

Res hall quarantine information

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Greetings residents! I want to thank you for your patience during this very challenging time. The situation is far from ideal and we are doing our best to keep your safety a priority.

With that in mind, we absolutely need you to understand our health procedures in this time. If you experience the following symptoms, we will operate with a heightened response in the interest of safety:

- Cough
- Fever
- difficulty breathing

Under the guidance of the La Crosse County Health Department, and in consultation with the UWL COVID-19 Response team and the UWL Student Health Center lead physician, we have established this guideline:

If you exhibit a cough, fever or difficulty breathing, you should report your symptoms immediately to housing@uwlax.edu or call 608.785.8075.

Students with symptoms may be asked to [quarantine](#). We have identified a location that is suitable for resident quarantine, and residents under quarantine will be moved into that location for the duration of their quarantine. Resident students under quarantine will have access to campus WiFi, an individual refrigerator, microwave, water and food delivery from dining services.

As a member of the community, we ask that all students living in the Residence Halls follow the following CDC advice to stay healthy:

- The best way to prevent illness is to avoid being exposed to this virus.
- The virus is thought to spread mainly from person-to-person.
 - Between people who are in close contact with one another (within about 6 feet).
 - Through respiratory droplets produced when an infected person coughs or sneezes.
- These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.

Clean your hands often

- Wash your hands often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol. Cover all surfaces of your hands and rub them together until they feel dry.
- Avoid touching your eyes, nose, and mouth with unwashed hands.

Avoid close contact

- Avoid close contact with people who are sick
- Put distance between yourself and other people of at least 6 feet

Clean and disinfect

- Clean AND disinfect frequently touched surfaces daily. This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, and sinks.
- If surfaces are dirty, clean them: Use detergent or soap and water prior to disinfection.

Again, we know this is not an ideal situation, but we are doing everything we can to protect our community by slowing the spread of this virus. We ask that you help us in that effort.

Sincerely,

Heidi Anderson-Isaacson

Interim Director of Residence Life