University of Wisconsin-La Crosse Physical Therapy Program

# PTS 851: Internship I

Summer 2017 6 Credits

Day/Time:12 Full-time weeks extending from June 5 – August 25, 2017Location:Off campus clinical location as assigned.

### Academic Instructors of Record:

Amy Taebel, PT, DPT, PCS Director of Clinical Education 608-785-5065 4072 HSC <u>ataebel@uwlax.edu</u>

Michele Thorman, PT, MBA Director of the Physical Therapy Program 608-785-8466 4063 HSC <u>mthorman@uwlax.edu</u>

John Greany, PT, PhD Director of the Physical Therapy Program 608-785-8461 4073 HSC jgreany@uwlax.edu

### Health Professions Department Office: 4032 HSC – 608-785-8474

**Office Hours:** Students will have access to instructor as needed by email, telephone or office appointment, or scheduled site visit.

**Course Description:** This course is the first in a series of three required Physical Therapy internships whereby the student is assigned to a clinical facility under the direction and supervision of a Physical Therapist Clinical Instructor. Clinical experiences will be representative of settings where physical therapy is routinely practiced. Examples of settings include, but are not limited to: acute care hospitals, rehabilitation centers, home-care, outpatient clinics, schools, skilled nursing facilities, and wellness centers. The collective outcome of all

three 12-week internships will encompass patient experiences that ensure students are competent with management of patients across the lifespan and continuum of care. The patient management model will be applied to individuals with musculoskeletal, neuromuscular, cardiovascular, pulmonary, and integumentary problems.

# **Course Prerequisites:**

- Consent of Instructor
- Successful completion of PTS 751 and all preceding didactic coursework of the UW-L Physical Therapy curriculum
- Enrolled in good standing in the Physical Therapy Program
- Evidence of immunizations and health requirements on file with the Physical Therapy program (refer to the Physical Therapy Clinical Education Student Handbook for specific requirements)
- CPR Certification (adult and infant) and the basic life support level
- Completion of training for HIPAA/Patient Confidentiality within the past year
- Completion of training for OSHA/Standard Precautions within the past year
- The instructor reserves the right to require additional learning experiences or activities as deemed necessary prior to the student beginning this internship.

## **Course, Department, and Program Policies:**

All policies as stated in the Physical Therapy Clinical Education Student Handbook and Physical Therapy Student Handbook will be observed in this course.

## **Course Objectives:**

Students will:

 Obtain "Entry-Level Performance" ratings on all performance criteria assessed in the *Clinical Performance Instrument* (CPI) in the context of their clinical setting.

Performance criteria include:

- a. Safety
- b. Professional Behavior
- c. Accountability
- d. Communication
- e. Cultural Competence
- f. Professional Development
- g. Clinical Reasoning
- h. Screening
- i. Examination
- j. Evaluation
- k. Diagnosis and Prognosis
- l. Plan of Care

- m. Procedural Interventions
- n. Educational Interventions
- o. Documentation
- p. Outcomes Assessment
- q. Financial Resources
- r. Direction and Supervision of Personnel
- 2. Accurately self-assess clinical performance and professional behavior by seeking feedback from other students, clinical staff, and clients.
- 3. Assume responsibility for individual professional development by demonstrating initiative within the clinical learning environment.

**Instructional Methods:** This course will utilize experiential learning under the supervision of a Physical Therapist Clinical Instructor and guidance of the Academic Instructor of Record.

## **Outline of Course Content:**

- 1. Orientation to course expectations, legal guidelines, and clinical conduct
- 2. Twelve week placement in an off-campus clinical site for experiential learning in a general practice setting.
- 3. Completion of self-assessment and clinical instructor feedback materials

### **Recommended Texts:**

• Textbooks of related coursework

**Grading:** This course is graded on a pass/fail basis. Awarding the grade is the responsibility of the Academic Instructor of Record.

Evaluation Components	Assessment Details
Attendance	Students are expected to be in attendance during usual clinic hours (40hrs/week minimum). All absences must be pre-approved by Academic Instructor of Record. See Clinical Education Handbook for details.
Course Assignments	Students must complete preparatory materials, weekly planning forms, Professional Behaviors Assessment Tool, PTSE 2-midterm and PTSE 1 and 2 final, and additional assignments per CI/facility and/or Academic Instructor of record.

СРІ	CPI will be completed by student and CI at MidTerm and Final with evidence of Entry Level performance on all components by the end of the clinical experience.
MidTerm Conference	Student will sign up, prepare for, and complete a midterm conference with academic instructor of record (via phone call, email or site visit).
Professional Behaviors	Determined by the student's self-assessment on the Professional Behaviors Assessment tool, comments from the clinical instructor, comments on the CPI, and professional conduct throughout the course. Final with evidence of Entry Level performance.

