March 23, 2020

GET STARTED.

It's Monday. It's time to start or continue creating your online course or courses. Have you...

- **Read the [Keep Teaching](#) site?**
  Start here to get started on some strategies and options for this shift to online teaching.
- **Reviewed the [guiding principles for teaching online](#)?**
  These principles will help focus your efforts and are appropriate for those new and experienced with online teaching.
- **Checked your [Canvas](#) skills?**
  It's a good time to make sure you are aware of the options within Canvas and this is a good place to start.
- **Explored helpful [articles](#)?**
  If you want to learn something specific, try searching for it in the UWL Knowledge Base. CATL and ITS are adding articles and taking requests if you believe one is missing.
- **Reminded yourself to be flexible in your teaching approach?**
  This is new to us all. Go easy on yourself and take on a little at a time. We'll get there together.
- **Taken a deep breath?**
  CATL is here to help!
THE SUPPORT TODAY.

These are the drop-in hours and webinars CATL is hosting today.

Join us.

- **Introduction to Canvas**
  Keep Teaching Webinar
  - 9 to 10 a.m. Monday, Mar. 23

- **Introduction to Online Teaching**
  Keep Teaching Webinar
  - 2 to 3 p.m. Monday, Mar. 23

- **Keep Teaching Drop-In Hours**
  Virtual Meeting
  - 7 a.m. to 5 p.m. Monday, Mar. 23
  - 6:30 to 10:30 p.m. Monday, Mar. 23

ASK ANY QUESTION.

When in doubt, ask! No question is a silly question. We’re here for you!
Send us an email or submit a question via our website. We are ready to respond.

- Are you overwhelmed by technology choices? Ask and we'll give you our opinion about what is best for your situation.
- Want to consider various approaches for an assignment or assessment? Ask and we'll help you brainstorm options.
- Want to know how to do something specific in Canvas? Ask and we'll walk you through it.

Visit our website
uwlax.edu/catl/

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