Employee Enrichment Day Presentation Summaries 2017

A Spirit of Service — Stacy Shapiro, a consultant/trainer and President of Shapiro Strategies, will open the day with a keynote address highlighting the UWL strategic planning goal of promoting an environment of employee inclusion, ownership and engagement. It is titled, "A Spirit of Service." When everyone adopts this mindset, the university culture can soar like an eagle! 8:45–9:45 am Keynote | **Stacy Shapiro, Shapiro Training and Consulting**

Beyond Cultural Competency: Invest in Yourself to Lead Others — Are you wanting to engage more effectively with students/faculty/staff from diverse backgrounds? This workshop provides you with the opportunity to gain better insight into your own cultural competency through self-assessments, case studies, and activities. Come develop more than cultural competency, and create an environment fueled by engagement & understanding.

10 am and 2:45 pm | AJ Clauss, Programming Coordinator, UWL Research & Resource Center for Campus Climate

The Challenge of Constructive Communication in the Workplace — A practical seminar covering many of the everyday barriers to effective communication and common sense principles to helping remove them. Modernity has complicated our everyday lives, making it difficult to communicate at work and at home, leading to unresolved conflicts which can last for days, weeks, months and even years. Research based strategies are provided that facilitate conflict resolution and open new pathways for constructive communication. 10 am and 1:30 pm | **Michelle Johnson, EAP Rep**

Common Estate Planning Considerations — In life, nothing is certain! Improve your overall financial well-being by creating an estate plan. We will help you think through important lifetime planning issues & estate planning techniques, including: Preparing for health care & financial decisions to be made if you are not in a position to make them yourself; Determine whether lifetime gifts to your loved ones or charity should play a role in your planning; Knowing what questions to ask your attorney to execute an effective estate plan; Familiarizing yourself with the basic planning documents to implement as part of your estate plan; Understanding the importance of asset ownership and beneficiary designations; and Evaluating the potential for estate taxes. 11:15 and 2:45 pm | **Jim Alverson, Wealth Planning Strategies Division, TIAA, Director**

Express Credit Checkups — UW Credit Union — Have you wondered what is on your credit report? Maybe you have seen the number, but not the detail. Having a clear knowledge of your report and score has great implications – from getting the best rate on a loan to paying less for insurance. Experts recommend reviewing your credit report at least three times a year, as it is an excellent way to identify mistakes and potential identity theft. Spend 30 minutes in a private, confidential appointment with a UWCU expert to review your credit score and discuss your credit report. UW Credit Union membership is not required to take advantage of this benefit. Employees who took advantage of these free, "no-sales pitch" sessions found them informative and beneficial. Limited slots available – sign up today for an Individual Credit Report Review!

I didn't know the library has that! — Did you know the library has — free for you to use on campus or off — award-winning children's books? Academy Award winning movies on DVD? Streaming plays, movies, and documentaries in HD? Investment databases such as MorningStar and ValueLine? Online automotive repair manuals? Free digital subscriptions to the New York Times? Free online access to Consumer Reports? The same medical information your health providers are reading? A collection of leisure reading books ready for you to check out? Learn about resources that are most useful to UWL employees whether for professional and personal use. 11:15 am and 1:15pm | **Stefan Smith, Outreach Librarian, UWL Murphy Library**

Lead Yourself With Integrity — Great leaders are people of integrity and live their lives in accordance with a value system that help inspire people to do and be their best. This leads to a positive culture in the workplace which is essential to maximizing everyone's effectiveness. In this breakout session, you will focus on your personal character while gaining clarity on your own values. 11:15 am and 1:30 pm | **Stacy Shapiro, Shapiro Training and Consulting**

UW Credit Union: A Campus Partner Committed to Improving Your Financial Wellbeing — Get answers to your questions about credit and debt management while learning about how UW Credit Union serves as a campus partner committed to promoting the financial well-being. Explore UW Credit Union tools and resources that can help improve your financial wellbeing. 10 am and 2:45 pm | **Brad Jensen, Branch Manager, UW Credit Union**

Where we're at with Sustaining Excellence: UWL's Strategic Plan — In December 2016, UWL adopted Sustaining Excellence, our 3-5 year Strategic Plan. This presentation will provide an overview of the four guiding priorities for our campus, and a brief update on our progress. The presentation aims to connect all campus members to their impact on the plan. 11:15 am and 1:30 pm | **Enilda Delgado, Strategic Planning Steering Committee Chair & Professor of Sociology at UWL**