

A photograph of a brick building with a sign that reads "UNIVERSITY of WISCONSIN LA CROSSE". In the foreground, there are several yellow and red tulips. The image has a purple tint.

UNIVERSITY of WISCONSIN  
LA CROSSE

2019-20

UW-LA CROSSE

An aerial photograph of the city of La Crosse, Wisconsin, showing a river, a road, and buildings. The image has a purple tint.

**GRADUATE STUDENT  
ORIENTATION AND  
RESOURCE GUIDE**

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# DIRECTOR OF GRADUATE STUDIES WELCOME

-MEREDITH THOMSEN-

UWL has a wide array of quality graduate programs. What unifies this diverse set of programs? As I see it, the signature elements of graduate education at UWL are the quality of our mentoring, and the way graduate faculty and students engage with the community.

UWL is known for high-quality teaching and student research, faculty skill sets that we apply in graduate advising. We see our work with graduate students through the lens of teaching first, and research productivity second. That contrasts with the model at R1 institutions, where the progress of the research is sometimes more important than the success of individual students.



It would be easy for faculty to stay on campus, to teach classes and conduct research in a vacuum. Graduate education at UWL could not be further from that model. Clinical Exercise Physiology students test new products to verify fitness claims. Physical Therapy students work with residents at local assisted living facilities. School Psychology students help grade school students process traumatic experiences to move forward in their education. Community engagement enriches the educational experience of our graduate students, giving them an advantage as they move on to their careers, or continue their education.

I am pleased that you have chosen UWL for the next step in your academic journey. The Office of Graduate Studies is here to provide resources to help you along the way, in the form of grants, the Graduate Student Organization, workshops and events. We are looking forward to meeting you in person.



**Like @UWLgradstudies on Facebook for  
Grad Studies updates.**

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# CAMPUS MAP

CLICK ON MAP TO ENLARGE



Take a Virtual Tour

# GET TO KNOW LA CROSSE



## La Crosse Area Maps

This website provides maps of the La Crosse area including the City of La Crosse, Onalaska, and La Crescent.

## Explore La Crosse

Explore La Crosse is a website maintained by the La Crosse County Convention and Visitor's Bureau. They provide information on everything there is to do in La Crosse County. Check out their 2019 Visitor's Guide [here](#).

## La Crosse Neighborhoods

Beginning your housing search, but don't know where to start? Check out the different neighborhoods in La Crosse [here](#).

# CAMPUS RESOURCES

## **Academic Advising Center**

(608) 785-6950  
1140 Centennial Hall  
E-mail: [advising@uwlax.edu](mailto:advising@uwlax.edu)  
<http://www.uwlax.edu/advising/>

## **ACCESS Center**

(608) 785-6900  
165 Murphy Library  
Email: [ACCESSCenter@uwlax.edu](mailto:ACCESSCenter@uwlax.edu)  
<https://www.uwlax.edu/access-center/>

## **Bookstore**

(608) 785-8855  
Student Union-First Floor  
<http://www.uwlax.edu/bookstore/>

## **Career Services**

(608) 785-8514  
1140 Centennial Hall  
<https://www.uwlax.edu/career-services/>

## **Cashier's Office**

(608) 785-8719  
121 Graff Main Hall  
<http://www.uwlax.edu/cashiers/>

## **Campus Child Care Center**

(608) 785-8813  
E-mail: [dhays@uwlax.edu](mailto:dhays@uwlax.edu)  
<https://www.uwlax.edu/campus-child-center/>

## **Campus Climate**

(608) 785-5094  
1120 Centennial Hall  
Email: [campusclimate@uwlax.edu](mailto:campusclimate@uwlax.edu)  
<https://www.uwlax.edu/campus-climate/>

## **Counseling and Testing Center**

(608) 785-8073  
2106 Centennial Hall  
<https://www.uwlax.edu/counseling-testing/>

## **Dining Services**

(608) 785-8888,  
3200 Student Union  
Email: [univcenters@uwlax.edu](mailto:univcenters@uwlax.edu)  
<https://www.uwlax.edu/university-centers/services/dining-services/>

## **Diversity and Inclusion**

(608) 785-5097  
205 Graff Main Hall  
<https://www.uwlax.edu/diversity-inclusion/>

