

Updated CDC isolation/quarantine guidance

University Marketing & Communications <ucomm@uwlax.edu>

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To: University Marketing & Communications <ucomm@uwlax.edu>

This message is being sent to all students and personnel

Greetings faculty, staff and students,

On December 27, 2021, the Centers for Disease Control and Prevention (CDC) issued revised guidelines for what is considered “fully vaccinated” and how long a person must isolate if COVID-19 positive or quarantine after being exposed to others with COVID-19. After consulting with the La Crosse County Health Department, UWL’s COVID-19 Executive Policy Group has adopted these new standards for our campus community.

Updated definitions of vaccination status:

- Unvaccinated = no vaccinations at any point
- Under-vaccinated = vaccinated for COVID-19 (primary series of Moderna/Pfizer or J&J) and *eligible but not yet* boosted
- Fully-vaccinated = completed the primary series of Pfizer or Moderna *within the last 6 months* or the primary series of J&J *within the last 2 months* OR *eligible and is* boosted.

Updated isolation guidance*: The CDC now recommends that if a person tests positive, they should isolate for 5 days. If fever-free for 24 hours and their symptoms substantially improved, they may resume normal activities with strict masking for 5 more days.

Updated quarantine guidance*: Unvaccinated and under-vaccinated persons who have been exposed should quarantine for 5 days and are recommended to be tested on the 5th day. If symptom-free with a negative test, they may resume normal activities with strict masking for 5 more days. (Guidance for fully-vaccinated persons is unchanged: they should continue to monitor closely for symptoms and are recommended to be tested on the 5th day.)

* Isolation and quarantine instructions are highly situational. Always follow the specific instructions given to you by contact tracers or health care professionals.

* CDC and La Crosse County Health Department provide specific guidelines for childcare and eldercare settings. UWL Campus Child Center families should follow the protocols established for daycare settings.

What you should do:

- Continue to notify your supervisor or instructor if you will need to isolate or quarantine due to testing positive or having been exposed.
- Follow CDC guidelines for isolation and quarantine.
- Continue to wear well-fitting face coverings (worn properly over mouth and nose) while indoors – if you have access, consider double-masking or wearing an N95 mask.
- If you are noticing symptoms or are aware of potential exposure, get tested. The testing clinic at Cartwright has now extended hours from 10-4 today, and 8-4 starting Tuesday 1/11.
- Get vaccinated; if you are eligible, get boosted! (We expect there will be another vaccination clinic at UWL during the month of January. We will share more when the details have been finalized.)

For complete information on the current CDC guidance, please visit: <https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html>.

On behalf of the COVID Executive Policy Group,
Thanks so much,



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Submit a request to UComm, ask a question

