Weekly Planning Form B: A refined goal writing method for Physical Therapy Clinical Internships

Purpose:

* Student’s perceive lack of benefit to weekly planning forms
* Student’s often have specific areas for improvement as documented in the midterm assessment
* Goal was to create a form that was more clearly targeted toward the student’s specific learning needs
* Targeted goals to help ensure students meet requirements of program
  + Focused goal writing
* Quality of goal writing
* Can be utilized for deficient or advanced clinical education criteria (CPI)
* 12 week internship in Doctor of Physical Therapy Program (1 of 3) following the completion of didactic coursework
  + Clinical Instructor Completes Midterm and Final Assessment

Proposed Process:

* Weeks 1-6 Standard Weekly Planning Form (APTA based)
* CPI assesses 18 criteria in clinical performance (Midterm CPI completed at end of 6 weeks)
* Based on CPI assessment students will identify areas for growth in the second 6 weeks of their internship.
  + Goals to be targeted toward sample behaviors of performance criteria (See figure x.x)

Weekly Planning Form 1 -> Midterm CPI Assessment -> Weekly Planning form 2 -> Final

Picture

Future Directions:

* Survey users regarding the form (Likert scale for student satisfaction – 7-11 point scale/easier statistics
* Assess goal quality
* Anecdotal data to reflect any success