## **Eagle Help Desk**

(608) 785-8774  
103 Wing Technology Center  
Email: [helpdesk@uwlax.edu](mailto:helpdesk@uwlax.edu)  
<https://www.uwlax.edu/its/client-services-and-support/eagle-help-desk/>

## **Equity and Affirmative Action**

(608) 785-8541  
131 Graff Main Hall  
Email: [aad@uwlax.edu](mailto:aad@uwlax.edu)  
<https://www.uwlax.edu/equity/>

## **Human Resources**

(608) 785-8013  
144 Graff Main Hall  
Email: [hinfo@uwlax.edu](mailto:hinfo@uwlax.edu)  
<https://www.uwlax.edu/human-resources/>

## **International Education and Engagement**

(608) 785-8016  
1209 Centennial Hall  
Email: [international@uwlax.edu](mailto:international@uwlax.edu)  
<https://www.uwlax.edu/international-education/>

## **Multicultural Student Services**

(608) 785-8225  
1101 Centennial Hall  
Email: [omss@uwlax.edu](mailto:omss@uwlax.edu)  
<https://www.uwlax.edu/multicultural-student-services/>

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# CAMPUS RESOURCES

## **Office for Financial Aid**

(608) 785-8604

215 Graff Main Hall

Email: [finaid@uwlax.edu](mailto:finaid@uwlax.edu)

<https://www.uwlax.edu/finaid/>

## **Office of Graduate Studies**

(608)-785-8124

223 Graff Main Hall

Email: [gradstudies@uwlax.edu](mailto:gradstudies@uwlax.edu)

<https://www.uwlax.edu/graduate-studies/>

## **Parking and Transportation Services**

(608) 785-8061

605 17th St. N.

Email: [parking@uwlax.edu](mailto:parking@uwlax.edu)

<https://www.uwlax.edu/parking/>

## **Police**

Non – Emergency: (608) 789-9000

Emergency: (608) 789-9999

## **Pride Center**

(608) 785-8887

2216 Student Union

Email: [pridecenter@uwlax.edu](mailto:pridecenter@uwlax.edu)

<https://www.uwlax.edu/pride-center/>

## **Records and Registration**

(608) 785-8576

117 Graff Main Hall

Email: [records@uwlax.edu](mailto:records@uwlax.edu)

<http://www.uwlax.edu/records/>

## **Rec Sports**

(608) 785-5225

125 Recreational Eagle Center

Email: [recoffice@uwlax.edu](mailto:recoffice@uwlax.edu)

<https://www.uwlax.edu/recsports/>

## **Residence Life**

(608) 785-8075

1500 La Crosse Street

Email: [housing@uwlax.edu](mailto:housing@uwlax.edu)

<https://www.uwlax.edu/reslife/>

## **Student Affairs**

(608)-785-8062

149 Graff Main Hall

[deanofstudents@uwlax.edu](mailto:deanofstudents@uwlax.edu)

<https://www.uwlax.edu/student-affairs/>

## **Student Health Center**

(608) 785-8558

Health Science Center, Suite 1030

Email: [shcnetworking@uwlax.edu](mailto:shcnetworking@uwlax.edu)

<https://www.uwlax.edu/student-health-center/>

## **Student Life**

(608) 785-8062

149 Graff Main Hall

Email: [studentlife@uwlax.edu](mailto:studentlife@uwlax.edu)

<https://www.uwlax.edu/student-life/>

## **University Centers**

(608) 785-8888

3200 Student Union

Email: [univcenters@uwlax.edu](mailto:univcenters@uwlax.edu)

