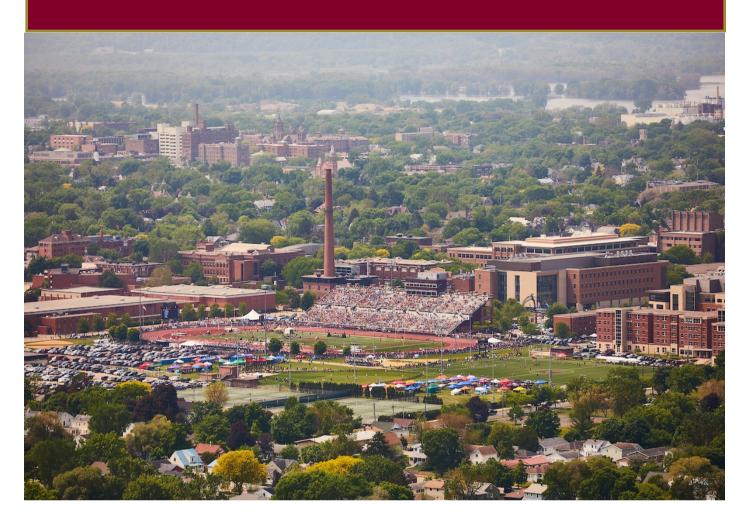
## HOUSING



On-campus housing in the residence halls is available to graduate students, although most graduate students live off campus. Explore the links below to discover housing options available to you. Please note: Graduate Studies does not officially endorse or contribute to the links below. If you need assistance finding housing, please reach out to the Graduate Studies Office, gradstudies@uwlax.edu.

Residence Life	UWL Off-Campus Housing Facebook
Off-Campus Housing	Zillow
	Return to Table of Contents

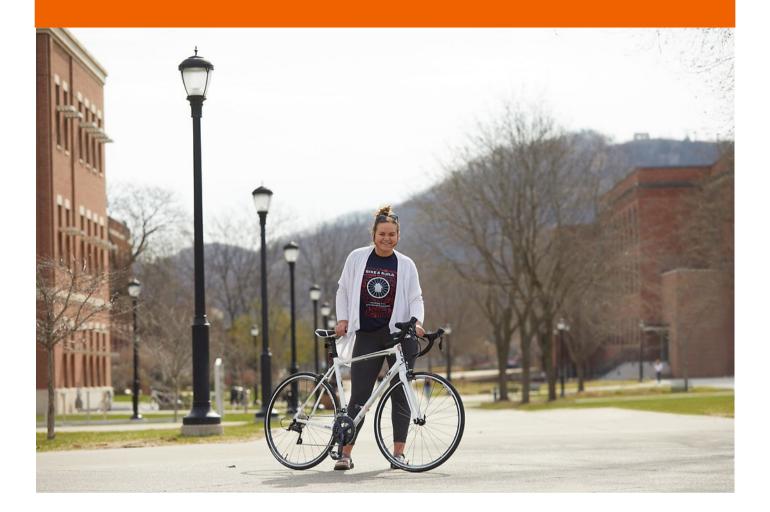
## COST OF LIVING



According to US Census Data, the median gross rent in La Crosse from 2014-2018 was \$782. For more information on the current average rates of living in La Crosse and other cities, feel free to check the link below for detailed information.

## **Rental Statistics**

## PARKING AND TRANSPORATION



If you choose to drive to the UWL campus, please note that parking is limited and you will need a parking permit. There are also alternative transportation options available in La Crosse.

