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**Physical Activity Mentoring Program**

SCHEDULE – SUMMER 2021

# JUNE

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | **23** | 24 | 25 | **26** |
| 27 | 28 | 29 | **30** |  |  |  |

# JULY

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  | 1 | 2 | 3 |
| 4 | 5 | 6 | **7** | 8 | 9 | 10 |
| 11 | 12 | 13 | **14** | 15 | 16 | **17** |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |

*Dark shaded dates on each calendar indicate a group activity for the Physical Activity Mentoring Program.*

Mentoring Program start date: June 21, 2021

Mentoring Program end date: July 31, 2021

Swim & Gym every Wednesday from 4:00-6:00 PM in the Mitchell Hall pool.

June 26: Pettibone Beach/Park

July 17: Swim at Erickson Pool

July 31: Run at Myrick Park

Please call to report an absence:

608-785-8695

**Program Cost: $20.00 each semester**

Payable to:

Center on Disability Health

108 Mitchell Hall

1725 State Street

La Crosse, WI 54601