



**University of Wisconsin-La Crosse
Adult Fitness Program**

SCHEDULE – SPRING 2022

February

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

March

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

April

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

May

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	16	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

**Please Note: Shaded dates on each calendar indicate when Adult Fitness Program is In-Session*

First Day of Program – **February 15, 2022**
 Last Day of Program – **May 5, 2022**
 *No Program Activities held on March 15 & 17 or April 26 & 28

Program Cost: \$220/semester
 Payable to:
 UW-L
 108 Mitchell Hall
 1725 State Street
 La Crosse, WI 54601

Please Call to
 Report an Absence:
 785-8690 or scoron@uwlax.edu