### Employee Enrichment Day Schedule

**Wednesday, July 18, 2018**  
**Centennial Hall & Student Union**  

**NOTE:** schedule is subject to change

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tr>
<td>8-8:30 a.m.</td>
<td>Check-in</td>
<td>Networking</td>
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| 8:30-9:30 a.m.| **Opening session**  
- Welcome by Chancellor Gow  
- and Updates on Strategic Plan: Investing in Our People by Kate Parker | 1400 Centennial Hall               |
| 9:30-9:40 a.m.| Break                                                   |                                    |
| 9:40-10:40 a.m.| **Breakout session I**  
- Creating a Lifetime of Financial Security  
- Scott Pagenkopf, Financial Advisor, Northwestern Mutual  
- Combatting Hate/Bias at UWL  
- Amanda Goodenough, Campus Climate  
- Campus Safety: C.A.R.E. & Active Threat  
- Christopher Schuster, Campus Police Detective  
- Mindfulness/Self-care  
- Gretchen Reinders and Elizabeth Stine, UWL Counseling & Testing | Centennial Hall, 1st floor  
TBD  
TBD  
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TBD |
| 10:40-10:50 a.m.| Break                                                   |                                    |
| 10:50-11:50 a.m.| **Breakout session II**  
- Creating a Lifetime of Financial Security  
- Scott Pagenkopf, Financial Advisor, Northwestern Mutual  
- Combatting Hate/Bias at UWL  
- Amanda Goodenough, Campus Climate  
- Campus Safety: C.A.R.E. & Active Threat  
- Christopher Schuster, Campus Police Detective  
- Burn more Calories Than you Take In  
- Kim Radtke MS, CCRP, RCEP, Certified Lifestyle Coach | Centennial Hall, 1st floor  
TBD  
TBD  
TBD  
TBD |
| 12-12:30 p.m.  | Lunch / Networking                          | Student Union, The Bluffs          |
| 12:30-1:30 p.m.| **Keynote - Maintaining Positive Workplace Attitudes with People-Reading Skills**  
- Dr. Michael Kiefer, Founder, PowerMind Training | Student Union, The Bluffs          |
| 1:30-1:45 p.m. | Break                                                   |                                    |
| 1:45-2:45 p.m. | **Bonus session - The Fun Factor! Using Fun and Creativity to Increase Productivity**  
- Dr. Michael Kiefer, Founder, PowerMind Training | 3310 Student Union                 |
# BREAKOUT SESSIONS:

**Creating a Lifetime of Financial Security** - Scott Pagenkopf, Northwestern Mutual

Many people don't even know where to begin when it comes to financial planning. We will discuss knowing where you are today, picture where you want to be, grow your savings, protect your assets and ability to earn income and make your money last.

**Combatting Hate/Bias at UWL** - Amanda Goodenough, Campus Climate

No place is immune from hate, bias and everyday bigotry. Is our institution ready to respond? What proactive measures can individuals and departments take? How do we foster a workplace culture that resists bias and embraces inclusion and social justice? With these questions as the backdrop, this presentation will cover the basics of hate/bias response in the workplace, including: • Defining and identifying hate/bias • Understanding the impact of hate/bias and the importance of addressing it • Grappling with the complexities and current issues surrounding hate/bias • Identifying current trends of hate/bias at UWL • and ultimately, Exploring ideas for addressing bigotry at UWL and supporting those affected by it.

**Campus Safety: C.A.R.E. & Active Threat** - Christopher Schuster, Campus Police Detective

A citizens response to an active threat and how it relates in your day to day life both on and off campus. We will also offer insight on the multidisciplinary approach the UWL campus utilizes to assess situations before they become a more serious event. Upon completion of the session, the attendee will walk away with a better understanding of what to do in the event of an active threat situation and what UWL is doing to have a finger on the pulse of our campus community.

**Burn more Calories Than you Take In** - Kim Radtke MS, CCRP, RCEP, Certified Lifestyle Coach

What are daily calorie needs? I will discuss ways to eat fewer calories and why you should rethink your drink! I will also discuss ways to burn more calories in your daily routine!

**Mindfulness/Self-care** - Gretchen Reinders and Elizabeth Stine, UWL Counseling & Testing

Coming soon.

# KEYNOTE SESSION:

**Maintaining Positive Workplace Attitudes with People Reading Skills** - Dr. Michael Monroe Kiefer

In dealing with people, it is the "smooth operator" that gets things done and works well with others. This session teaches and positively empowers individuals with essential people reading skills. Participants will learn to maintain strong cooperative and respectful working relationships. They will learn skills to modify their communications with others to develop "likability". This is a very inspirational, fun session, studded with entertaining real life experiences to illustrate the concepts. It is based on the four personality types and detailed information on the characteristic traits and strengths of each style will be provided. Bonus! All participants will take a short survey to determine their individual personality style.

# BONUS SESSION:

**The Fun Factor - Using Fun and Creativity to Increase Productivity** - Dr. Michael Monroe Kiefer

When is the last time you had fun at work? Can't remember? Then you need this session! Right brain/left brain research shows that fun and humor increases productivity and creativity. This session provides over a dozen ideas for low-cost events and on-site activities. A long term systems approach to introducing fun and humor in the workplace will be discussed. As part of the session, participants will experience a number of interactive team games and competitions to illustrate the concepts. If you are looking to energize and boost the morale of your workplace, this session has what you need. Real world event examples from: IT, corporate, government, and non-profits will be shared.