

BIKE CAMP FOR CHILDREN WITH DISABILITIES



The Down Syndrome Association of Wisconsin – Greater La Crosse Area, the La Crosse Area Autism Foundation, and the UW-La Crosse Center on Disability Health and Adapted Physical Activity, are hosting our fourth annual bike camp for children with disabilities. Children enrolled in camp will be provided with instruction to ride a two-wheel bike by Adapted Physical Education Teachers and UW-La Crosse Adapted Physical Education students. Children who have previously enrolled in Bike Camp can re-enroll again for the Summer 2022 sessions. Enrollment is limited to 16 children. To enroll in the program contact Sallie Coron at 608-785-8690 or <u>scoron@uwlax.edu</u>. The deadline for registration is May 13, 2022.

Dates: June 13-17, 2022

Times: 8:30-10:00am (Session 1) 10:30am-12:00pm (Session 2)

*There will be 8 children in each session. Participants can only enroll in one session.

Location: UW-La Crosse Mitchell Hall Fieldhouse (across from the football stadium)

Fee: There is a \$75 fee to enroll into bike camp. Participants are required to enroll in the UW-L Physical Activity Mentoring Program for the summer. When enrolled in the Mentoring Program the participant will be paired with a UW-L graduate student to continue to practice biking for 2 days a week for 2 hours per week throughout the summer session. Payment for mentoring is separate from the Bike Camp fee.

Requirements for Participation in Bike Camp:

- Between the ages of 8-18 years old (must be 8 years old by June 13, 2022)
- Have a documented disability
- Provide properly fitted two-wheel bike
- Provide properly fitted helmet
- Be able to walk without assistive device
- Willing to wear properly fitted helmet during all bike riding instruction
- Has parent/guardian/babysitter supervision during all sessions
- Must attend camp all 5 days
- Agree to enroll in the Physical Activity Mentoring Program



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