<https://www.uwlax.edu/university-centers/>

## **University Event Support**

3200 Student Union

(608) 785-8895

<https://www.uwlax.edu/reservations/university-event-support/>

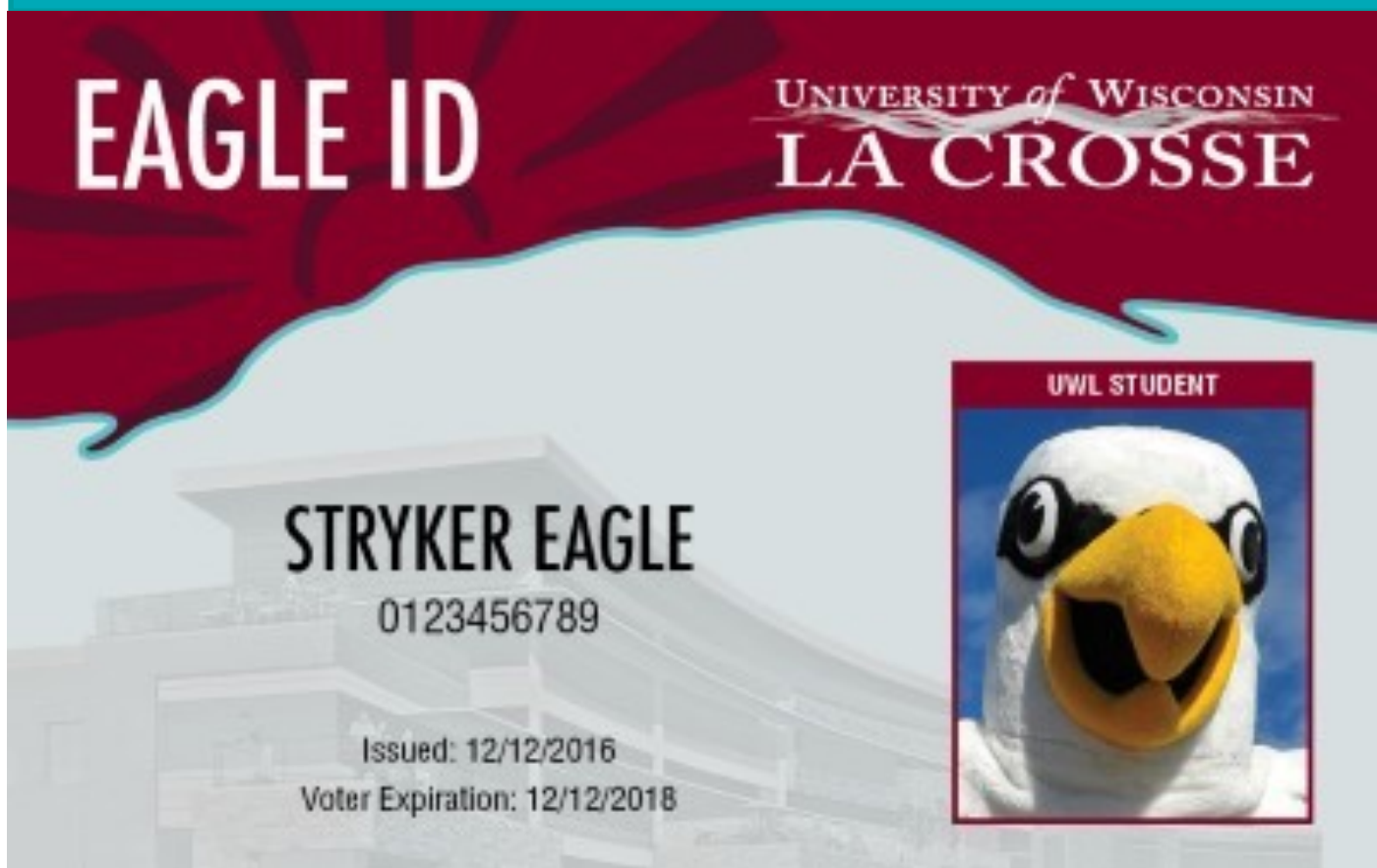
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# GETTING STARTED AT UWL





# GETTING YOUR UWL STUDENT ID



This is the official identification card for all students, and may also serve as your meal card or card key. It is University policy that all students and staff have a University ID card. It can be obtained and replaced at the Card Office at 1131 Student Union. Make sure to bring another form of identification with you, such as your driver's license, state issued ID, or passport.

**VISIT THE FOLLOWING FOR MORE INFORMATION**

[Eagle ID Page](#)

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# TUITION/FEE SCHEDULE



The Cashier's Office website is where you will find information about tuition, fees, billing, and deadlines. The Cashier's Office on campus is in 121 Graff Main Hall.

**VISIT THE FOLLOWING FOR MORE INFORMATION:**

Cashier's Office

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# HOUSING



On-campus housing in the residence halls is available to graduate students, although most graduate students live off campus. Explore the links below to discover housing options available to you. Please note: Graduate Studies does not officially endorse or contribute to the links below. If you need assistance finding housing, please reach out to the Graduate Studies Office, [gradstudies@uwlax.edu](mailto:gradstudies@uwlax.edu).