## **Course Expectations and Student Responsibilities:**

- 1. Students shall correspond with clinical facility/clinical faculty no later than 12 weeks prior to the student's arrival (see procedural details outlined below).
- 2. Students shall complete any clinical site orientation, online training modules, and/or registration forms, prior to the start date of internship, if required by the clinical site.
- 3. Students are expected to become familiar with the Practice Act of the state where they will be completing their internship.
- 4. Students are expected to follow all policies and procedures of their assigned facility.
- 5. Students are expected to follow the schedule provided by the assigned facility.
- 6. Students are responsible for staying up to date with all course communications through regular monitoring of the Exxat LLC web portal, and University email.
- 7. Students shall refer to the Physical Therapy Clinical Education Handbook for policies related to: travel, lodging, liability insurance, emergency/medical care, dress code, and attendance.
- 8. <u>It is the student's responsibility to contact the Academic Instructor of Record if there are concerns about how the affiliation is progressing.</u>

## **Correspondence with the Clinical Facility:**

The DCE will provide the Clinical Facility/CCCE with the assigned students profile information via the Exxat web portal immediately following the assignment. The student is required to maintain an updated profile on the web portal so the clinical site has access to accurate information regarding contact information, health information, immunizations, and other personal information.

The student should be in contact with the CCCE 12 weeks prior to commencement of the clinical experience. This email contact should serve to:

- Confirm the assignment (dates and experience type)
- Re-introduce self to the CCCE (name, graduation year, contact info, level of academic/clinical preparation).
- Share the student's learning objectives and learning style preferences.
- Clarify logistics (housing, dress code, work hours, parking)
- Clarify clinical requirements of the facility (orientation, immunizations, registration)

Date	Topics/Assignments
Immediately upon receiving assignment	Update Exxat Profile – DCE will share with clinical site
12 Weeks prior to arrival	Contact CCCE via email
First day of Internship	Share prepared learning objectives with CI for review and approval (Learning Objectives Form)
	Provide CI with copy of syllabus and review expectations
	Enter CI information into Exxat under "My Placements"
Weeks 1-16	Weekly Planning Form A (discuss, have CI sign and upload to Exxat)
Weeks 7-12	Weekly Planning Form B (discuss, have CI sign and upload to Exxat)
Weeks 5-7	MidTerm Conference with Academic Instructor of Record
Week 6	MidTerm CPI completed and discussed with CI, MidTerm PTSE-2
	Professional Behaviors Assessment tool completed and reviewed with CI and uploaded into Exxat for review by your Course Instructor
Week 12	Complete PTSE 1 and 2 on Exxat (review with CI if requested)
	Final CPI completed and discussed with CI
	Professional Behaviors Assessment tool completed and reviewed

#### **Course Assignments**

#### Assignments, cont.:

Additional assignments may be required on an individual basis, consistent with the clinical instructor's expectations and/or the needs of the learner. Assignments may include but are not limited to:

- Reflective journaling
- Inservice presentation
- Additional clinical activities (e.g., lit review, journal club, interdisciplinary activities, community wellness activities, didactic learning sessions, case studies, etc.)
- Preparation and follow through of a student learning/action plan

### Academic Misconduct:

Students enrolled in this class will be expected to comply at all times with UW-L's policies on academic integrity as documented in the Student Handbook. Academic misconduct includes but is not limited to plagiarism, cheating on exams and assignments and collaborating with others in work to be presented, contrary to the stated rules of the course. Failure to comply will result in disciplinary sanctions (e.g. a failing grade, failure in the course, expulsion). For a list of academic regulations and student conduct please consult UW-L's Academic Regulations and Student Conduct found at:

http://www.uwlax.edu/records/UGCat/01-03/UG-Cat/regulat.html or Chapter UWS 14 – Academic Misconduct: http://www.uwlax.edu/studentlife/academic\_misconduct.htm#14.03.

### **Students with Disabilities:**

Any student with a documented disability (e.g., physical, learning, psychiatric, vision, or hearing, etc.) who needs to arrange reasonable accommodations must contact the instructor and the ACCESS Center at the beginning of the semester.

If a student thinks they have a need for reasonable accommodations but have not completed an evaluation to have their needs documented, please access the ACCESS Center (165 Murphy Library 785-6900) for consultation.

The above schedule and procedures in this course are subject to change in the event of extenuating circumstances.

## Mandated Reporter of Sexual Violence:

As an employee of the University of Wisconsin-La Crosse, I am a mandated reported of sexual harassment (including sexual violence) that takes place on campus or otherwise

affects the campus community. This means that if I receive detailed of specific information about an incident such as the date, time, location, or identity of the people involved, I am obligated to share this with UW-L's Title IX Coordinator in order to enable the university to take appropriate action to ensure the safety and rights of all involved. For students not wishing to make an official report, there are confidential resources available to provide support and discuss the available options. The contact in Student Life is Ingrid Peterson, Violence Prevention Specialist, (608) 785-8062, <u>ipeterson@uwlax.edu</u>. Please see http://www.uwlax.edu/violence-prevention for more resources or to file a report.