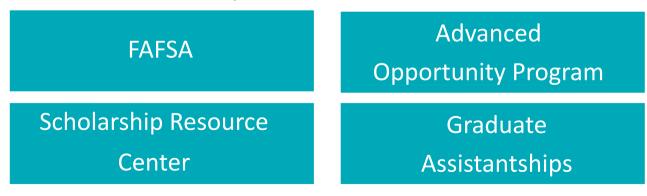
#### VISIT THE FOLLOWING FOR MORE INFORMATION



## **FINANCIAL AID**



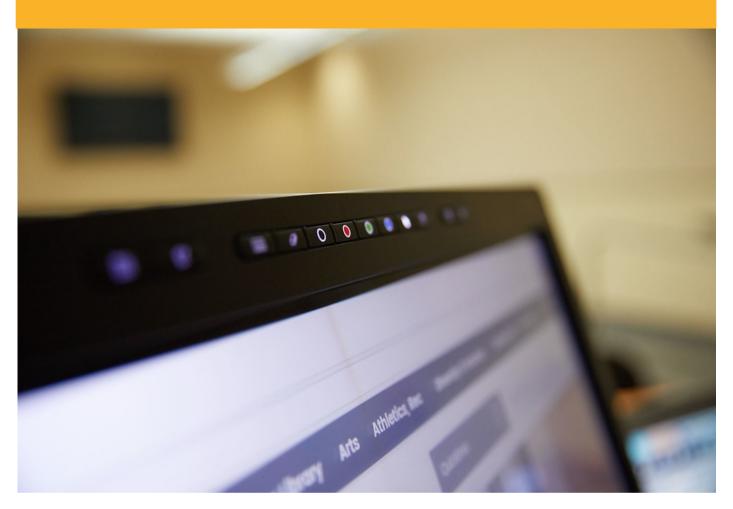
Consider connecting with the Financial Aid office to discuss your financial needs as well as any funding options that might be available to you. Our specific Financial Aid consultant for graduate students is <u>Christina Hayes</u>.



## ENROLLMENT PROCEDURES AND POLICIES



## WINGS



WINGS is the UWL student information system. The software provides UWL students, faculty and staff with access to information related to recruiting and admissions, records and registration, financial, bill payments, and self-service options.

#### To Learn More Visit:

### WINGS Help

## COURSE LOAD REQUIREMENTS



To receive financial aid as a graduate student, you must be registered for a minimum of 5 credits. You must be registered for 9 credits to be considered full-time. The recommended full-time load is 12 credits per semester. The maximum course load for graduate students is 15 credits per semester and 9 credits during a 12-week summer session. Please see your graduate program director for program-specific requirements.

#### For international students:

To maintain legal immigration status, international students must be enrolled full-time each semester for no less than 9 credits. Failure to maintain full-time status can result in the loss of F-1/J-1 student visa benefits.

#### For more information, check out the Graduate Catalog:

**Graduate Catalog** 

## **REGISTERING FOR CLASSES**



Before registering for classes, reach out to your program director to ensure you enroll in the right courses. Your enrollment date and time is located in your WINGS Student Center. There is a nonrefundable registration fee. Some programs require students to register through their advisors instead of WINGS.

#### **To Register for Classes:**

- 1. Log on to WINGS with your NetID and Password
- 2. Go to the Student Center
- 3. Select "Enroll" under Academics

#### Visit the Following to Register:

WINGS Student Center

## ACADEMIC STANDING AND TIME TO DEGREE



To stay in good academic standing, graduate students must maintain at least a 3.0 cumulative grade point average. Any student receiving a D or F in a graduate course will be dismissed from graduate study.

Students must complete their degree within seven years of enrollment.

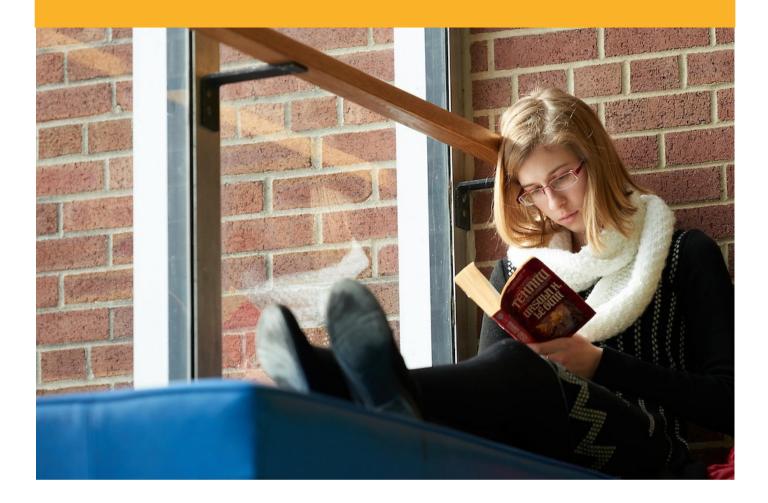
For more information, check out the Graduate Catalog.