[Residence Life](#)

[UWL Off-Campus Housing Facebook](#)

[La Crosse Craigslist](#)

[Zillow](#)

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# PARKING AND TRANSPORTATION



If you choose to drive to the UWL campus, please note that parking is limited and you will need a parking permit. There are also alternative transportation options available in La Crosse.

## VISIT THE FOLLOWING FOR MORE INFORMATION

UWL Parking

Municipal Transit

Green Bike Rental  
Program

Coulee Region Taxi

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# FINANCIAL AID



Consider connecting with the Financial Aid office to discuss your financial needs as well as any funding options that might be available to you. Our specific Financial Aid consultant for graduate students is [Christina Hayes](#).

FAFSA

Advanced  
Opportunity Program

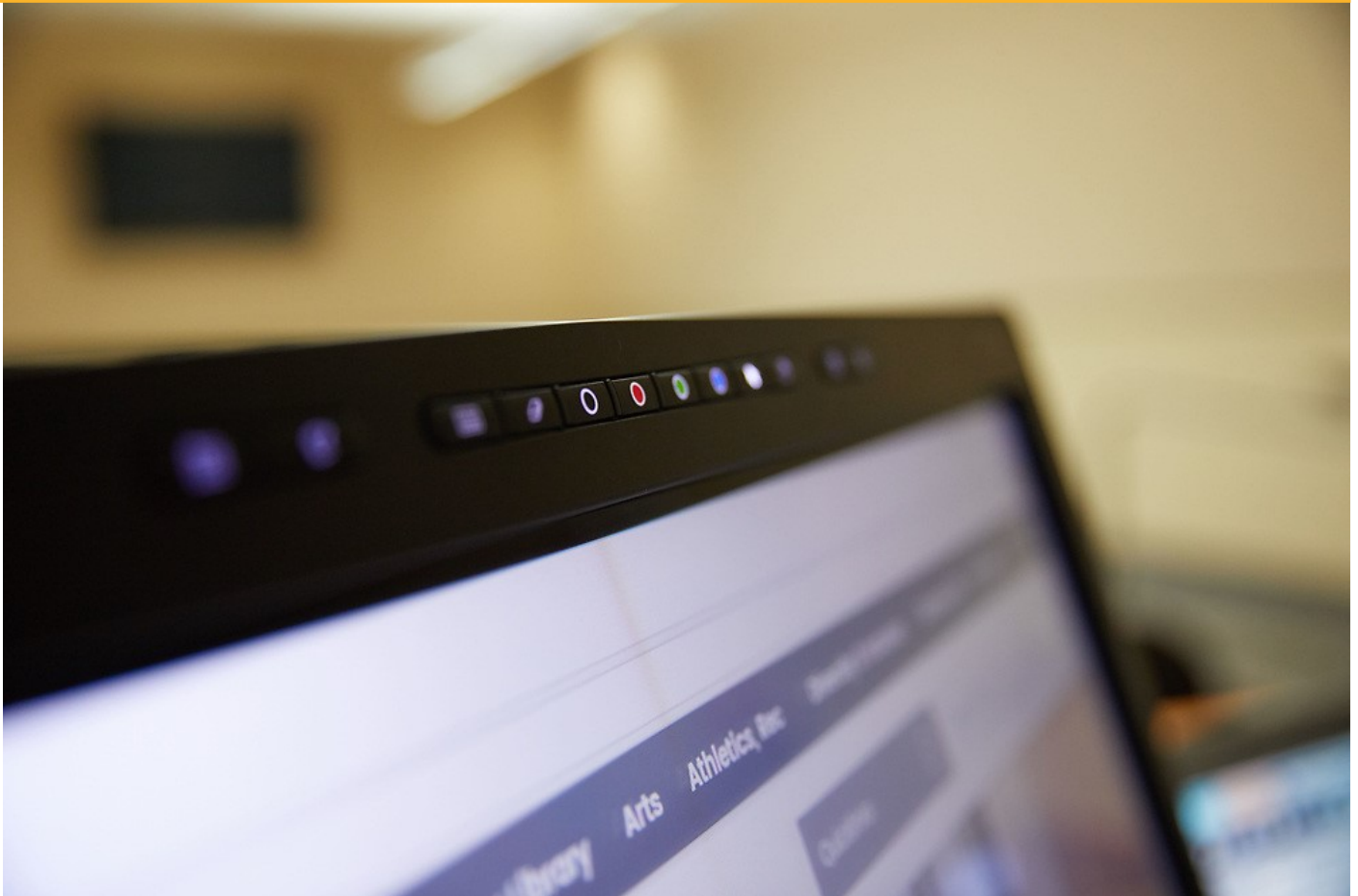
Scholarship Resource  
Center

Graduate  
Assistantships

# ENROLLMENT PROCEDURES AND POLICIES



# WINGS



WINGS is the UWL student information system. The software provides UWL students, faculty and staff with access to information related to recruiting and admissions, records and registration, financial, bill payments, and self-service options.

