

## Your Academic Advisor - "Your Primary Practitioner"

- One--on-one appointments to talk about your goals, plans, and interests
- Exploration of major and professional choices
- Personalized assistance in course and degree planning, blending major and pre--health requirements
- Professional guidance in arranging your academic plan to fit your requirements and goals
- Consistency of advising throughout your undergraduate experience, whether your interests change or remain the same
- Knowledgeable referrals to important resources
- Your academic advisor could be an assigned faculty advisor. Consult your WINGS account for verification.

## Your Career Services Advisor - "Your Major, Job, and Internship Specialists"

- Resources for career exploration in your specific major or field of interest
- Resume and personal statement reviews
- Internship, employment, and networking resources
- One--on-one appointments to discuss primary and parallel career plans
- Exploration of entrance exam preparation (GRE, MCAT, PCAT, DAT, etc.)
- Planning for a "gap" or "bridge" year
- In-person interview preparation and practice
- Co-organize workshops and events on healthcare career exploration, graduate school preparation, essay writing, interviewing, and more
- Assist in navigating the application process for health professions program admittance
- Maintain and develop community partner relationships related to assigned areas for internships, jobs

## Your Pre-Health Advisor - "Your UWL Pre-Health Information Specialist"

- Provide comprehensive health professions information to students, faculty, and staff
- Deliver one on one and group academic advising with a focus on pre-health curriculum
- Co-organize workshops and events on healthcare career exploration, graduate school preparation, essay writing, interviewing, and more
- Maintain extensive web resources for exploring careers, gaining experience, and preparing for applications
- Work with clinical partners to provide opportunities to explore, shadow, and network
- Teach Introduction to Health Professions (for credit)

## Your Student Responsibilities - "Patient Care"

- Join meaningful student organizations
- Volunteer where it matters to you
- Build relationships with professional and faculty mentors
- Connect to research projects that make you wonder
- Gain experience related to your intended profession
- Research to find programs that match your profile and personal goals

Academic Advising Center & Career Services • 1209 Centennial Hall •www.uwlax.edu/aaccs • (608) 785-6950