**Graduate Catalog** 

## CAMPUS RESOURCES FOR GRADUATE STUDENTS



## **GETTING YOUR BOOKS**



Graduate students must purchase their books. All required class materials are available in the University Bookstore. The University Bookstore does offer a Rent-a-Text program that could save students money on acquiring class materials.

#### Visit the Following for More Information:

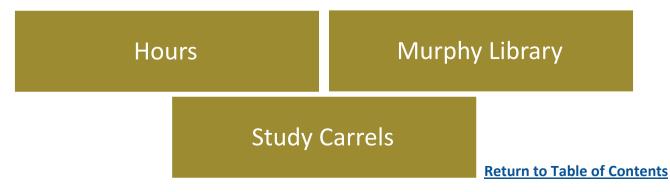


## MURPHY LIBRARY



Murphy Library is a graduate student's resource for research projects or a quiet space to study. The library offers online databases that students can utilize for their projects and research. The library offers many services such as borrowing, resource sharing, interlibrary loans, and course reserves. It also offers study carrels, which are individual study rooms. For the hours and more detailed information on the library check out the links below.

#### Learn More Here:



## OFFICE OF GRADUATE STUDIES



The Office of Graduate Studies is dedicated to serving graduate students. We offer networking and educational events tailored to the needs of graduate students. We also offer a variety of grants to support graduate student research, service projects, and professional travel— see the web page for more information. We also work with graduate students on thesis and dissertation editing and final approval. We are located in 223 Graff Main hall.

#### See How the Office of Graduate Studies Can Help You:

**Graduate Studies** 

## **GRADUATE STUDENT ORGANIZATIONS**





UWL has several university-level committees that include graduate students as members. Email gradstudies@uwlax.edu if you are interested in serving on a university committee. Many graduate programs on campus have their own organizations for students - ask your Graduate Program Director for more information.

**Grad Student Organization** 

UWL Student Association Student Senate (2 graduate students)

Graduate Academic Program Review Committee (1 graduate student)

Graduate Council (2 graduate students)

Library Committee (1 graduate student)

Scholarship and Awards committee (3 students)

Joint Planning and Budget (1 graduate student)

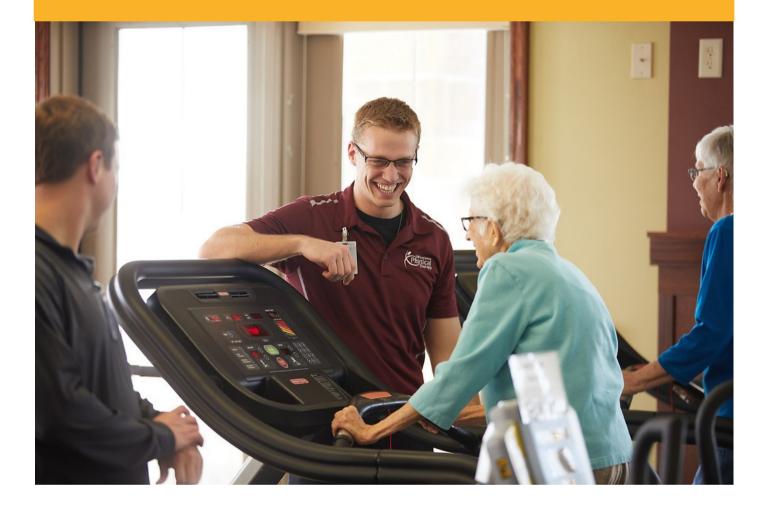
The Graduate Curriculum Committee (3 graduate students)

AIDAC (1 graduate student)

Please follow the link below for meeting dates and site links for more information if you'd be interested in joining any of these organizations:

Graduate studies site

## GRANTS



Looking for funding to support your graduate research or project? The Graduate Studies Office offers three types of grants to graduate students to help fund research, service projects, and professional travel. The links below provide more information on each of the grants.



