**Developing Regulation Strategies in Students**

Fall for Education Conference

November 2, 2019

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|  | **When students are…** | **I Have Tried** | **New Things I Can Try** |
|  | Sad, sick, tired, bored, moving slowly |  |  |
|  | Happy, Calm, Feeling Okay, Ready to Learn |  |  |
|  | Frustrated, Worried, Silly/Wiggly, Excited, Loss of some control |  |  |
|  | Mad/Angry, Terrified, Yelling/Hitting, Elated, Out of control  |  |  |

Dr. Betty DeBoer & Jenna Sether​