**To Learn More Visit:**

**WINGS Help**

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# COURSE LOAD REQUIREMENTS



To receive financial aid as a graduate student, you must be registered for a minimum of 5 credits. You must be registered for 9 credits to be considered full-time. The recommended full-time load is 12 credits per semester. The maximum course load for graduate students is 15 credits per semester and 9 credits during a 12-week summer session. Please see your graduate program director for program-specific requirements.

## **For international students:**

To maintain legal immigration status, international students must be enrolled full-time each semester for no less than 9 credits. Failure to maintain full-time status can result in the loss of F-1/J-1 student visa benefits.



# REGISTERING FOR CLASSES



Before registering for classes, reach out to your program director to ensure you enroll in the right courses. Your enrollment date and time is located in your WINGS Student Center. There is a non-refundable registration fee. Some programs require students to register through their advisors instead of WINGS.

## **To Register for Classes:**

1. Log on to WINGS with your NetID and Password
2. Go to the Student Center
3. Select “Enroll” under Academics

## **Visit the Following to Register:**

**WINGS Student  
Center**

# ACADEMIC STANDING AND TIME TO DEGREE



To stay in good academic standing, graduate students must maintain at least a 3.0 cumulative grade point average. Any student receiving a D or F in a graduate course will be dismissed from graduate study.

Students must complete their degree within seven years of enrollment.

For more information, check out the Graduate Catalog.

[Graduate Catalog](#)

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# CAMPUS RESOURCES FOR GRADUATE STUDENTS



## GETTING YOUR BOOKS



Graduate students must purchase their books. All required class materials are available in the University Bookstore. The University Bookstore does offer a Rent-a-Text program that could save students money on acquiring class materials. The

### Visit the Following for More Information:

[Textbook Info](#)

[Order Online](#)

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# MURPHY LIBRARY



Murphy Library is a graduate student's resource for research projects or a quiet space to study. The library offers online databases that students can utilize for their projects and research. The library offers many services such as borrowing, resource sharing, interlibrary loans, and course reserves. It also offers study carrels, which are individual study rooms. For the hours and more detailed information on the library check out the links below.

## Learn More Here:

Hours

Murphy Library

Study Carrels

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# OFFICE OF GRADUATE STUDIES



The Office of Graduate Studies is dedicated to serving graduate students. We offer networking and educational events tailored to the needs of graduate students. We also offer a variety of grants to support graduate student research, service projects, and professional travel— see the web page for more information. We also work with graduate students on thesis and dissertation editing and final approval.

**See How the Office of Graduate Studies Can Help You:**

[Graduate Studies](#)

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# GRADUATE STUDENT ORGANIZATION



The Graduate Student Organization is just that: an organization of graduate students getting to know each other through social and professional development events. They meet twice a month based on the schedules of interested participants. Check out the link below for event dates and important deadlines for graduate students.

## **Graduate Student Dates and Deadlines:**

Services

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# GRANTS



Looking for funding to support your graduate research or project? The Graduate Studies Office offers three types of grants to graduate students to help fund research, service projects, and professional travel. The links below provide more information on each of the grants.

RSEL Grants

Poster Grants

Professional Travel  
Grants

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# ON-CAMPUS DINING OPTIONS



UWL boasts many on-campus dining options for grabbing a quick meal or sitting down and having lunch with friends. Below are some options for you to check out.