## **ON-CAMPUS DINING OPTIONS**



UWL boasts many on-campus dining options for grabbing a quick meal or sitting down and having lunch with friends. Below are some options for you to check out.

#### Student Union (#33 on the Map)

#### Whitney Center (#39 on the Map)

Main Dining Room (All-You-Care-To-Eat) Chars Badger Street Station

#### Murphy Library (#28 on the Map)

Murphy's Mug

#### Centennial Hall (#16 on the Map)

Starbucks on the Go

Einstein Bros Bagels Earth Table Salad Bar

Erbert and Gerbert's

La Crosse Café

Hissho Sushi The Cellar

On the Go

Sono's Grilled It

## **MEAL PLANS**



UWL offers campus meal plans for students in the form of block meal plans. Additionally, UWL offers the option to purchase Maroon Dollars, which can only be used at dining and coffee locations, and Campus Cash, which can be used for dining/coffee locations as well as for laundry, printing, vending machines, and other UWL locations.

#### **Campus Meal Plan Options:**

Let's Eat

## STUDENT HEALTH CENTER

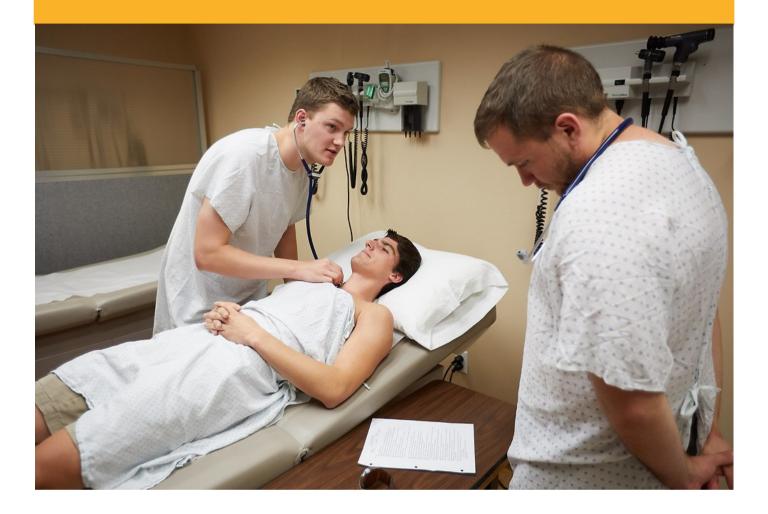


The Student Health Center provides healthcare and counseling services to UWL and Western Technical College students. There is a Health Center User Fee that is automatically charged to all UWL students enrolled in equal to or greater than one credit. There are also nominal charges for some services including laboratory services, radiographs, minor procedures, equipment/supplies, medications, and immunization/allergy injections. Charges will be billed to your student account.

#### See How the Student Health Center Can Help You:

Services

## **OTHER HEALTH CARE OPTIONS**



We understand that students may still be on their parent's healthcare plan, but they are still welcome to utilize the Student Health Center (see previous page). It is advisable, however, that students learn if local medical centers (Gundersen or Mayo Clinic Health Systems) are in your insurance company's network if you need emergency care.

#### **Local Medical Centers:**

### **Gundersen Health**

System

Mayo Clinic Health System

## STUDENT UNION



The Student Union is a "campus living room" for students. It provides many amenities to students such as:

- Dining options
- Lounges
- Conference and meeting rooms
- Eagle ID office
- Movie theater

- Recreational areas
- The COVE
- University Bookstore and Textbook Rental
- UW Credit Union
- Learn More Here:

#### **University Centers**

## **CAREER SERVICES**



UWL Career Services provides resources to students looking for part -time jobs or searching for their post-professional degree career such as resume reviews, interview preparation, finding careers, and more.

