
Subject: Important Message from UWL Rec Sports

The REC is dangerously close to limiting capacity due to mask non-compliance! We need your help to stay open at full capacity. With your help, we can continue to allow open rec basketball, have team intramural sports and full group fitness classes.

As we all know, masks covering your mouth and nose are mandatory when indoors on campus. This includes within the Recreational Eagle Center and Mitchell Hall. The mandate also includes always wearing the mask CORRECTLY, so that it covers your mouth AND nose. We know that **it may be** uncomfortable to wear a mask while being active, but we do it for the safety and health of our friends and family members. We've learned over the course of this pandemic that [face masks/covering work to control the spread of COVID-19](#) and that it is [safe to wear a face mask while exercising](#). Please wear your mask, wear it correctly and ask your friends to do the same.

Does your mask fall down unintentionally? Hey, it happens to the best of us. Try pinching the metal nose strip (if applicable) or double looping your ear straps. Bottom line...find a mask that works for you. A mask that won't fall down unintentionally while working out, being active or playing the sport you love. Looking for other tips? Check out Mayo Clinic's [tips on wearing a face mask while exercising](#).

Continued non-compliance will result in the REC limiting capacity and/or opportunities to recreate. Individual non-compliance **may** result in your removal from the facility. Mask usage will be enforced by Rec Sports staff using the following three strike policy:

1. A friendly reminder or gesture
2. A verbal warning
3. Removal from the facility

Repeated violations and/or rude/threatening behavior may result in further action, including suspension from use of the facility and/or referral to the Dean of Students Office.

Thank you in advance for your help as we strive to maintain a safe facility for everyone.

Cheers,

Jeff Keenan
Director, Rec Sports
University of Wisconsin-La Crosse