## **Student Union (#33 on the Map)**

Einstein Bros Bagels  
Earth Table Salad Bar  
On the Go  
Sono's  
Grilled It  
Erbert and Gerbert's  
La Crosse Café  
Hissho Sushi  
The Cellar

## **Centennial Hall (#16 on the Map)**

Starbucks on the Go

## **Whitney Center (#39 on the Map)**

Main Dining Room (All-You-Care-To-Eat)  
Chars  
Badger Street Station

## **Murphy Library (#28 on the Map)**

Peet's Coffee  
On the Go

# MEAL PLANS



UWL offers off campus meal plans for students in the form of block meal plans. Additionally, UWL offers the option to purchase Maroon Dollars, which can only be used at dining and coffee location, and Campus Cash, which can be used for dining/coffee locations as well as for laundry, printing, vending machines, and other UWL locations.

## Campus Meal Plan Options:

Let's Eat

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# STUDENT HEALTH CENTER



The Student Health Center provides healthcare and counseling services to UWL and Western Technical College students. There is a Health Center User Fee that is automatically charged to all UWL students enrolled in equal to or greater than one credit. There are also nominal charges for some services including laboratory services, radiographs, minor procedures, equipment/supplies, medications, and immunization/allergy injections. Charges will be billed to your student account.

**See How the Student Health Center Can Help You:**

Services

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# OTHER HEALTH CARE OPTIONS



We understand that students may still be on their parent's healthcare plan, but they are still welcome to utilize the Student Health Center. It is advisable, however, that students learn if local medical centers (Gundersen or Mayo Clinic Health Systems) are in your insurance company's network if you need emergency care.

## **Local Medical Centers:**

Gundersen Health  
System

Mayo Clinic Health  
System

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# STUDENT UNION



The Student Union is a “campus living room” for students. It provides many amenities to students such as:

- Dining options
- Lounges
- Conference and meeting rooms
- Eagle ID office
- Movie theater
- Recreational areas
- The COVE
- University Bookstore and Text-book Rental
- UW Credit Union

**Learn More Here:**

University Centers

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# CAREER SERVICES



UWL Career Services provides resources to students looking for part-time jobs or searching for their post-professional degree career such as resume reviews, interview preparation, finding careers, and more.

Handshake is UWL's online career services management system that provides students access to job, internships, and other career

## Learn More Here:

[Handshake](#)

[Career Services](#)

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# DIVERSITY AND INCLUSION



Through diversity, inclusion, and engagement, we can achieve Inclusive Excellence. UWL provides a wide range of resources and services related to diversity and inclusion

## Learn More Here:

Diversity and  
Inclusion Website

Diversity Resources

Student  
Organizations

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# CAMPUS CHILD CENTER



The Campus Child Center is a state licensed and nationally accredited child care setting. They care for and provide education to the children of UWL's students, staff, and faculty.

## Hours:

Preschool area:

7 a.m. - 6 p.m. Monday - Friday

Toddle area (one-year old room):

7:30 a.m. - 5:30 p.m. Monday -  
Friday

## Learn More Here:

Campus Child  
Center

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# THINGS TO DO ON CAMPUS



UWL offers a wide variety of events, student organizations, and activities for students to participate in. Check out the links below to learn more about what UWL has to offer.

## Learn More Here:

Events

My Orgs

Rec Sports

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# INFORMATION TECHNOLOGY SERVICES



# PRINTING



UWL offers a Pay-for-Print option for students. Each semester, students are given \$1.20 for their print balance. After these funds are used up, students can add to their balance through the UWL Get Funds page or the Meal Plan and Card Office in 1131 Student Union.

- Black and white printing: \$0.05 per page
- Color printing: \$0.60 per page

**Learn More Here:**

[Pay-for-Print](#)

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# PASSWORD MANAGEMENT



Whether you are new to campus and need to set up your password, your password expires or you happen to forget it, UWL's ITS offers an easy way to reset your password. Follow the link below.

[Password Management](#)

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# VIRTUAL DESKTOP



Virtual Desktop allows UWL students, faculty, and staff to access a Windows computer desktop from their own personal computers, either on campus or from another location. This virtual desktop looks similar to the ITS Computer Classrooms and Labs desktop. To use the virtual desktop you only need to download a small software program to your computer. Anything saved on the virtual desktop will be lost, so be sure to save it elsewhere.

## **Learn More About Virtual Desktop:**

Virtual Desktop

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# EAGLE HELP DESK



Eagle Help Desk is dedicated to helping students and faculty with technology requests. They are located in Room 103 Wing Technology Center, or you can submit a [Web Help Desk Ticket](#).

**Learn More Here:**

Eagle Help Desk

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