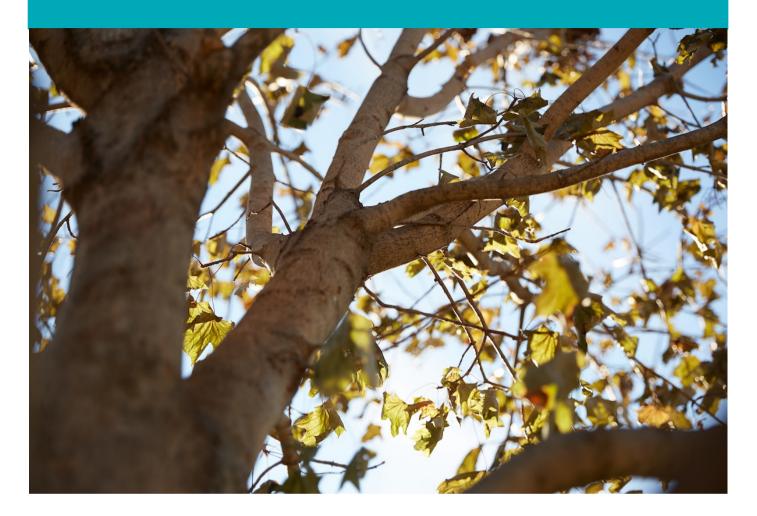
Handshake is UWL's online career services management system that provides students access to job, internships, and other career resources.

#### Learn More Here:

### Handshake

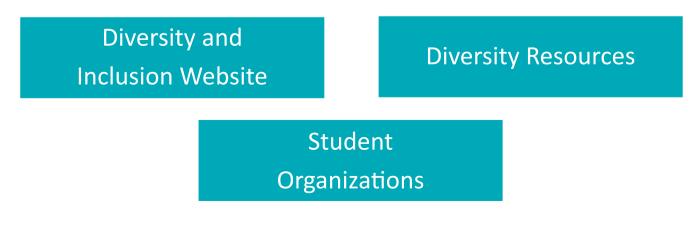
**Career Services** 

## **DIVERSITY AND INCLUSION**



Through diversity, inclusion, and engagement, we can achieve Inclusive Excellence. UWL provides a wide range of resources and services related to diversity and inclusion

#### Learn More Here:



## CAMPUS CHILD CENTER



The Campus Child Center is a state licensed and nationally accredited child care setting. They care for and provide education to the children of UWL's students, staff, and faculty.

#### Hours:

Preschool area: 7 a.m. - 6 p.m. Monday - Friday

Toddler area (one-year old room): 7:30 a.m. - 5:30 p.m. Monday -Friday

#### Learn More Here:

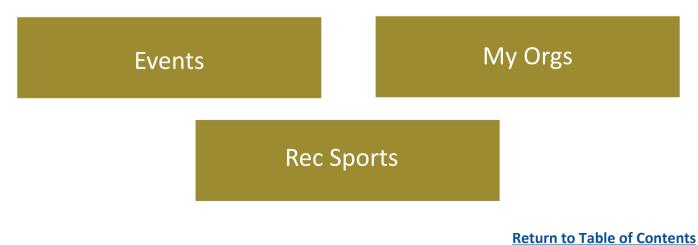
Campus Child Center

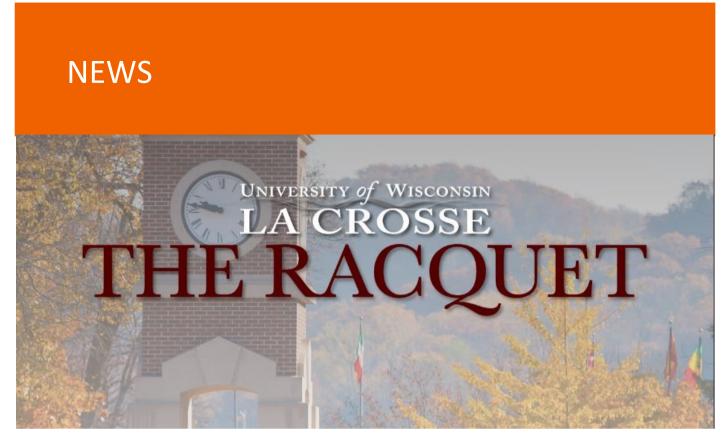
## THINGS TO DO ON CAMPUS



UWL offers a wide variety of events, student organizations, and activities for students to participate in. Check out the links below to learn more about what UWL has to offer.

