**DEBRIEFING AND RESOURCES**

Thank you for your participation in this study. For questions regarding your data or the project itself, you may contact the primary investigator listed on the informed consent form. If the study has upset you in any way or caused any kind of distress, here is list of resources to help you. \*

# **General Resources**

* **The National Suicide Prevention Lifeline**: <https://youmatter.988lifeline.org/> OR 1-800-273-TALK (8255)
  + TEXT: 988
* **The Trevor Project (LGBT Resources):** <https://www.thetrevorproject.org/> OR 1-866-488-7386,
  + TEXT: Send the word TREVOR to 1-202-304-1200 (Standard text messaging rates apply).
* **The Steve Fund (support for young people of color):** <https://stevefund.org/>
  + - TEXT: Send the word STEVE to 741741
  + **Online anonymous chats services**:
    - **7 Cups of Tea**: <https://www.7cups.com/>
    - **988 Suicide and Crisis Lifeline**: <https://988lifeline.org/chat/>
  + **Local to the La Crosse area**:
    - **Great Rivers 24-hour helpline**: dial 211
    - **Gundersen Health System Domestic Abuse/Sexual Assault Program Hotline**: 608-775-5950
    - **Mayo Health System Safe Path**: 608-392-7804
    - **City of La Crosse Police**: 608-785-5962 (or 911 for emergencies)

# **Victim of a Crime Resources**

* **The Office for Victims of Crime through the Department of Justice**: <https://ovc.ojp.gov/help-for-victims/overview>
* **The Office of Crime Victim Services in Wisconsin**: <https://www.doj.state.wi.us/ocvs>

# **University of Wisconsin – La Crosse Student Resources**

|  |  |  |
| --- | --- | --- |
| **UWL Violence Prevention**  *Confidential Support*  [bmcconaughey@uwlax.edu](mailto:bmcconaughey@uwlax.edu)  608-785-5126  [**https://www.uwlax.edu/violence-prevention/**](https://www.uwlax.edu/violence-prevention/) | **Student Health Clinic**  *Medical Care*  [shcnetworking@uwlax.edu](mailto:shcnetworking@uwlax.edu)  608-785-8558  [**https://www.uwlax.edu/student-health-center/**](https://www.uwlax.edu/student-health-center/) | **Counseling & Testing Center**  *24/7 Student Support:*  Call/Text 888-531-2142  [**https://www.uwlax.edu/counseling-testing/**](https://www.uwlax.edu/counseling-testing/) |

Again, thank you for your participation in the study. This sheet is for you to keep.