#### Learn More Here:





UWL has a graduate newsletter with a focus on graduate student relevant information, workshops, and events as well as spotlights on graduate students across disciplines. UWL also has a student run newsletter called The Racquet that covers campus news and a newsletter for Alumni called The Lantern.

Graduate Newsletter

The Lantern

The Racquet

## INFORMATION TECHNOLOGY SERVICES



## PRINTING

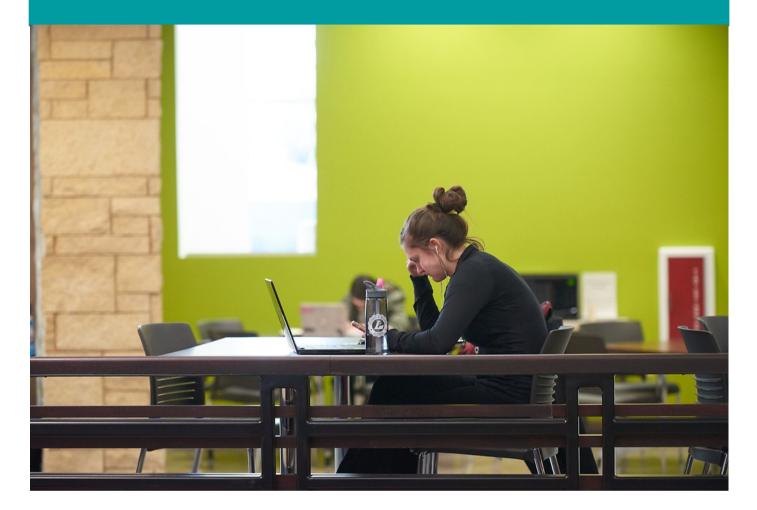


UWL offers a Pay-for-Print option for students. Each semester, students are given money for their print balance. After these funds are used up, students can add to their balance through the UWL Get Funds page or the Meal Plan and Card Office in 1131 Student Union.

#### Learn More Here:

**Pay-for-Print** 

## PASSWORD MANAGEMENT

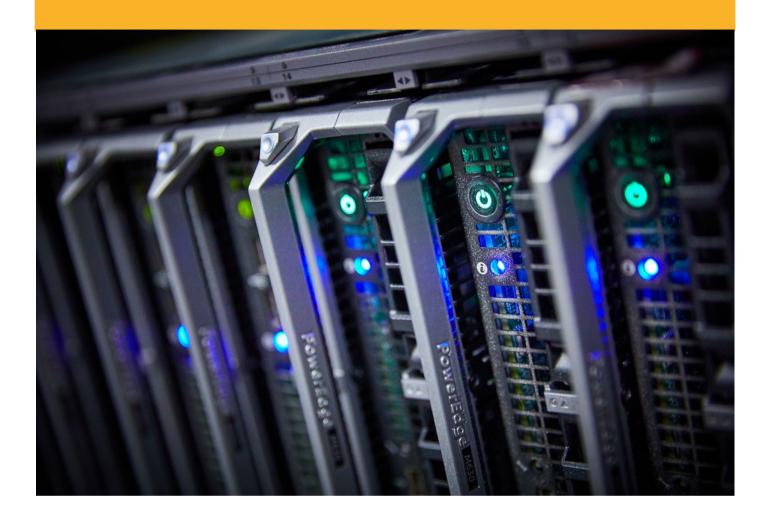


Whether you are new to campus and need to set up your password, your password expires, or you happen to forget it, UWL's ITS offers an easy way to reset your password. Follow the link below.

Password Management

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## VIRTUAL DESKTOP



Virtual Desktop allows UWL students, faculty, and staff to access a Windows computer desktop from their own personal computers, either on campus or from another location. This virtual desktop looks similar to the ITS Computer Classrooms and Labs desktop. To use the virtual desktop you only need to download a small software program to your computer. Anything saved on the virtual desktop will be lost, so be sure to save it elsewhere.

#### Learn More About Virtual Desktop:

Virtual Desktop

## EAGLE HELP DESK



Eagle Help Desk is dedicated to helping students and faculty with technology requests. They are located in Room 103 Wing Technology Center, or you can submit a <u>Web Help Desk Ticket</u>.

Learn More Here:

Eagle Help Desk